



Family Health & Nutrition Night

TUESDAY 1/24, 5-7:00 PM

- ✓ **FREE Family Event**
- ✓ **Learn more about Health**
- ✓ **Food & Fun**
- ✓ **Door Prizes & Give-a-ways**

Lamar Christian Church Fellowship Hall
811 S. Main Street, Lamar

**SPONSORED BY: CDS LAMAR HEAD START,
WIC, SAFECARE COLORADO, &
CIRCLE OF PARENTS**

