

**MILTON-UNION
SCHOOLS
ATHLETIC HANDBOOK
2023-2024**

**MILTON-UNION
BULLDOGS**



1. FORWARD

1.1 To the Parent

Our mission statement is to allow our students the opportunity to compete and participate in athletics. Furthering their education and knowledge of teamwork, sportsmanship, work ethics, discipline and pride. **A student Failure to comply with the Rules of Training who elects to participate in athletics is voluntarily making a choice of self-discipline and self-denial.** These are the reasons we place such stress on good training habits. **and Conduct may mean exclusion from the squad.** This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in high school athletics for students who will not discipline their minds and bodies for rigorous competition. We are striving for excellence and do not want our athletes to comprise with mediocrity.

We feel that you have committed yourselves to certain responsibilities and obligations. We would like to take this opportunity to acquaint you with specific policies that are necessary for a well organized program of athletics.

1.2 To the Athlete

Being a member of a Milton-Union High School athletic team is the fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great athletic tradition is not built overnight; it takes the hard work of many people over many years. As a member of an interscholastic squad of Milton-Union High School, you have inherited a wonderful tradition, a tradition you are challenged to uphold.

Our tradition has been to win with honor. We desire to win, but only with honor to our athletes, our school, and our community. Such a tradition is worthy of the best efforts of all concerned. Over many years our squads have achieved numerous league and tournament championships. Many individuals have set records and won All-American, All-State, and All-Conference honors.

It will not be easy to contribute to such a great athletic tradition. When you wear the colors of Milton-Union High School, we assume that you understand our traditions and are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

RESPONSIBILITIES TO YOURSELF: The most important of these responsibilities is to broaden yourself and develop strength of character. You owe it to yourself to get the greatest possible good from your high school experiences. Your academic studies, your participation in other extracurricular activities, as well as in sports, prepare you for your life as an adult.

RESPONSIBILITIES TO OTHERS: As a squad member you also bear a heavy responsibility to your home. If you never give your parents anything to be ashamed of, you will have measured up to the ideal. You know in your heart that you have lived up to all of the training rules. You have practiced to the best of your ability everyday, and that you have played the game "all out," you can keep your self-respect and your family can be justly proud of you. It is imperative that you remember that the younger students in the Milton-Union School system are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

2. ATHLETIC PHILOSOPHY

2.1 Statement of philosophy

The Milton-Union High School and Middle School athletic programs will provide a variety of experiences to aid in the development of favorable habits and attitudes in students that will prepare them for adult life in a democratic society.

The interscholastic athletic program shall be conducted in accordance with existing Board of Education policies, rules and regulations. While the Board of Education takes great pride in winning, it does not condone "winning at any cost." It discourages any and all pressures that might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way as to justify it as an educational activity.

An athlete is defined as any student participating in interscholastic sports as a player, cheerleader, trainer, manager, statistician, or any other job position directly responsible to the head coach of the particular athletic team.

The administrative head of the school (Principal) shall be held responsible for all matters that concern interscholastic athletics.

The Athletic Director is the Principal's representative in matters concerning the athletic program. The Athletic Director will make all contacts with the Ohio High School Athletic Association in reference to questions concerning the school district and state regulations.

Why Athletics?

The answer is simple: it assists the educational process in instilling and developing skills necessary for future success.

Leadership • Communication • Goal Setting • Organization • Work Ethic • Self-Discipline • Perseverance • Cooperation • Loyalty • Honesty • Perspective • Relationships

RESOURCES: MU WEB SITE - WWW.MUSCHOOLS.COM
FACEBOOK – MILTON-UNION ATHLETICS
OHSAA WEB SITE - WWW.OHSSA.ORG
UVMC - [HTTP://WWW.UVMC.COM/UVMCSERVICES.ASPX?ID=33110](http://WWW.UVMC.COM/UVMCSERVICES.ASPX?ID=33110)
SCHEDULES AND E-MAIL ALERTS – WWW.MUATHLETICS.COM

3. ATHLETIC GOALS AND OBJECTIVES

OUR SPECIFIC OBJECTIVES (MISSION STATEMENT) - Our mission statement is to allow our students the opportunity to compete and participate in athletics. To further their education and knowledge of teamwork, sportsmanship, work ethics, discipline and pride.

The student athlete shall learn:

OUR GOAL - The student athlete shall become a more effective citizen in a democratic society.

- To work with others - In a democratic society a person must develop self-discipline, respect for authority, and the spirit of hard work and sacrifice. The team and its objectives must be placed higher than personal desires.
- To be successful - Our society is very competitive. We do not always win, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to win with earnest dedication. Develop a desire to excel. Effort, commitment and attitude are necessities to compete in MU Athletics.
- To develop sportsmanship - To accept any defeat or victory like a true sportsman. With the belief we have done our best, we must learn to treat others as we would have others treat us. We need to develop desirable social traits, including emotional control, honesty, cooperation, and dependability.
- To improve - Continual improvement is essential to good citizenship and athletic achievement. As an athlete, you must establish a goal and must constantly try to reach that goal. To improve in the skills involved and those characteristics set forth as being desirable.
- To enjoy athletics - It is necessary to enjoy participation, to acknowledge all of the personal rewards to be derived from athletics, and to dedicate themselves in order to preserve and improve the program.
- To develop desirable personal health habits - To be an active, contributing citizen, it is important to obtain a high degree of physical fitness through exercise and good health habits, and to develop the desire to maintain this level of physical fitness after formal completion has been completed.

3.1 Interscholastic Sports

The Milton-Union Exempted Village School District sponsor interscholastic competition in the following sports (numbers/interest permitting):

3.1.1 Fall season

- Cross Country (Boys/Girls)
Varsity/Reserve
7th and 8th Grade (Combined)
- Football
Varsity/Reserve/Freshman
7th and 8th Grade
- Golf
Varsity/Reserve
- Boys Soccer
Varsity/Reserve
- Girls Soccer
Varsity/Reserve
- Girls Tennis
Varsity/Reserve
- Volleyball
Varsity/Reserve
7th and 8th Grade

3.1.2 Winter season

- Boys Basketball
Varsity/Reserve/Freshman
7th and 8th Grade
- Girls Basketball
Varsity/Reserve
7th and 8th Grade
- Wrestling
Varsity/Reserve
7th and 8th Grade (Combined)

3.1.3 Spring season

- Baseball
Varsity/Reserve
- Softball
Varsity/Reserve
- Boys Track
Varsity
7th and 8th Grade (Combined)
- Girls Track
Varsity
7th and 8th Grade (Combined)
- Boys Tennis
Varsity/Reserve

4. GOVERNING BODIES

4.1 Chain of command (Milton-Union Schools)

- Board of Education
- Superintendent
- Building Principal
- Athletic Director
- Head Coach
- Assistant Coach

If you have a concern you should set up a meeting with the coach of that particular sports team. Concerns, questions, and important information regarding your son or daughter should always be conveyed at a mutually convenient time.

4.2 The Board of Education

The Board of Education, responsible to the people, is the ruling agency for the Milton-Union High School.

