



# Building a Solid Foundation



## LAMAR HEAD START MAY 2022



Otero College  
Child Development  
Services

Volume 1, Issue 8

Families,  
This year has been full of learning challenges and triumphs. I am most thankful for the teaching staff we have. I admire every one of them. I am thankful for my office staff Dora, Karina and Eva who have been so supportive to each other, in the classroom and in the office. I am thankful that we had a full-time janitor to keep our center clean following the strict COVID cleaning protocols.

We made great memories this school year that will last a lifetime.

As this school year comes to a close, I want to wish the kindergarten-bound children the best of luck and to let them know that I will miss them and their families so much.

To our returning children, I want them to have a wonderful summer and keep learning while you are home, go to the library and do the reading challenge.

The last day of school will be here before we know it. Please look at our upcoming events for important information about field trips and end of the year dates.

Thank you!

*Cecilia Dowell*  
Center Manager



May 2022

### Upcoming events

**May 5th** —No School Parent/Teacher Conferences in the afternoon—HOME VISITS

**May 6th**—Parent/Teacher Conferences—HOME VISITS

**May 10th** —End of the Year Program at the Community Building

**May 17th**—Kindergarten Fieldtrip—only for our students going to kindergarten

**May 17th**—last day of school for Classrooms A and D (Shellann and Chandra)

**May 25th**—Last Day of School for Students in Ms. Donita's classroom C

## Parent Involvement

On April 27, parents attended the April Family Night. Angela Magana, our CDS Disabilities and Mental Health Manager, presented a workshop on Parents Rights and Kindergarten Readiness. During the Parent Committee Meeting, parents were informed about the Kindergarten trip to Washington Elementary School on May 17th. They also learned about Parent/

Teacher Conferences to be scheduled on May 5th and 6th, and no school on May 5th.

Parents were also informed about the last day of school for each individual classroom.

After the workshop families went outside to enjoy a picnic style meal with each family on their blanket. They enjoyed sandwiches, veggies and family time.

Thank you to everyone who attended

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**\*\*Parent/Teacher Conferences will be on May 5th and 6th. No school**

## VEHICLE DANGERS

Sunshine can turn a car into an oven in a very short amount of time, **NEVER, EVER** leave your **child** or a **pet** in the car, not even for "just a short errand".

It is a fact that when the outside temperature is a comfortable 83°, and your car windows are down two inches, the temperature inside your car can reach 109° in 15 minutes or less. The color of your car also makes a difference if the outside temperature is 79° and the color of your car's interior is **WHITE** the temperature inside the car can reach 135°; if the color of your car's interior is **RED**, the temperature inside can reach 154°; if the color of your interior is **GREEN** the temperature inside can reach 165°; and if the color of the interior is **BLACK**, the temperature inside can reach 192°!!! These are dangerously high temperatures. Children, the elderly and pets are most vulnerable to heat-related death. Never leave your child or pet in the car, not even for a few minutes. If your child gets locked inside the car, this is considered an EMERGENCY... dial 911 immediately! on hot days, keep children inside the house and avoid car trips & sun exposure.



## ~ Important Notice ~

For parents of children that are returning next year - your child will need to have an updated physical exam or Well Child Check and also a dental exam.

If you have any questions please call the office.



## Water Safety

To ensure that your children are safe, never leave them unsupervised around water. Here are some tips to keep your child safe around the water this summer.

- Teach your child to **swim**, but remember that younger children shouldn't be left unsupervised around water even if they know how to swim. The AAP recommends that children under age four not be given formal swimming lessons, especially as a primary means to prevent the risk of drowning.
- Always wear a US Coast Guard approved **Life Jacket** when on a lake, river or ocean while boating, skiing, jet skiing or tubing.
- Warn your children about playing in canals or other **fast moving water**.
- Do not let your child play around any water (lake, pool, ocean, etc.) without **adult supervision** (even if he is a good swimmer).
- Don't allow running or rough play around the water.
- Childproof your swimming pool with a fence around your backyard and a fence (at least 4 feet high) around the pool with a self-closing, self-latching gate. Also consider having a phone and learning CPR in case of emergencies.

## KINDERGARTEN FIELD TRIP TO WASHINGTON ELEMENTARY SCHOOL —

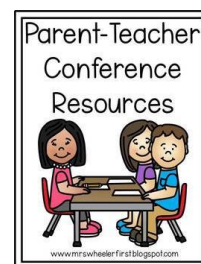
MAY 17TH at 9:00AM

Only children going Kindergarten will be going on the field trip



Teachers will be contacting you soon to schedule your final **Parent/Teacher Conference**.

The conferences will be Home Visits. Your child's teacher will set up an appointment with you soon.



## FAMILY ADVOCATE NEWS

We are still enrolling children for next school year 2022-2023. The child needs to be age 3 by July 1st 2022 to be age eligible.

Call 336.1203 for more information.