



April 2023

# Marston School Newsletter

**Nathan Saddler, Principal**  
**Elizabeth Henderson, Assistant Principal**

## A Note from the Principals

Happy Spring! We hope you are enjoying the warmer weather and longer days. We have many activities and events coming up which are always listed at the bottom of this newsletter and additional information can be found on our calendar and our Facebook page. Please be sure to carefully listen to our Sunday Night Call as it also provides the most up to date information about school activities and events.

Spring has sprung and along with the weather we can certainly feel some of the changes in the air with our students. We know that consistency with routines and expectations are one of the best ways that we can ensure our students stay in the Green Zone. This will be especially important with all the upcoming activities and events that take place this time of year. Please take a moment to review our Marston Expectations: Be Safe, Be Respectful, and Be Responsible with your students. Engage with your children in conversations around what this looks, sounds, and feels like at school to help them stay focused and prepared for the final trimester.

Placement planning for the 2023-2024 school year has already begun. Parents should have received an electronic placement overview letter this past week where you can provide feedback regarding your child's placement for next year. While **you cannot request specific teachers**, you can provide information about your student's learning style that will be helpful as we create balanced classrooms. It is important that you write a new letter each year to ensure that any previous concerns are clearly documented for this year's placement process. Any parent concerns should be in writing and returned to us no later than April 14, 2023.

The Marston Yearbook is on sale now. Orders are due by May 10th. Check Facebook for an active link to purchase yearbook or place your order by visiting the Gekus website <https://www.treering.com/purchase?PassCode=101666724232790>.

## A Note from the School Counselor

Hello Marston Families! I am excited to announce that I will be offering monthly resources and helpful information about mental health support for children and families. Below I will highlight helpful links, articles, videos and a counseling *theme* of the month. In order to support our children it is important to also expand our own knowledge, perspective and toolbox. If you have any questions or would like additional support with any of the topics or resources that are noted, please feel free to contact me.

~Ms. Whitney, Marston School Counselor

[ewhitney@sau90.org](mailto:ewhitney@sau90.org) or 603-926-8708 ext. 706

**Theme of the month:** Cultivating a trusting relationship  
**Resources & Links:**

Supporting Mental Well Being

<https://www.onoursleeves.org/mental-health-resources/articles-support/mental-wellbeing>

Starting the Conversation

<https://www.onoursleeves.org/mental-wellness-tools-guides/conversation-starters/starting-conversations>

## Upcoming Dates

- April 3 - Albert Einstein Visit
- April 3 - Wizards Game, WHS, 6:30 PM
- April 5 - Early Release, 12:00 PM
- April 13 - Nature Club Group B
- April 14 - G3 Opera House Field Trip
- April 14 - G4 Bowling Field Trip
- April 17 - Science of Sound Presentation 1:45
- April 19 - Lane Library Art Show, 6:00
- April 20 - Nature Club Group A
- Girls on the Run Dates for April are 3, 4, 5, 6, 10, 11, 12, 13, 17, 18, 19, 20
- Grade 5 Math Game On Dates for April are 3, 7, 10, 12, 17
- Homework Club Dates for April are 3, 4, 10, 11, 17, 18
- April 22-30 - No School, Spring Vacation

