



Building a Solid Foundation



LAMAR HEAD START JANUARY 2023

**Otero College
Child Development
Services**

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January 2023

Dear Families,

All of us at Lamar Head Start wish you a Happy New Year and we hope you had a wonderful winter break.

With winter comes colder weather and lots of extra clothes! Sometimes the time that it takes to get everyone bundled up is more than the time spent playing outside! Below are a few tips to help: Where will it all go? Think about where to store all the children's 'snow clothes'

before the snow comes. A pile of soggy clothes on the floor is no fun for anyone. Is there a place that snow pants can hang? Where will the boots, gloves and hats go? Maybe a glove/mitten clothesline would help? As much as possible make sure the children can reach these places on their own to foster independence. Use it as a teaching experience! Getting ready to go outside offers lots of opportunities to practice independence and fine motor

skills like zipping. Allow children plenty of time so they can practice these skills. Give a "head start" to children that you know will take longer by sending them a few minutes before others. If you have children who are older or excel at these skills ask them to help others who are still learning.

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Center Manager

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Happy New Year!

At the beginning of a new year, many people like to make resolutions or set goals to help them be better in the coming year. In the space below, make some resolutions for 2023!

This year I want to _____
This year I need to _____
This year I am going to start _____
This year I am going to stop _____
This year I am going to learn _____

CLASSROOM NEWS

Classroom A— Welcome Back! We are happy to see everyone, we missed all of you! We will be starting our Pet Study this month so I want to ask you to email me or text me pictures of your family pets. The kids love to show and bring in things from home so we would love to incorporate your kids' pets into our classroom and our daily activities. We will be working on the letters N, O, P, & Q. We write our names daily and will be working on learning to write our last names. A new thing for our classroom is we will now getting Homework Folders for each student, we are happy to get these and the kids love to bring me back their work they got to do at home with parents so keep an eye out for them. We will have a Family Night coming up at the end of the month we encourage families there for our monthly meetings to help bring the support & togetherness. A Bonus we usually have snacks or dinner provided! If anyone has any questions please feel free to call or text me. Ms. Shellann

Classroom C—In January, we will begin learning about pets. I would love for my students and their families to send or text me pictures of their family pets along with their pet's names so that we can display the pictures around our classroom.

We will also begin working on writing our last names and practicing the letters O, P, Q, and R. Ms. Donita

Hello Classroom D Families -

I hope you all had a wonderful Winter break! I was so happy to see all their smiling faces when we returned. We are starting the Pet study for January and part of February. I would like to ask you could please send me a picture of your pets or send a picture with your child to school. It really makes the children happy to see their pet's pictures around our room. We are also working on letters O,P,Q and R. I started going over our shapes and numbers just as a refresher with them. We are going to continue working on writing our names and learning to hold the writing utensils correctly. Parent/Teacher conferences are coming up soon. Feel free to send me a text message or email if you have any questions. Ms.Chandra

January 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 <i>students re- turn to school</i>	5	6	7
8	9	10	11	12 <i>Fire Drill</i>	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Children go outside every day, weather permitting, so please dress your child properly with a coat, gloves and a cap.

Please send an extra set of clothes in your child's backpack so we can change your child in case of an accidental spill or accident.

Reminder

In February we will schedule Parent/Teacher Conferences for the afternoon February 2nd and all day February 3rd.

The children will be released at NOON on February 2nd.

DECEMBER FUN

The gingerbread man came to read a book to our students

Family Night—families learned about positive family connections, Child Social Emotional Health and Family Traditions. Ms. Donita read a book about feelings and at the end families enjoyed hot chocolate and Mexican bread or a cookie. Families also worked together on making a snow globe.

