

October 14, 2022

Dear SAU 90 Staff and Families,

This week, I had the opportunity to spend some time at Hampton Academy visiting classrooms, students, and staff. Teachers are working with students on re-establishing expectations for learning or what they refer to as “The Academy Way.” Students are working on managing themselves, acting responsibly, and respecting themselves and others. These expectations are reminded, reinforced, and discussed throughout the day in efforts to ensure our middle school students’ success. Please be sure to check out our Facebook post which features our fantastic Academy students!

At this time, we are enrolling students in our after-school program offered by YMCA School’s Out which will be held at Marston School. Students in kindergarten to grade five are eligible to attend. As part of the program, students will have the opportunity to complete their homework, take part in snack time, physical activities, STEM exercises, and arts and crafts. If you are interested in enrolling or need more information, please contact Anthony Panciocco, Direct of Child Care Services at anthony@sdymca.org or calling 603-319-5942.

Our Hampton PTA meets the third Tuesday of each month and next Tuesday evening is their monthly PTA Meeting at 7:00 PM at the Hampton Academy Cafeteria. This wonderful organization, in collaboration with Hampton Recreation Department and Lane Memorial Library, is hosting Hampton’s Halloween Town on Marston Way, next Saturday, October 22nd from 5:30 – 8:30 PM. Please see the flyer attached below for more information. Additionally, they are currently having their membership drive. Please consider joining the PTA at the cost of \$7.00 for an individual membership.

Are you looking for a great way to get involved with our schools while getting paid? If so, please consider applying to work in the Marston Cafeteria. The hours are daily from 10:00 AM to 1:00 PM. If you need more flexibility, we encourage you to apply to be a substitute in our buildings. We are looking for teachers and para-educators. For your convenience, an application can be found [here](#).

This coming Thursday night, our Suicide Prevention Team consisting of our school counselors and psychologists along with our Pupil Services Director, Dr. Lois DaSilva-Knapton are pleased to host a training for parents and the community conducted by Connor’s Climb: Signs of Suicide. The mission of this organization is to provide suicide prevention education to New Hampshire youth and communities. This district-wide training is aimed at providing trusted adults with the tools they need to address warning signs of mental health. These include significant changes in behavior or mood, sounding hopeless or overwhelmed, dark responses to writing assignments, and/or talking or posting about suicide. As we connect with our children, trusted adults are encouraged to ACT: **A**cknowledge signs of depression; **C**are and reach out with a listening ear; and **T**ell a school mental health staff, administrator, and/or local authorities immediately. As a reminder to parents, this is a good time to speak with your children about who they identify as the trusted adults in their lives, including home and school. Establishing this communication and connection with your children is important in caring for their mental health and wellbeing. We hope you will join us at 7:00 PM at the Hampton Academy Auditorium.

With Hampton Pride,
Dr. Lois B. Costa
Superintendent of SAU 90

Shark News: [Shark News 10.14.22](#)
[PTA Halloween Town Flyer](#)