The Board of Education is responsible for the following areas:

- Interpret the needs of the community.
- Develop policies in accordance with state statutes and mandates in accordance with the educational needs and wishes of the Milton-Union Exempted Village School District.
- Approving means by which our professional staff may make these policies effective.
- Evaluate the interscholastic athletic program in terms of its value to the community.

4.3 The Ohio High School Athletic Association (OHSAA)

All schools are voluntary members of the OHSAA and compete only with member schools. As a member school district, the secondary schools of the Milton-Union Exempted Village School District agree to abide by and enforce all rules and regulations promulgated by the OHSAA.

The primary role of the OHSAA is to maintain rules and regulations that ensure equity in competition for the student athletes and a balance with other educational programs. The association solicits input and is responsive to requests for rule modification from member schools, appointed committees, and coaches' associations.

The state association attempts to enforce such rules that assure the greatest good for the greatest number to ensure that competition is conducted in an appropriate manner.

The OHSAA rules, as published in the Handbook of the Ohio High School Athletic Association, shall be the governing directive for athletic activities sponsored by Milton-Union High School.

4.4 The National Federation of State High School Associations

The National Federation consists of the fifty National State High School athletic and/or activities associations. The National Federation's purpose is to serve, protect and enhance the interstate activity interests of the high schools belonging to state associations. To assist in those activities of the state associations which can best be operated on a nationwide scale; to sponsor meetings, publications and activities which will permit each state association to profit by the experience of all other member associations; and to coordinate the work to minimize duplication.

The National Federation is both a service and regulatory agency. The growth and influence of state associations and the National Federation ensures some degree of team work on the part of more than 25,000 schools and enables them to formulate policies for the improvement of interscholastic activities.

4.5 The Three Rivers Conference (TRC)

The Conference was established to encourage member schools to improve their extra-curricular programs in athletics. The Conference membership facilitates the arranging of schedules, equalizing competition and conducting league meets, and determining league championships. Membership implies abiding by conference schedules, rules and regulations.

Milton-Union entered the Three Rivers Conference in the 2021-2022 school year. Member schools are:

- [Bethel](#)
- [Covington](#)
- [Lehman](#)
- [Miami East](#)
- [Milton-Union](#)
- [Northridge](#)
- [Riverside](#)
- [Troy Christian](#)

4.6 Milton-Union Athletic Council

The MU Athletic Council is an advisory group for the Athletic Director. The council includes Bulldog Varsity Head Coaches or Assistant Coaches representing each varsity sport.

Responsibilities include providing input on the following topics:

-Recommendations in athletic policies and procedures within the Athletic Handbook

-Nomination and Selection of Senior Awards

-Athletic facility planning and review

--All Coaches are required to have a pre-season meeting with the Athletic Director prior to the start of sports season.

4.7 Booster/Parent Clubs

Milton-Union Athletic Booster Clubs or Parent Groups are non-profit volunteer organizations, working in conjunction with Milton-Union Head Coaches/Advisors and the MU Athletic Department. The purpose of Booster Clubs and Parent Organizations is to support, encourage and acknowledge the endeavors of Bulldog Student-Athletes and programs.

Activities include fund raising, meetings, hospitality, publicity and communication with the school and the community. The primary function for MU Booster/Parent Groups is to provide a positive partnership and financial support for MU Sports Programs.

5. REQUIREMENTS FOR PARTICIPATION

5.1 Physical Examination

A yearly physical examination is required. The physical form must be completed by the physician and submitted to the coach prior to participation. The physical is good for one calendar year from the date in which it was received. The completed physical examination form will be kept on file in the athletic office. Forms are available in each school office, the Athletic Department, at www.muathletics.com or at www.ohsaa.org.

5.2 Emergency Medical Authorization

Each athlete's parents shall complete an **EMERGENCY MEDICAL AUTHORIZATION FORM** giving permission for treatment by a physician or hospital when the parent(s) or guardian(s) are not available. The copy of the form will be kept in the medical kit for availability at all practices and contests and the original will be on file with the Head Coach of that sport. A new form must be filled out for each sports season the athlete will be participating in. Updated or additional information should be forwarded to the coach of that sport as soon as possible for transfer to your Emergency Medical Form. The form is available on the M-U website or in the MU Athletic Office.

5.3 Parental/Student-Athlete Acknowledgement of Athletic Policies

Each season the coach of that sport will require the signing of a statement to acknowledge the parental and student understanding of the *training rules and eligibility standards* that govern our athletic programs. Each sport will also be required to conduct a pre-season meeting in which parents and athletes are required to attend. Signing and returning the attendance card for this meeting will be required. Failure to attend will prohibit the parent or athlete from participating in our athletic programs.

Athletic Handbooks are available on our website or upon request from the Athletic Office.

5.4 Insurance

The school district does not carry insurance to cover student athletic injuries. All student-athletes must have insurance coverage prior to being permitted to practice with any athletic team or cheer squad. Most types of hospitalization insurance plans will meet this requirement. MU will offer an insurance package to athletes/parents who are interested. Please contact your coach or building administrator for assistance.

5.5 Scholastic eligibility

The purpose of the scholastic eligibility policy is not to eliminate any student from participating in athletic activities. The purpose is to emphasize that academic scholarship must, in all cases, be the student-athlete's first priority. In order to participate on a Milton-Union High School athletic team, each athlete must satisfy all of the scholastic eligibility requirements, established by the OHSAA and the Milton-Union Exempted Village School District, prior to athletic participation.

5.5.1 OHSAA

- In order to be eligible in grades 9-12, a student must be currently enrolled and must have been enrolled in school preceding grading period. During the preceding grading period, the student must have received passing grades in a minimum of five (5) one-credit courses or the equivalent which apply towards graduation. Middle School students will be required to pass 4 courses during the preceding grading period.

The eligibility or ineligibility of a student continues until the start of the fifth (5th) school day of the next grading period, at which time the grades from the immediately preceding grading period become effective. Exception: Eligibility or ineligibility for the first grading period commences with the start of the fall sports season.

- The Eligibility of a transfer student must be established by school records or with verification from the sending school. The responsibility for establishing eligibility rests with the receiving school.
- **Summer school grades earned may not be used to substitute for failing grades from the last grading period of the regular school year per OHSAA Regulations.**
- Tutoring or examinations to complete the preceding grading period requirements is permissible provided the inability to complete the required work on time is due to illness or accident verified by a physician and the procedure applies to all students in the school.

5.5.2 Milton-Union Schools Eligibility Guidelines

(Co-curricular and Extracurricular Activities)

-Grades 7-12-

ACADEMIC STANDARD:

1. In Grades 9 through 12 the student must be passing five credits during the preceding nine week grading period, and obtain a 1.8 GPA for all courses taken during the preceding grading period. Grades 7 and 8 must be passing four credits during the preceding nine week grading period and maintain a 1.8 GPA for all courses taken. Athletes are not permitted to participate in practice or contests if ineligible at the beginning of the nine weeks. Eligibility is established no later than the fifth school day after the quarter.
- 2.. The coach/advisor may establish additional criteria for membership in his/her group including attendance at a Study Table until the grade(s) have been raised to passing marks.

