

Middle School/High School Cafeteria News

\$2.00 Breakfast consist of the following

1 main entrée or yogurt or cereal (not all 3)

1 fruit

1 milk/juice

\$1.00 for each Additional Breakfast Item

Lunch \$3.00 consist of the following

1 Main Entrée

1 Vegetable & Small Salad

1 Fruit

1 Milk/Juice/Tea

\$2.00 for each Additional Lunch Item

Additional Main Entrée of the day

Cheeseburger

Chicken Burger

Pizza

Pizza Stick

A Fresh Pre-Made Chef Salad or Chicken Caesar Salad (vary weekly)

Ham & Cheese or Turkey & Bacon Sandwich (vary weekly)

Ham & Cheese or Turkey & Bacon Wrap (vary weekly)

Snack Bar items at an additional cost (Only Available at Lunch)

\$1.00 each Ice Cream

\$.75 each Chips/Snacks (Most of our snacks are whole grain and low in sugar or no sugar)

Baked Chips (Variety); Whole Grain Cheez-its; Whole Grain Ritz Bits

Natural Fruit Roll-ups; Welch's Fruit Snacks; Whole Grain Rice Krispy Treats

\$.50 each Low Sugar Capri-Sun

\$.50 each Water

\$1.00 each Gatorade

We have state standards and guidelines we also have to follow since we provide food to kids.

We have to prove and we get audited to ensure we are following state/national standards.

You can pay student accounts online @ www.myschoolbucks.com

You will need the Student ID#

You can also check to see their transactions or set-up a reminder for low balance.