



Adeline C. Marston School

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Mr. Nathan Saddler
Principal

Mrs. Elizabeth Henderson
Assistant Principal

April 10, 2023

Hello Marston families,

To help keep everyone informed and to support a healthy community at Marston school, I wanted to communicate that we have seen an uptick in strep cases in school and in the greater community. In speaking with the NH Health Department, this is common throughout the state of NH currently. I wanted to bring it to your attention, as not all the cases of strep have been presenting typically (ie fever/ sore throat). Many have only had general symptoms of mild illness. Please take this under consideration if your child begins to show new symptoms of being unwell, especially if symptoms are not resolving, reaching out to their PCP for evaluation may be necessary. COVID testing is also still advised for new/unexplained symptoms as multiple infections may exist concurrently. If your child is diagnosed with a specific illness, please communicate this information with me or the front office so we can better track illnesses within the school. If diagnosed with strep infection, the individual should be excluded from school until at least 24 hours of antibiotic therapy has been administered.

Please also review the importance of handwashing, not sharing food/ drinks, eating a balanced diet and promoting adequate hydration and rest with your children.

Thank you so much for your attention to this matter.

Sincerely,

Kathy Connolly, RN