ATTENDANCE STANDARDS

1. Students must arrive by 8:10 a.m. to be eligible for extra-curricular activities unless they have notified the attendance office prior to 8:10 a.m. and are excused upon arrival.
2. Students who leave school and don't return to school due to illness are not eligible to participate in extra-curricular activities for that day.
3. Students who leave school and return to school are eligible to play providing they have an excused absence.
4. Students absent on Friday are eligible to participate on Saturday providing they have an excused absence.

Participation is defined as playing in contests, practices or any other extra-curricular activity.

Excused is defined as having a doctor's note or a pre-approved appointment and/or absence when arriving at school.

The Building Principal or Assistant Principal has the final authority when ruling upon extra-curricular eligibility based on the listed standards.

Note: PSEO students must provide documentation from their professors that they are passing. Coaches can use their discretion to allow participation, or not allow participation depending on the individual situation.

5.6 Risk of participation

All athletes and parents must realize the risk of serious injury that may occur as a result of athletic participation. Milton-Union Athletic Department will use the following safeguards to make every effort to reduce the chance of injury:

- Conduct a parent/athlete meeting before the start of the season to fully explain the athletic policies and to advise, caution and warn parents/athletes of the potential for injury.
- Maintain a continuing education program for coaches to learn the most up-to-date techniques and skills to be taught in their sport.
- Instruct all athletes about the dangers of participation in the particular sport.

5.7 Financial obligations and equipment

ACTIVITY FEE (updated 6.19)

Introduction

The Milton-Union Schools will continue to implement an Activity Fee for the purpose of reducing the cost to the General Fund of operating co-curricular and extra-curricular activities.

Guidelines and Procedures for the Payment of Fees

The following guidelines and procedures for the payment of fees will be utilized to administer the Activity Fee Program:

1. Parents and students are advised that payment of fees does not automatically guarantee playing time.
2. The head coach/advisor shall provide a team list of the students participating in the activity to the athletic director/building principal. The athletic director/building principal will forward a copy to the Treasurer's office. This final official roster will be submitted by the head coach/advisor after teams have been selected.
3. Activity fees must be paid by the start of the second week of the activity. Student participation in practices or contests will cease if payment has not been received by that day. Payment must be received before participation is resumed. Payment plans are available by contacting the Athletic Department at 884-7960 or by e-mailing lanema@muschools.com.
4. Activity fees for individual families will be capped at \$350. Athletic cap are separate from band, show choir and flag caps.
5. Students eligible for the Free and Reduced Lunch Program will be required to pay 50% of the listed activity fee.

Guidelines and Procedures for Refunding Fees

The following guidelines and procedures for refunding/reimbursing fees will be utilized:

1. No refund will be issued if a student quits an activity after the first contest.
2. No refund will be issued if a student is dismissed from an activity after the first contest.
3. No refund will be issued after the first scheduled contest has taken place. Exception: athletic injury.
4. Following a review on a case-by-case basis, the appropriate building principal may issue a refund when special circumstances exist that prohibit participation. The building principal's decision is final.

Injury:

- a) 100% of the activity fee will be returned if a student incurs a season-ending injury prior to the start of scheduled contests.
- b) 50% of the activity fee will be returned if a student incurs a season-ending injury after the first scheduled contest, but before the contest representing the halfway point of the competitive
- c) None of the activity fee will be returned if a student incurs an injury after the halfway point of the competitive season.

Fee Structure Based on School Year Calendar

High School Extracurricular: Athletics	Middle School Extracurricular: Athletics
First season for participant: \$70	First season: \$60
2 nd and thereafter: \$35	2 nd and thereafter: \$30
High School Co-curricular: Band, Show Choir, Flag Corp	Middle School Co-curricular: Band, Flag Corp, Winter Guard
Winter Guard	First season: \$70
First activity: \$70	2 nd and thereafter: \$35
2 nd and thereafter: \$35	

This annual fee will be capped at \$350 per family for Athletics and \$350 per family for Co-Curricular.

- Equipment -- All athletes are responsible for the proper care and security of equipment issued to them. School-furnished equipment is to be worn only for school contests and practice. All equipment not returned in good condition at the end of the season will be subject to a financial penalty. If the athlete fails to turn in all equipment or fails to pay for such "lost" items (cost determined at what it would be to replace the item as a "new" item), that athlete will be placed on the school commitment list. The athlete will not be able to participate until outstanding items are paid for or returned. The commitment list is cumulative for four years and, if not settled, will prevent the student from graduating.

6. ATHLETIC CODE OF CONDUCT

Athletes of Milton-Union Schools are direct representatives of their school and will be expected to conduct themselves in a way that will gain respect for both themselves and their schools. Training rules are enforced 365 days a year and should be adhered to accordingly. Each program's Head Coach will review Training Rules with each team prior to the start of contests.

6.1 Conduct of athletes

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators, and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major concern and transcends any other consideration.

All athletes shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in the interscholastic program affords.

Any conduct that results in dishonor to the athlete, the team or the reputation of anyone associated with the athletic programs will not be tolerated. See Rules Violation Chart Appendix A.

6.2 Penalties for violations of the Athletic Code of Conduct

In accordance with the **high expectation of the proper conduct of an athlete**, the head coach involved, the athletic director and the building principal (when deemed necessary) shall meet to review the alleged violation and determine the penalty according to the degree of the infraction.

6.3 Truancy

Any athlete (in season) who is declared truant will be suspended for a period of one scheduled athletic contest after the infraction is discovered. Continual truancy will be dealt with by other portions of the Athletic Code.

6.4 School office referrals

Any student-athlete referred to the office for a school rules violation may also receive consequences from the coach and/or athletic director. The building principal or assistant principal may refer the athlete to the coach or athletic director for disciplinary action. See Rules Violation Chart Appendix A.

6.5 Behavior on grounds or at school activities

Any student athlete who is found to violate any athletic code of conduct/training rule on school grounds or at a school activity will automatically fall under the jurisdiction of the Code of Conduct found in the Student-Parent Handbook *in addition to* the Athletic Code of Conduct/Training Rule Regulations.

6.6 Suspension from school

Suspension from school by school authorities for any reason is automatic suspension from the athletic team for the same time period. *School suspension as a result of a code of conduct/training rule violation is an automatic Code of Conduct/Training Offense.* In addition, the athlete will fall under the code in regards to his team rules or any additional Conduct of Athletes violations. See Rules Violation Chart Appendix A.

While suspended, students are not permitted on school property unless authorized by the Building Principal and/or the District Superintendent based on the following considerations.

1. Suspensions that fall between school years (summer break)
2. Nature of the suspended offense

6.7 Court conviction

Conviction by civil court for illegal use and/or possession of tobacco, alcohol, drugs, theft or vandalism is considered an offense of the athletic training rules. See Rules Violation Chart Appendix A.

