



Building a Solid Foundation



LAMAR HEAD START MAY 2023



Otero College
Child Development
Services

Families,
This year has been full of learning challenges and triumphs. I know that this month is going to fly by as each day is filled with fun learning activities in the gardening series finale of lesson plans. This year we said goodbye to COVID and started to get back to normal routines, always keeping alert for illness patterns and cleaning thoroughly. I am thankful that we had a full-time janitor to keep our center

squeaky clean.

As this school year comes to a close, I want to wish the kindergarten-bound children the best of luck and for families to continue their involvement in their child's school life like you have done while they are here in pre-school.

To our returning children, I want them to have a wonderful summer and keep learning while you are home - go to the library, go outdoors and enjoy the sun-

shine. I will try to do the same.

The last day of school will be here before we know it. Please look at our upcoming events for important information about the field trip and end of the year events.

Thank you!

Cecilia Dowell
Center Manager



May 2023

Upcoming events

May 4th and 5th —No School
Parent/Teacher Conferences

May 9th—
Kindergarten Field Trip

May 18th —End of the Year Programs

Wednesday, May 24th—PM Fun Day Celebration

Parent Involvement

On April 27, parents attended the April Family Night. Jenni Mortimeyer from the Resource Center gave a Red Cross water safety presentation and provided a link to a free online Water Safety for Parents & Caregivers course. Children stayed in the classrooms making a paper bag lifeguard and safety equipment.

Parents received infor-

mation about all the upcoming important dates in May and helped the teachers plan the end of the year program and fun day.

Parents were also informed about the kindergarten field trip and the last day of school.

After the workshop, families went outside to enjoy a picnic style meal with their family and friends. They enjoyed sandwiches, veggies

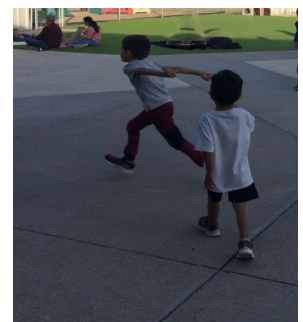
and family time while children played with the pinwheels we provided for them.

Thank you to everyone who attended!!

Cecilia Dowell
Center Manager



May 24th—Last Day of School for all Students



VEHICLE DANGERS

Sunshine can turn a car into an oven in a very short amount of time. **NEVER, EVER** leave your **child** or a **pet** in the car, not even for "just a short errand."

It is a fact that when the outside temperature is a comfortable 83°, and your car windows are down two inches, the temperature inside your car can reach 109° in 15 minutes or less. The color of your car also makes a difference. If the outside temperature is 79° and the color of your car's interior is **WHITE** the temperature inside the car can reach 135°; if the color of your car's interior is **RED**, the temperature inside can reach 154°; if the color of your interior is **GREEN** the temperature inside can reach 165°; and if the color of the interior is **BLACK**, the temperature inside can reach 192°!!! These are dangerously high temperatures. Children, the elderly and pets are most vulnerable to heat-related death. Never leave your child or pet in the car, not even for a few minutes. If your child gets locked inside the car, this is considered an EMERGENCY... dial 911 immediately! On hot days, keep children inside the house and avoid car trips & sun exposure.



~ Important Notice ~

For parents of children that are returning next year - your child will need to have an updated physical exam or Well Child Check and also a dental exam.

If you have any questions please call the office.



Water Safety

To ensure that your children are safe, never leave them unsupervised around water. Here are some tips to keep your child safe around the water this summer.

- Teach your child to **swim**, but remember that younger children shouldn't be left unsupervised around water even if they know how to swim. The AAP recommends that children under age four not be given formal swimming lessons, especially as a primary means to prevent the risk of drowning.
- Always wear a US Coast Guard approved **Life Jacket** when on a lake, river or ocean while boating, skiing, jet skiing or tubing.
- Warn your children about playing in canals or other **fast moving water**.
- Do not let your child play around any water (lake, pool, ocean, etc.) without **adult supervision** (even if he is a good swimmer).
- Don't allow running or rough play around the water.
- Childproof your swimming pool with a fence around your backyard and a fence (at least 4 feet high) around the pool with a self-closing, self-latching gate. Also consider having a phone and learning CPR in case of emergencies.

KINDERGARTEN FIELD TRIP TO WASHINGTON ELEMENTARY SCHOOL —

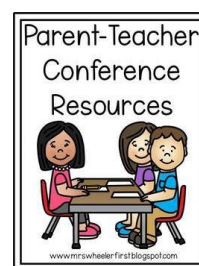
MAY 9th at 9:00AM

Only children going Kindergarten will be going on the field trip



Teachers will be contacting you soon to schedule your final **Parent/Teacher Conference**.

Your child's teacher will set up an appointment with you soon.



FAMILY ADVOCATE NEWS

We are still enrolling children for next school year 2023-2024. The child needs to be age 3 by July 1st 2023 to be age eligible.

We are also a UPK Universal Preschool Provider.

Call 336.1203 for more information.