

SGC FOODSERVICE

Base Menu Spreadsheet
Portion Values - Detailed

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Aug 14, 2018 thru Aug 31, 2018

SLATER SCHOOLS BREAKFAST

Generated on: 8/7/2018 1:20:10 PM

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Tue - 08/14/2018						
SLATER SCHOOLS BREAK	Total	50				
MUFFIN DOUBLE CHOCOLATE WG	1 EACH	50	180	120	28.0	6.0
GOGURT	1 TUBE	50	70	30	11.0	2.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			472	295	85.10	8.68
% of Calories					72.1%	16.6%
Nutrient Guideline			450-500	540		

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Wed - 08/15/2018						
SLATER SCHOOLS BREAK	Total	50				
SAUSAGE PATTY 1.5 OZ	1 EACH	50	160	250	2.0	14.0
BISCUIT, WG (PILLSBURY)	1 EACH	50	210	500	28.0	9.0
JELLY	1 OZ	50	75	9	19.83	0.01
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			667	904	95.93	23.69
% of Calories					57.5%	32.0%
Nutrient Guideline			450-500	540		

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Thu - 08/16/2018						
SLATER SCHOOLS BREAK	Total	50				
FRENCH TOAST STICKS, WG	4 EACH	50	270	290	43.0	8.0
SYRUP, PANCAKE CUP	1 EACH	50	100	40	26.0	0.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			592	475	115.10	8.68
% of Calories					77.8%	13.2%
Nutrient Guideline			450-500	540		

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Fri - 08/17/2018						
SLATER SCHOOLS BREAK	Total	50				
POP TARTS, ASSORTED WG	1 EACH	50	370	390	75.0	6.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			592	535	121.10	6.68
% of Calories					81.8%	10.2%
Nutrient Guideline			450-500	540		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Mon - 08/20/2018						
SLATER SCHOOLS BREAK	Total	50				
PANCAKE WRAP, TURKEY WG (FOSTE	WRAP	50	240	360	18.0	15.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			462	505	64.10	15.68
% of Calories					55.5%	30.6%
Nutrient Guideline			450-500	540		

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Tue - 08/21/2018						
SLATER SCHOOLS BREAK	Total	50				
MUFFIN BLUEBERRY WG	1 EACH	50	200	140	32.0	7.0
GOGURT	1 TUBE	50	70	30	11.0	2.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			492	315	89.10	9.68
% of Calories					72.5%	17.7%
Nutrient Guideline			450-500	540		

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Wed - 08/22/2018						
SLATER SCHOOLS BREAK	Total	50				
CEREAL ASSORTMENT, BOWLPAK	1 EACH	50	109	161	23.43	1.36
GRANOLA BAR, CHOCOLATE CHIP (Q	1 EACH	50	100	75	17.0	4.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			430	382	86.53	6.04
% of Calories					80.4%	12.6%
Nutrient Guideline			450-500	540		

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Thu - 08/23/2018						
SLATER SCHOOLS BREAK	Total	100				
FRUDEL, FRUIT (PILLSBURY)	1 EACH	100	210	260	36.0	6.0
GOGURT	1 TUBE	100	70	30	11.0	2.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	100	51	2	13.77	0.06
FRUIT JUICE, ASSORTED	CARTON	100	63	8	15.33	0.0
MILK-HILAND	HALF PINT	100	107	135	17.0	0.62
Weighted Daily Average			502	435	93.10	8.68
% of Calories					74.2%	15.6%
Nutrient Guideline			450-500	540		

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Fri - 08/24/2018						
SLATER SCHOOLS BREAK	Total	50				
WAFFLES, WHOLE GRAIN	2 EACH	50	180	320	28.0	6.0
SYRUP,PANCAKE CUP	1 EACH	50	100	40	26.0	0.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE,ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			502	505	100.10	6.68
% of Calories					79.8%	12.0%
Nutrient Guideline			450-500	540		

Mon - 08/27/2018						
SLATER SCHOOLS BREAK	Total	50				
SAUSAGE PATTY 1.5 OZ	1 EACH	50	160	250	2.0	14.0
BISCUIT, WG (PILLSBURY)	1 EACH	50	210	500	28.0	9.0
JELLY	1 OZ	50	75	9	19.83	0.01
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE,ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			667	904	95.93	23.69
% of Calories					57.5%	32.0%
Nutrient Guideline			450-500	540		

Tue - 08/28/2018						
SLATER SCHOOLS BREAK	Total	50				
MUFFIN BANANA WG	1 EACH	50	200	140	32.0	7.0
GOGURT	1 TUBE	50	70	30	11.0	2.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE,ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			492	315	89.10	9.68
% of Calories					72.5%	17.7%
Nutrient Guideline			450-500	540		

Wed - 08/29/2018						
SLATER SCHOOLS BREAK	Total	50				
POP TARTS, ASSORTED WG	1 EACH	50	370	390	75.0	6.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE,ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			592	535	121.10	6.68
% of Calories					81.8%	10.2%
Nutrient Guideline			450-500	540		

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Carb (g)	T-Fat (g)
Thu - 08/30/2018						
SLATER SCHOOLS BREAK	Total	50				
FRENCH TOAST STICKS, WG	4 EACH	50	270	290	43.0	8.0
SYRUP,PANCAKE CUP	1 EACH	50	100	40	26.0	0.0
APPLESAUCE, CANNED, UNSWEETENE	1/2 CUP	50	51	2	13.77	0.06
FRUIT JUICE,ASSORTED	CARTON	50	63	8	15.33	0.0
MILK-HILAND	HALF PINT	50	107	135	17.0	0.62
Weighted Daily Average			592	475	115.10	8.68
% of Calories					77.8%	13.2%
Nutrient Guideline			450-500	540		

Fri - 08/31/2018						
SLATER SCHOOLS BREAK	Total	1				
NO BREAKFAST	SERVING	1	0	0	0.0	0.0
Weighted Daily Average			0	0	0.00	0.00
% of Calories					0.0%	0.0%
Nutrient Guideline			450-500	540		

Weighted Average			543	506	97.80	11.02
					72.1%	18.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	543		450 - 500	109%			43	Correction Required - Calories too High
Sodium 1 (mg)	506		540					
Sodium 2 (mg)	506		485				21	Correction Required - Sodium too High
Carbohydrate (g)	97.80	72.10%						
Total Fat (g)	11.02	18.28%						

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