6.8 Curfews

Head coaches may establish curfews for their athletes. Penalties for curfew violations will be handled by the head coach in accordance with the team rules established and approved by the athletic director.

7. TRAINING RULES AND REGULATIONS

7.1 General

Code of Conduct/Training Rule violations are accumulative during a student's participation in athletics at the middle school level (grades 7 and 8) and during a student's participation in athletics at the high school level (grades 9-12). Middle school accumulation ends and high school accumulation begins with promotion from the eighth grade. Offenses of the Code of Conduct/Training Rules at the end of the middle school may be carried over to the beginning of the high school participation in some cases.

You cannot compromise athletics with substance abuses. The student who wishes to experiment with such substances should remove him/herself from the team before jeopardizing team morale, team reputation, team success, and does physical harm to him/herself.

The Milton-Union School District is concerned with the health habits of student athletes and is convinced that athletics and the use of these substances are not compatible. It is also a fact that when students have a strong interest to participate in athletics, their desire to use these substances is greatly reduced.

Students have to decide if they want to be athletes. If you do wish to be an athlete, you must make the commitment in order to be a competitor. A big part of this price is following a simple set of training rules, which the Department of Athletics believes to be fair.

Online activities or off-school activities that come to our attention that are considered Unbecoming Conduct or Training Rule Violations. The Athletic Director and Building Principal may warn, suspend or dismiss athletes for posting inappropriate material that violate the guidelines of our listed training rules.

THE FOLLOWING NARRATIVE IS SUMMARIZED IN CHART FORM AND ATTACHED AT THE END OF THIS HANDBOOK (Appendix A).

7.1.1 Use or Possession of Tobacco/Nicotine/All forms of E-Cigarettes

Research emphasizes that use of tobacco/Nicotine/forms of e cigarettes is physically harmful to young adults. The harm done by this is not only a health problem. The educational community closely follows the progress of young athletes, and any deviation from accepted training rules marks one as unwilling to pay the price. The reputation of the team, athletic department, and school can be tarnished by the acts of a single student-athlete. **This rule means no use or possession of tobacco/nicotine/all forms of e-cigarettes all year, in or out of season.** See Rules Violation Chart Appendix A.

7.1.2 Alcoholic beverages

There is no way to justify athletes using alcoholic beverages, even though social pressure may be hard to resist. The people who would like to draw the athlete into their drinking sessions will be the first to criticize the athlete if he does not come through in a game. **This rule means no alcoholic possession or consumption all year, not just during the season.** See Rules Violation Chart Appendix A.

7.1.3 Illicit Drugs

Simply stated, illicit drug abuse is the consumption of any chemical substance or the smoking of some plant derivatives. The use/possession or misuse of drugs is a social problem. Students with a strong sense of purpose have no need for mood modifiers. Drug possession or use by Milton-Union student-athletes will not be tolerated. **This rule against drugs is in effect all year.** This rule also applies to the abuse of prescription medicine. See Rules Violation Chart Appendix A.

7.1.4 Remediation for Drugs

7.1.4 Theft

Stealing in any manner, from private and/or school property will not be tolerated.. **This rule against theft is in effect all year.** See Rules Violation Chart Appendix A.

7.1.5 Vandalism

Vandalism to private and/or school property will not be tolerated. **This rule is in effect all year.** See Rules Violation Chart Appendix A.

7.2 Sportsmanship in Interscholastic Sports

Milton-Union student athletes are to exhibit the utmost in sportsmanship. Good sportsmanship is viewed by the Milton-Union Athletic Department as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship. Treat others as you would be treated. MU has initiated and will continue to initiate positive role modeling when presenting athletics to student-athletes, coaches, parents and the community.

Un-sportsmanlike conduct will not be tolerated. See Rules Violation Chart Appendix A.

7.3 Individual coach's rules

Coaches may establish additional rules and regulations with the approval of the Athletic Director and Principal for their respective sports. These rules as pertaining to a particular sport must be given by the head coach to all team members and explained fully at the start of the season. Penalties for violation of team rules shall be administered by the head coach.

8. PENALTIES FOR TRAINING RULES VIOLATIONS – THIS INCLUDES TOBACCO, ALCOHOL, DRUGS ABUSE, THEFT, VANDALISM, AND COURT CONVICTIONS ASSOCIATED WITH THESE TRAINING RULES AND/OR A COURT CONVICTION. TRAINING RULE VIOLATIONS ARE ALL ACCUMLATIVE IN PENALTY AND ENFORCEMENT.

8.1 First violation penalty

After confirmation of the first training rule violation, the student will be **suspended immediately from twenty percent of the scheduled contests** in the sport in which the student is a participant. **Illegal Drug use/Possession will result in a fifty percent suspension of the scheduled contests.** If the penalty is not fully administered during that sports season, the remainder of the penalty will be applied to the next interscholastic sport season in which the athlete participates.

8.2 Second violation penalty

After confirmation of the second training rule violation, the student will be **suspended immediately from fifty percent of the scheduled contests** in the sport in which the student is a participant. **Illegal Drug use/Possession will result in a one calendar year suspension for the student athlete.** If the penalty is not fully administered during that sports season, the remainder of the penalty will be applied to the next interscholastic sports season in which the athlete participates.

8.3 Third (and subsequent) violation penalty

After confirmation of the third training rule violation, the student will be suspended from participation in athletics for the remainder of his/her high school career. After one calendar year from determination of guilt, an appeal can be made to the Appeals Board for reinstatement contingent upon substantiated rehabilitation.

8.4 Severe Felony Conviction

In a case where there is a severe criminal conviction, the school district reserves the right to administer a suspension or expulsion decided upon by the athletic director and/or principal and/or the superintendent.

8.5 Twelve month enforcement

This regulation will be subject to enforcement and/or disciplinary action by the athletic department and administration for twelve (12) months of the year whether violation occurs on or off school grounds. Out of season Code of Conduct/Training Rule violations will be administered during the next interscholastic sports season in which the athlete participates.

8.6 Additional information

Athletes suspended from contests due to Code of Conduct/Training Rule violations will be allowed to practice (except if the student athlete is suspended from school on that day). The athlete will be permitted to sit on the bench during contest in street clothes unless it is the third training rules violation.

Note: When serving a suspension the student-athlete must complete the sport he/she is participating in while serving an athletic suspension. If the athlete withdraws from the sport in which he/she is serving the suspension those games are considered not served. If the athlete is injured during the course of the season r remains a member of the team the suspension may be considered served if the games were served or may

have been served except due to injury for the remainder of that season. These circumstances may be reviewed by the Athletic Director/Building Principal.

9. APPEAL PROCEDURE FOR CODE OF CONDUCT/TRAINING RULES VIOLATIONS

The purpose of the appeal procedure for code of conduct/ training rules violations is to resolve any alleged infraction of the policies governing the athletic department of Milton-Union High School. The administration reserves the right to inquire about any alleged infraction of school athletic policies. The athletic director and/or principal will discuss the alleged infraction with the parties involved and every effort will be made to resolve the matter in an informal matter. If the matter cannot be resolved it will be resolved formally using the following procedure.

