# Learn at your pace.



# **Exeter Adult Education Classes** WINTER/SPRING 2023

### Academic Skills and High School Equivalency Preparation

**FREE** classes to improve confidence and skills in math, reading, and writing for employment and test taking. Exeter Adult Education is a HiSET® Testing Center.

**EVENING CLASSES** DAY CLASSES

Starts 1/9 Starts 1/9 Mon, Wed and Fri Mon and Thurs 9 am - 12 pm 6:30 - 9 pm

**NEW STUDENTS:** Please call our office at 603-775-8457 to register by appointment. Enrollment is ongoing throughout the semester.

English for Speakers of Other Languages - ESL

FREE classes to improve English speaking, listening, reading, writing, grammar and pronunciation. In-person and remote instruction available

DAY CLASSES **EVENING CLASSES** 

Starts 1/9 Starts 1/9 Mon and Thurs Mon, Wed and Fri 9 - 11 am 6:30 - 9 pm

**NEW STUDENTS:** Please call our office at 603-775-8457 to register by appointment. Enrollment is ongoing throughout the semester.

Adult High School Diploma Classes

Evening high school credit courses available for adults needing to complete the requirements for a high school diploma or for a refresher or college preparation (including Chemistry). Classes begin 1/30, one night/week for 15 weeks. **Appointment** 

for course registration is required. Limited

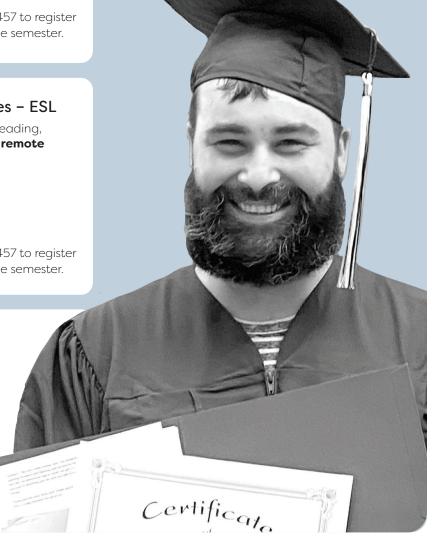
scholarships available.

30 Linden Street, Exeter, NH 03833 603-775-8457 AdultEd.sau16.org

Because of the caring staff and teachers who do anything to help, I got my HiSET® with great scores.

Gene T.

HiSET® Student



# Community Education/Enrichment Program

For complete course descriptions, times and fees, visit AdultEd.sau16.org

#### Language

Basic Italian I 2.13 - 5.8 | 5:30 - 7 pm Basic Italian II 2.13 - 5.8 | 7 - 8:30 pm

\*Conversational Spanish 1.27 - 3.24 | 12:30 - 1:30 pm

Evening Beginner Spanish / Level 1 3.7 - 5.2 | 7:30 - 9 pm

Evening Beginner Spanish / Level 2 3.7 - 5.2 | 6 - 7:30 pm

- \*Daytime Advanced Italian with Grammar 2.16 5.18 | 11 1 pm
- \*Daytime High-Intermediate Spanish II 1.25 3.22 | 12:30 2 pm

#### Health & Wellness

\*Adrenal Wellness 3.20 - 3.27 | 6:30 - 8 pm

Ballroom Dancing 2.13 - 4.10 | 6:30 - 7:30 pm & 7:30 - 8:30 pm

Heartsaver Adult CPR/AED 3.16 | 6 - 9 pm & 4.20 | 6 - 9 pm

Introduction to Latin Dance 2.14 - 4.11 | 6:30 - 7:30 pm

RAD Instructional Course 4.4 - 5.9 | 5:30 - 8:30 pm FREE

\*Sound Sleep 3.13 | 6:30 - 8:30 pm

\*Weekday Wake Up with Mimi 3.7 & 3.9 - 5.2 & 5.4 | 8 - 8:40 pm Wellness Yoga 3.7 - 5.2 | 6 - 7:15 pm

