

# November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23 <i>no school</i>	24 <i>no school</i>	25	26
27	28	29 <i>Resource Fair 5-7pm</i>	30			

On November 29th we will have our November Family Night, our theme will be Health and Nutrition, that night we will be co hosting a Resource Fair at the Lamar Christian Church. Many local agencies will be there to give out information, a light snack will be served. We hope to see you there!

Culture of Wellness has a cooking activity for every month of school, children get to try/make a new recipe and learn about manners. Parents will get a letter with recipes and fun information