9.1 Formal procedure

Any student-athlete suspected of violating school athletic department policies will have a conference with the head coach of the respective team and/or Athletic Director. During this conference, the coach and or Athletic Director will inform the student-athlete of the alleged violation and ask for an explanation of his/her involvement.

9.2 Suspension procedure

The student-athlete will be given a written notice of the intent to suspend from athletic competition by the Athletic Director. The written notice will include the athletic policy that was violated, the length of the suspension, and the right to appeal the decision to the Principal. Parents will receive written notification by mail.

If the student wishes to appeal the athletic suspension, the student-athlete will have the opportunity to appear at a formal hearing with the Principal. The student and parent(s) will be allowed to present evidence and call witnesses in his/her behalf. The hearing will take place as soon as possible, no later than five school days following written notice to the parent(s).

If the decision is made to suspend the student-athlete from an athletic team, the Athletic Director will give the student-athlete, parent(s) and building administrator a written report, which will include:

- The infraction of the Athletic Code of Conduct/Training Rule that was violated.
- The action taken in accordance with the current athletic policy.
- The student-athlete's right to appeal the decision.

Consideration will be made by the Athletic Director and Building Principal regarding reductions in penalties due to the following circumstances:

- 1) Time served based upon a school suspension during the season.***
- 2) Time served based upon illness during the sports season.***
- 3) Length and severity of the athletic training rule violation.***

Note: If a student-athlete is academically ineligible and has been suspended for a training rule violation, the suspension and ineligibility will be served concurrently.

9.3 Appeal procedure

If the student-athlete, or his/her parents, are not satisfied with the decision rendered, they have the right to appeal that decision. This appeal must be presented to the building principal/designee within 24 hours after the written suspension notification was given to the student-athlete.

9.3.1 Additional information

Alleged infractions that occurred more than thirty days from the date reported will not be considered, unless there is evidence of suppression of facts.

10. BASIC ATHLETIC DEPARTMENT REGULATIONS

10.1 Participation in two Varsity Sports in the same season

An athlete may participate in only one sport per season unless the following criteria is met to participate in two Varsity sports in the same season. The coaches of each respective sport must agree upon the arrangement, if any party does not agree the request will be denied. The student athlete must have an accumulative and preceding grading period GPA of at least a 2.6. This only applies to student athletes wanting to participate in two Varsity sports during the same season. Freshman team and reserve team athletes are not eligible to participate in two sports during the same season (The Principal and Athletic Director may review this rule if there are circumstances that would warrant a freshman participating in two sports). The athlete must have prior approval from both coaches which sport he/she will declare as his/her primary sport. In addition the athlete must coordinate a meeting between both coaches and the Athletic Director prior to participating in more than one sport. Any training rule, code of conduct violation, and academic ineligibility will prohibit the athlete from participating in more than one sport for the remainder of that season. Any previous training rule or code of conduct violation will prohibit the athlete from filing a request to participate in more than one sport.

Cheerleading will not be considered a sport in terms of determining two sport activities. Advisors and coaches will determine whether cheerleaders may participate in two activities.

10.2 Dropping or Transferring Sports

- Do not get into the habit of quitting, as you risk losing the privilege of participating in athletics. On occasion however, an athlete may find it necessary to drop a sport for a valid reason. If this is the case, the following procedure must be followed:
 1. Notify the coach of the sport you're dropping.
 2. Turn-in any equipment that was issued.
 3. Discuss the decision with your other coaches or advisors.

10.3 Changing or Joining New Sports Seasons

- If an athlete wishes to change sports after having received an award the previous season in one sport, he/she should consult with both coach's concerned and the athletic director. This procedure assures a smooth transfer, which is in the best interest of the student-athlete. However, student-athletes will not be permitted to change sports after the first scrimmage game or contest of the sport in which he/she was originally competing in that season. The Head Coach has the final determination if any athlete wants to switch sports after that sports start date.
- Student Athletes participating in a sports season must complete the current sports season before joining official practices of a new sports season. Attending unofficial out of season practices is permitted as long as the current sports season coach permits it and is notified by the student athlete.

10.4 Equipment

- School equipment checked out by the student-athlete is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss of any equipment is the athlete's financial obligation.

10.5 Travel

- All athletes must travel to and from out-of-town athletic contests in transportation provided by the athletic department, unless previous arrangements have been made by the parents for exceptional situations. Requests for travel other than school transportation must be made first to the Head Coach and then to the Athletic Director. Approval will be based on the circumstances involved and these requests should be limited. Students are only permitted to travel with family members when not riding in school sponsored transportation. The Request/Permission should be in writing or electronically prior to the activity.
- Athletes will remain with their squad and under the supervision of the coach when attending away contests.
- Athletes that miss the bus will not be allowed to participate in the contest. Exceptions may be made by the head coach/Athletic Director, if there are extenuating circumstances.
- All regular school bus rules will be followed.

10.6 College recruitment policy

- In the event an athlete should be contacted personally by a college recruiter, he/she has an obligation to work through his/her coach and the MU Athletic Department.

10.7 Conflicts in extracurricular activities

- An individual student who attempts to participate in several extracurricular or co-curricular activities will, undoubtedly, be in a position of a conflict of obligations.
- The athletic department recognizes that each student should have the opportunity for a broad range of experiences in the area of extracurricular activities, and to this end, will attempt to schedule events in a manner to minimize conflicts.
- Students have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious when getting involved in too many activities. It also means notifying the faculty sponsors/coaches involved immediately when a conflict does arise well in advance of the conflict.
When a conflict arises the sponsors/coaches will work out a solution so the student does not feel caught in the middle.

If a solution cannot be found, the Principal or Athletic Director will make the decision based on the following:

- Importance of each event to the student-athlete.
- Relative contribution the student can make.
- When the conflict was discovered.
- Discussion with the parents, athletes and advisors/coaches.

10.8 Attendance (see 5.5.2 Milton-Union Schools Eligibility Guidelines)

10.9 Release from class

It is the responsibility of athletes to communicate with their teacher the day before regarding the classes they miss because of an athletic contest. All work shall be made up at the convenience of the teacher.

10.10 Grooming and dress policy

- Members of an athletic team are expected to be well-groomed. Appearance, expression, and actions always influence people's opinions of athletes, the team, and the school. Once you have volunteered to be a member of a squad, you have made a choice to uphold certain standards expected of athletes in this community.
- The following grooming and dress rules will be adhered to by team members:
 - ✓ Hairstyles are to be maintained in a neat and clean manner so as to present a positive image for both the team and the school.
 - ✓ An athlete shall dress presentably at all times, on trips, or assemblies or banquets.
 - ✓ Only uniforms issued or approved by the department of athletics are permitted to be worn during contests.
- Athletes will not be permitted to participate until deviations of the above rules are satisfactorily corrected. Coaches, the Athletic Director and Building Principals will make this determination if there is an issue.