#### Personal Development Courses

Beginning Guitar 2.7 - 4.4 | 7 - 8 pm

Downsizing? 2.13 | 6 - 8 pm Estate Planning 3.9 | 6 - 7:30 pm

Estate Planning for Seniors 3.23 | 6 - 7:30 pm

Every Picture Tells a Story: Organizing Photos 5.4 | 6 - 8 pm

How to Invest Your 401K, IRA & Other Investments

5.9 - 5.16 | 6 - 8 pm & 5.10 - 5.17 | 1 - 3 pm

\*Learn to Love Public Speaking 2.6 - 2.27 | 6 - 7:30 pm

My Dying To Do List 4.17 | 6 - 8 pm

Navigating Career Change at Any Age 4.10 | 6:30 - 8 pm FREE

Social Security and Medicare Essentials 3.14 | 6 - 7:30 pm

Ten New Testament Prophecies 3.7 - 5.16 | 7 - 8 pm

Ukulele Band 2.14 - 4.11 | 6 - 8 pm

#### **Tutoring Program**

Offers adults **FREE**, confidential, one-to-one or small group instruction in reading, writing, math, high school equivalency prep, ESL and citizenship. **For tutoring or to volunteer as a tutor, contact the Coordinator at 603-775-8458**.

#### Cooking

Italian Cookies and Desserts 2.16 - 3.16 | 6 - 9 pm Italian Cooking - Pasta and Sauce 4.13 - 5.25 | 6 - 9 pm



#### Computer/Technology

Accounting & Bookkeeping Basics with Quickbooks 3.6 - 4.10 | 6 - 7:30 pm

Smartphone & Tablets 4.18 | 6 - 8:30 pm

Technology Literacy for Apple Device Users
2.14 - 3.28 | 6 - 8 pm

#### Hand Craft

Acrylic Painting for Beginners/Intermediates 3.30 - 5.11 | 5 -7 pm & 7 -9 pm



Beaded Bracelet Making 2.23 | 1 - 4 pm & 3.16 | 6 - 9 pm

Beginning Watercolor 2.14 - 4.11 | 6 - 8 pm

Calligraphy for Beginners 3.9 - 4.13 | 6:30 - 8:30 pm

Crocheting for Beginners 2.14 - 4.4 | 6 - 8 pm

Crocheting for Intermediates 4.11 - 5.23 | 6 - 8 pm

DIY Acorn Cap Craft 3.27 | 6 - 9 pm

Embroidery for Everyone 2.16 - 3.30 | 5:30 - 8 pm

Enjoy Cross Stitch 3.23 | 1 - 4 pm & 3.30 | 6 - 9 pm

Gnomes & Tiny Santa Craft 3.20 | 6 - 9 pm

Iris Paper Folding 5.4 | 6 - 8 pm

Open Studio with Watercolors 4.3 - 5.15 | 6 - 8 pm

Polymer Clay for Jewelry 3.21 - 3.28 | 5:30 - 8 pm

Silk Scarf Design Painting 4.18 | 6 - 8 pm & 4.20 | 6 - 8 pm

Soy Candle Making Workshop 3.14 | 6 - 9 pm & 4.3 | 6 - 9 pm

Watercolor Pencil 3.6 - 3.27 | 6 - 8 pm

## Navigating Career Change at Any Age

Mon, 4/10 from 6:30-8 pm. Class is **FREE**. Choosing or changing a career is an important undertaking and can be difficult to navigate. Exeter Adult Education can support adult learners in the assessment of their skills and needs in order to best align those with job opportunities in our region. Call **(603) 775-8457** or register on our website at adulted. sau16. org under Enrichment classes tab.

# **Questions?** Call us **603-775-8457**

For complete course descriptions, times and fees: Adulted.sau16.org



30 Linden Street, Exeter, NH 03833

Course space is limited. Must be at least 18 years old to enroll in enrichment classes. If a course is cancelled or full, students will be notified; otherwise, students WILL NOT receive notification of enrollment and should attend the first class. Refunds will not be given unless a course is cancelled. Courses are open to residents and non-residents of Exeter.

It is the policy of the ERCSD School Board that there will be no discrimination on the basis of age, race, creed, color, religion, marital status, sexual orientation, national ethnic origin, economic status, or disability for employment in, participation in, admission/access to, or operation and administration of any educational program or activity in the School District.

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