10.11 Vacation policy

Vacations by athletic team members during a sport season are discouraged. In the event of an absence due to a vacation is unavoidable, an athlete must:

- Be accompanied by his/her parents or guardian while on vacation.
- Contact the head coach prior to the vacation.
- Be willing to assume the consequences related to their status on that squad as a starter, 2nd string, 3rd string, etc. according to the rules of that sports coach.

Family Vacations/Extended Absences

We encourage student athletes to schedule vacations/extended absences in the off season. However, if this must happen during an athletic season, the student athlete should communicate with the coach in a timely manner before his or her departure. It should also be understood that these absences can affect the student athlete's playing time and position within the team. If there are safety or preparation concerns, coaches may require missed practices/training sessions to be made up before competing. Coaches may choose to prescribe training sessions for the student athlete to complete during the absence(s) instead of making up missed sessions.

10.12 Squad selection

- In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program, we encourage coaches to keep as many students on the team as they can without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport.

10.13 Cutting policies

- Choosing the members of athletic squads is the sole responsibility of the head coach of the specific squad.
 - Prior to trying out, the coach shall provide the following information to all candidates for the team:
 - Extent of try-out period.
 - Criteria used to select the team.
 - Estimated Number to be selected.
 - Practice commitment if they make the team.
- Game commitments to include the proposed schedule for that season.

When a squad cut becomes a necessity, the process will include three important elements. Each candidate shall have:

- ✓ Competed in a minimum of five practice sessions (when calendar permits). (Cheer two camp days/one tryout day)
- ✓ Performed in at least one inter-squad game or scrimmage.
- ✓ Informed of the cut by the coach, including the reason for the action if the student or parent request it.

10.14 Emergency dismissal

- The head coach may deny an athlete the opportunity to participate in any athletic contest or practice session for a period of 24 hours for reasons the head coach considers necessary to provide an adequate setting to conduct a game or practice session.
- Written notice of the 24 hour dismissal will be filed with the Athletic Director within the same 24-hour period. The written notice will contain:
 - Coach's name
 - Athlete's name
 - Date and time of dismissal
 - Reasons for dismissal

10.15 Camp/Clinic payment for students

- Students are to take care of their own payments for camps/clinics. Camps and clinics should not conflict with another sport while in season. Team camps/leagues may be paid for with booster/parent group funds.

10.16 Post-Season activity

- Post-season practices or games in a particular sport should be undertaken only after consultation with the head coach of the particular sport, the athletic director, and /or the principal. Athletic Eligibility may be lost if OHSAA rules are not followed during the off season.

10.17 Administrative documentation

- Athlete are not permitted to try out, work out, practice, or participate in any contest until the following items are in the possession of the head coach and or Athletic Department:
- Completed physical examination by a qualified physician. (OHSAA Form Only)
- Completed Emergency Medical Form.
- Completed the Athletic Eligibility and Code of Conduct/Training Rules Awareness Form, Concussion Awareness Form and Showcase Release Form.
- Completed the Sudden Cardiac Arrest Awareness Form required by Lindsay's Law.
- Completed all documents and requirements on Final Forms.

11. REPORTING OF INJURY

- The health and safety of our student-athletes is our primary concern when competing or training.
- Athletic coaches will complete Department of Education approved sports medicine seminar. Each coach will have a basic knowledge of CPR and Sports Safety Training.
- The head coach shall have completed Emergency Medical Forms with them at all practices and contests.
- In the event of an injury, the coach/athletic trainer will administer first aid and notify the parent(s)/guardian as soon as possible.
- The head coach is responsible for making necessary arrangements to obtain immediate medical help for the injured athlete.
- Following an injury, the coach and athletic trainer will be responsible for periodically checking with athlete's parent(s)/guardian regarding the athlete's recovery. Information should be relayed to the Athletic Director.
- Questions concerning the clarification of any injury should be directed to the Athletic Trainer/ Physician rendering the diagnosis and recommendations.

- All coaches, Athletic Department, and school personnel are reminded that recommending treatment contrary to that advised by the Athletic Trainer/Physician is strictly prohibited.
- Upon request, coaches/athletic trainer may advise parents of competent medical personnel familiar with sports injuries. The parent(s)/guardian assumes responsibility for selecting a suitable physician.
- Parents/guardians who inform coaches and teachers that their child is being treated by a healthcare professional for a concussion must provide written clearance from that healthcare professional for full or limited participation in class, practice, activity, or competition. Prior to receiving written clearance from a healthcare professional, students who have sustained a concussion may not participate in any school-related physical activities.
- If a concussion is suspected by a teacher or coach, the student will be removed from the class, practice, activity or game. The student will not be permitted to return to full participation until he or she is evaluated by a healthcare professional experienced in concussion management and receives written clearance for full participation from that professional. Limited physical activity in the physical education context may eventually be permitted, depending on the recommendation of the healthcare professional.
- Any athlete previously injured will not be involved in practices or games until the athletic trainer and head coach is assured by the doctor in writing and the parent(s) that the athlete is fit to compete. Any head injury or concussion should follow specific protocol and follow-up.
- Contact the MU Athletic Department at 884-7960 or Athletic Trainer Stephanie Burdette, e-mail at sburdette@premierhealth.com.

12. LOCKER ROOM REGULATIONS/TEAM REGULATIONS

- Hazing is not permitted and this includes any physical or mental embarrassment that may be instituted by anyone associated with an athletic team. (per 2903.3 Ohio Handbook of Criminal Law)
- Showers/lights must be turned off after use. The last person to leave the locker room is expected to turn off the lights/showers.
- Only coaches, assigned players or staff are allowed in the locker room area unless otherwise authorized.
- Glass containers are not permitted in our locker room facilities.
- Spiked shoes or cleats must be put on and taken off outside of the locker room. Metal or hard plastic spikes or cleats are not permitted in any part of the school building.

13. WEIGHT ROOM REGULATIONS

- **No one** is to be in the weight room alone and/or without proper supervision.
- Replace all weights on racks immediately following use.
- Know your limits! Work with the instructor in determining your limits.
- Do the lifts correctly. It is better to use lighter weights for correct lifting than heavier weights and run the risk of injury. Spotters must be used during free lifting stations.
- Warm-up with proper stretching exercises.
- Shirts and shoes must be worn at all times
- Food, drink, gum or tobacco are not permitted in the weight room facility.
- Instruction is required before the use of any apparatus.

14. INCLEMENT WEATHER POLICY

14.1 Middle School (practices and games)

- If school is canceled or students are sent home because of inclement weather, or other reasons, by the school administration, all Middle School practices and contests will be canceled and will be rescheduled by the Athletic Department (if possible) unless otherwise notified by the Athletic Director.
- If school has been canceled for the day, practices may be held (weather permitting), with permission from the principal and/or athletic director. Any such practices will be of a voluntary nature. Athletes unable to attend practice under these circumstances will not be penalized. In most instances MS activities will be canceled on inclement days.

14.2 High School (practices)

- When school is dismissed early due to inclement weather, all practices scheduled for that day will be canceled. Unless otherwise notified by the Athletic Director.
- If school has been canceled for the day, practices may be held (weather permitting), with permission from the principal and/or athletic director. Any such practices will be of a voluntary nature. Athletes unable to attend practice under these circumstances will not be penalized.

14.3 High School contests

- When school is canceled or dismissed early due to inclement weather or other reasons by school administration, a decision will be mutually agreed upon by the principal and athletic director as to whether the contest shall be postponed. Every effort will be made to play the contest at the regularly scheduled time, provided teams and spectators can safely travel to and from the contest site.

- In the event of postponed contests, the athletic director will notify officials of the visiting school, game officials, coaches, and the general public by radio, television, and any other means available of the cancellation. The event will be rescheduled if possible.

14.4 Tournaments (Middle/High School)

- Middle School and High School tournaments (any sport) will follow the same guidelines used for high school contests.

15. ATHLETIC AWARDS POLICY

15.1 Varsity Letter requirements

The varsity award shall be presented to an athlete who satisfies the participation requirements as listed below, completes all team obligations, and received the recommendation of the head coach. The coach may recommend a waiver of these requirements under an unusual circumstance.

15.2 Specific sport requirements

- The varsity award shall be presented to an athlete who satisfies the participation requirements as listed below, completes all team obligations, and receives the recommendation of the head coach.

15.2.1 Baseball/Softball

- Play in one-fourth of all varsity innings played.
- A designated hitter, pinch hitter, or pinch runner in three-fourths of the varsity innings played.
- Must have four starts or six game appearances.

15.2.2 Basketball (boys/girls)

- A player must participate in a minimum of at least half the quarters of the scheduled varsity games.

15.2.3 Cross Country (boys/girls)

- A runner must participate in at least one-half of the scheduled varsity meets or must place in the top 25 (boys) or top 25 (girls) in a meet which involves seven or more teams

15.2.4 Football

- A player must participate in fifty percent of the quarters played by the varsity team.
- Play a specialist position, e.g., punter, kick-off team, return man, extra-point kicker, punter in fifty percent of the varsity contests.

15.2.5 Golf

- A team member must participate in at least fifty percent of the scheduled varsity matches.

15.2.6 Soccer (boys/girls)

- A player must participate in fifty percent of varsity periods played.

15.2.7 Tennis (boys/girls)

- Participate in one-fourth of the matches to letter.

15.2.8 Track (boys/girls)

- A team member must compete as one of the school's top three participants in at least fifty percent of the scheduled varsity meets or score in a meet which involves eight or more teams.

15.2.9 Volleyball

- A player must participate in fifty percent of the scheduled varsity games. (Note: A match consists of two or three games.)

15.2.10 Wrestling

- A player must participate in at least fifty percent of the scheduled varsity meets or earn fifty wrestling points (pin-6; decision-3,4,5; draw-2).

15.2.11 Miscellaneous information

- Season is defined as that period of time from the first practice to the awards program.
- Reserve and freshman awards are given on the recommendation of the coach to all athletes that complete the season.
- Manager's award will parallel the regular awards system if they manage for the entire season including practices.
- Statistician's award satisfactorily compile statistics for the entire season.
- The Athletic Director reserves the right to award varsity letters to the students who contribute significantly to the overall athletic program by working directly for the athletic director.

15.3 Lettering criteria that pertains to all sports

- An athlete who moves from one level of competition to another will letter at the level of the highest competition provided the athlete has met combined requirements of that particular sport.
- A coach will have the prerogative to letter a senior who has not met the seasonal requirements for lettering in consultation with the Athletic Director.

Injury Rule: Any athlete who is a starter or plays regularly and was thereafter injured may be awarded a letter, if in the coach's judgment, they would have met the lettering requirements if he or she would not have been injured. This letter should only be awarded if the said athlete fulfills obligations regarding attendance.

- In a sport where state tournament play is sponsored, athletes may letter if they have become a starter and play seventy-five percent of the quarters, innings, matches, or score team points in individual competition or in state tournament play regardless of other lettering criteria.
- All athletes must complete the season in good standing with the school and head coach to receive end of the season awards. Suspension at the end of the season may result in non-participation at the sport awards ceremony. This is at the discretion of the Head Coach/Athletic Director based on the circumstances. Athletes will forfeit awards if they have an unexcused absence from an awards banquet or ceremony.

16. INDIVIDUAL AWARDS

16.1 Varsity Awards

- 1st-year award: Chenille 7" award letter with an insert pin signifying the sport and a gold service bar which indicates one year of lettering and certificate. (Note: should the athlete letter in another sport, he/she will not receive a second chenille letter.)
 - 2nd-year award: Gold service bar (large) and certificate.
 - 3rd-year award: Gold service bar (large) and certificate.
 - 4th-year award: Gold service bar, certificate and a sports plaque indicating the recipient as a four-year varsity letter winner in that particular sport.
- Note: All members of a varsity athletic squad who successfully complete an athletic season for a particular sport, but who have not qualified for a varsity letter, are to be awarded a participation certificate.

16.2 Junior Varsity/Freshman Awards

Junior Varsity

- 1st-year award: Chenille 4.5" award letter with an insert pin signifying the sport
- 2nd year award: Gold Service Bar (small) and Certificate
- 3rd year award: Gold Service Bar (small) and Certificate

Freshman

Receive an insert pin and a certificate

16.3 Middle School Awards

- 1st-year award: Sport certificate.
- 2nd-year award: Sport certificate.

16.4 Championship Award

All members of a varsity team that win a league championship, will receive recognition of that sport's championship. Non-championship awards should be purchased by the individual or booster group.

17. TEAM AWARDS (HIGH SCHOOL/VARSITY ONLY)

17.1 BASEBALL

17.1.1 Most Valuable Player

- Selected by vote of players

17.1.2 Highest Batting Average

- Must be in the top ten players in official-at-bats.

17.1.3 Lowest Earned Run Average

- Must rank in the top four pitchers in innings pitched.
- Computed by varsity coaches in accordance with OHSAA rules.

17.1.4 Most Improved Player

- Selected by a vote of the team members

17.1.5 Most Spirited

Selected by a vote of the team members

17.2 BASKETBALL (BOYS/GIRLS)

17.2.1 Most Valuable Player

- Voted on by the players and coaches.
- Overall season and statistics are considered.

17.2.2 Most Improved Player

- Voted on by the players and coaches.

17.2.3 Spirit Award

- Voted on by players and coaches.
- Leader on bench, in practice, etc.

17.2.4 Most Points Scored

- Based on scoring during overall season.
- Computed from official statistics in accordance with OHSAA rules.

17.2.5 Most Rebounds

- Based on rebounds during overall season.
- Computed from official statistics in accordance with OHSAA rules.

17.3 CROSS COUNTRY (BOYS/GIRLS)

17.3.1 Most Valuable Runner

(one boy and one girl)

- Selected by a vote of the team members and coaches.

17.3.2 Most Improved

(one boy and one girl)

- Selected by a vote of the team members and coaches.

17.3.3 Most Spirited

(one boy and one girl)

- Selected by a vote of the team members and coaches.

17.3.4 Schul Award

(one boy and one girl)

- Selected by a vote of the team members and coaches.

17.3.5 Jessica Brown Award

(one boy and one girl)

- Selected by a vote of the team members and coaches.

17.4 FOOTBALL

17.4.1 Most Valuable Offensive Lineman

- Selected by a vote of the team members and coaches.

17.4.2 Most Valuable Defensive Lineman

- Selected by a vote of the team members and coaches.

17.4.3 Most Valuable Offensive Back

- Selected by a vote of the team members and coaches.

17.4.4 Most Valuable Defensive Back

- Selected by a vote of the team members and coaches.

17.4.5 Most Improved Player

- Selected by a vote of the team members and coaches.

17.5 GOLF

17.5.1 Lowest Nine Hole Total

- Lowest nine hole total during the season (league or non-league).

17.5.2 Most Improved Player

- Selected by a vote of the team members and coaches.

17.5.3 Most Valuable Player

- Selected by a vote of the team members and coaches.

17.6 SOCCER (BOYS/GIRLS)

17.6.1 Best Offensive Player

- Selected by a vote of the team members and coaches.

17.6.2 Best Defensive Player

- Selected by a vote of the team members and coaches.

17.6.3 Most Improved Player

- Selected by a vote of the team members and coaches.

17.6.4 Spirit Award

- Selected by a vote of the team members.

17.6.5 Most Valuable Player

- Selected by a vote of the team members and coaches.

17.7 SOFTBALL

17.7.1 Most Valuable Player

- Selected by a vote of the team members and coaches.

17.7.2 Highest Batting Average

- Must complete the varsity softball season, unless injured.
- Must be on the varsity team.
- Must be in the top ten players in official-at-bats. If tied, individual with the greater number of times at bat will be the winner.

17.7.3 Lowest Earned Run Average

- Must be on the varsity team.
- Must rank in the top four pitchers in innings pitched.
Computed by varsity coaches in accordance with OHSAA rules. If tied, the player with the most innings pitched will be the winner.

17.2.4 Most Improved Player - Selected by a vote of the team members and coaches.

17.2.5 Most Spirited - Selected by a vote of the team members and coaches

17.8 TENNIS (BOYS/GIRLS)

17.8.1 Most Valuable Player

- Selected by a vote of the team members and coaches.

17.8.2 Most Improved Player

- Selected by a vote of the team members and coaches.
- Performance from the previous year is considered.

17.8.3 Spirit Award

- Selected by a vote of team members and coaches.

17.9 TRACK AND FIELD (BOYS)

17.9.1 Most Valuable Runner

- Selected by a vote of the team members.

17.9.2 Most Valuable in Field Events

- Selected by a vote of the team members.

17.9.3 Bob Schul Award

- Awarded by the Track Boosters Club.

17.9.4 Most Improved

- Selected by a vote of the team members and coaches

17.10 TRACK AND FIELD (GIRLS)

17.10.1 Most Valuable Runner

- Selected by a vote of the team members and coaches.

17.10.2 Most Improved

- Selected by a vote of the team members and coaches.

17.10.3 Most Valuable in Field Events

- Selected by a vote of the team members and coaches.

17.10.4 Bob Schul Award

- Awarded by the Boosters Club.

17.11 VOLLEYBALL

17.11.1 Most Valuable Player

- Selected by a vote of the players and coaches.

17.11.2 Most Improved Player

- Selected by a vote of the players and coaches.

17.11.3 Spirit Award

- Selected by a vote of the players and coaches.

17.11.4 Most Assists resulting in a Score

- Selected from statistics (all games).

17.12 WRESTLING

17.12.1 Most Outstanding Wrestler

- Selected by a vote of the players and coaches.

17.12.2 Most Improved Wrestler

- Selected by a vote of the players and coaches.
- Consideration from previous year.

17.12.3 Most Pins Award

- Selected from statistics (varsity matches only).

17.12.4 Most Take Downs Award

- Selected from statistics.

18. SPECIAL SENIOR AWARDS

18.1.1 Outstanding Senior Male Athlete

- Must be a senior male athlete.
- Must have lettered in two varsity sports in senior year.
- Selected by vote of the Athletic Council.

18.1.2 Outstanding Senior Female Athlete

- Must be a senior female athlete.
- Must have lettered in two varsity sports in senior year.
- Selected by vote of the Athletic Council.

18.1.3 Al Daum Sportsmanship Award

- Must be a senior.
- Must have lettered in two varsity sports in senior year.
- Must reflect good citizenship on the athletic field.
- Must reflect good citizenship in/out of school.
- Selected by a vote of the Athletic Council.

18.1.4 Ted Studebaker Award

- Must be a senior boy.
- Must have lettered in two varsity sports in senior year.
- Must reflect outstanding determination.
- Must be a person who "gets the most from what he has."
- Selected by a vote of the Athletic Council.

18.1.5 Patty Hogle Award

- Must be a senior girl.
- Must have lettered in two varsity sports in senior year.
- Must reflect outstanding determination.
- Must be a person who "gets the most from what she has."
- Selected by a vote of the Athletic Council.

18.1.6 Sharyn Pinkerton Sportsmanship Award

- Must be a senior girl.
- Must have lettered in two varsity sports in senior year.
- Must reflect good citizenship on the athletic field.
- Must reflect good citizenship in/out of school
- Selected by a vote of the Athletic Council.

18.1.7 Honorary Varsity "M" Award

- May be male or female (non-student/coach)
- Contributes time and effort to the athletic program.
- May not repeat for at least five years.
- Not necessary to present award each year.
- Nominated and selected by the Athletic Council.

18.1.7 "#1" Bulldog Fan

- Must be a staff member or administrator who is employed by the Milton-Union School District
- Voted on by the senior athletes at an end of the year meeting
- Voting criteria is someone who supported the athletes thru their high school athletic career

18.2 Student Athletes that show outstanding academic performance will be recognized with a certificate. The standard will be a 3.2 GPA for the previous grading period prior to the individual sports awards ceremony.

Additional Awards and Recognition:

OHSAA Archie Griffin Sportsmanship Award (M-F); OHSAA Scholar-Athlete Award (M-F); OHSAA Courageous Athlete (M or F); Distinguished Athlete Award from the USMC (M or F); Scholastic Achievement Award from the USMC (M or F); Wat Farrar Scholarship (application 2M-2F); Arthur Lane Scholarship (application M-F); MU Rec Association Scholarship (application M-F); US Army Reserve Scholar/Athlete Award (M-F); OHSAA Award for Sportsmanship, Ethics and Integrity.

Appendix A-I

Code of Conduct/Training Rules Chart
Guidelines for Student Athletic Eligibility
Code of Conduct/Training Rules Awareness Form
Showcase Permission
OHSAA Physical Form
Concussion Information/Awareness
Emergency Medical Form
Activity Fee Payment Plan
Lindsays Law
Informed Consent Drug Testing Form
Points of Emphasis

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