

# The Cardinal News

**PLATINUM LEVEL**

*Cool Breeze Training*





**FIRST FINANCIAL BANK**

**The Hibbitts'**

*Tyler & Emily Howle*



Brady and Micah Chandler  
Desdemona, TX




**Blue Jay Dairy**

thefunkyneedle.com

**GOLD LEVEL**





**Equipment Connection, LLC**

*KayLee Pemberton Interior Decorating*

**Scotty and Christine Whitefield**

*The Cole Family*



FOR MORE INFORMATION OR TO SUPPORT LISD PTO  
CONTACT LISD PTO  
PO BOX 105, LINGLEVILLE, TX 76461  
LISDPPTO@GMAIL.COM

HASTEN WOODWORKS

**Upcoming Dates**

**Early Dismissals:**  
Friday, April 14  
Thursday, May 26

**UIL One Act Play (District)**  
Thursday, March 10th

**Field Day Project**  
Friday, March 11th

**Spring Break:**  
March 14th - 18th

**High School UIL**  
Tuesday, March 22nd

**STAAR Testing**  
April 5th and 7th  
May 3rd - 6th  
May 10th - 12th

**Faculty / Staff Appreciation Project**  
April 18th - 22th

**LHS Prom**  
Saturday, May 7th

**LISD School Board Meetings**  
Meets monthly on the 2nd Thursday in room 710 of the Junior High Building.

**LISD PTO Business Meetings**  
Meets monthly on the 3rd Thursday in room 710 of the Junior High Building.

**Lingleville ISD PTO's next meeting is  
Thursday, March 24th.**

**In Defiance of Snow-mageddon**

We would like to say a hearty "thank you" to the individuals who got out in the cold, icy weather to clear a path for everyone else on Saturday, February 5th. Many tailbones were saved because of you.

To take that idea in a bigger direction, we would like to say "thank you" to the unsung heroes of our everyday. Those that make things happen for our students and community. We know that nothing would run as smoothly (or at all!) without your dedication and support. So, thank you!



**Check Us Out!**

Lingleville ISD now has its very own Facebook page! If you haven't visited yet, check in to see what is happening. "Like" our page in order to get notifications:  
<https://www.facebook.com/LinglevilleISD>

PRESENT THIS COUPON AT  
TIME OF PURCHASE.



**\$1.00  
OFF**



VALID ON ANY PURCHASE 1 PER VISIT EXPIRES: 4/8/2022

### Want to Lend a Hand?

The PTO is looking for volunteers! Below are some projects for the 2021 - 22 school year that could use some extra help:

- ◆ The Cardinal Bucks and Store
- ◆ The Career Day Project
- ◆ The Field Day Project
- ◆ Guest / Mystery Reader Programs
- ◆ The Library Project

If you're interested in giving some time, contact Emily Martin Howle at (254) 967 - 3451 .

*Join us making a mark on our future!*

A special THANK YOU to

*Quality*  
**PRINTING**

for their assistance with the publication of this newsletter.

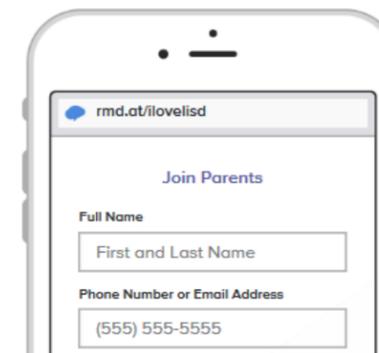
LISD PTO would like you to join Parents! remind

**A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/ilovelisd](http://rmd.at/ilovelisd)

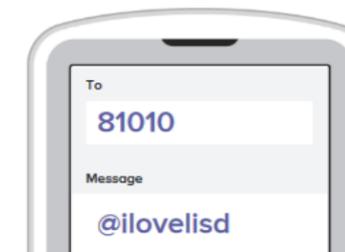
Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** If you don't have a smartphone, get text notifications.

Text the message @ilovelisd to the number 81010.

If you're having trouble with 81010, try texting @ilovelisd to (469) 208-5843.



**Parents (En Espanol) - Text @lisdesp to 81010**

#### PTO Officer Emails

**President** - Emily Martin Howle - lisdpto@gmail.com

**Vice President** - Sonya Koke - lisdptovp@gmail.com

**Secretary** - Theresa Crews - lisdptosecretary@gmail.com

**Treasurer** - Paula Hibbitts - lisdptotreasurer@gmail.com

# LEAD

### Learn Earn Achieve & Do Scholarship

Annually, LEAD awards a scholarship to a graduating senior at LISD. These scholarships are funded by community donors in memory or honor of loved ones.

**Thank you to our donors.**

If you would like to donate towards the LEAD scholarship, donations can be mailed to:

ATTN LEAD, PO Box 134, Lingleville, TX 76461.

# Lingleville Peewee Basketball

Starting this year, we will have a Peewee Basketball league. All games will be on Saturdays at alternating locations (Lingleville, Strawn, and Morgan Mill). Entry will be \$1 at the gate, and a concession stand will be available. We hope you can come and support some of our youngest athletes!

## K — 2nd Grade

Date	Time	Home	Visitor	Coed
12-Feb Location: Lingleville Central "Rock" Gym	9:00	Lingleville White	Strawn 2	Coed
	9:35	Gorman 1	Morgan Mill	Coed
	10:10	Lingleville Maroon	Strawn 1	Coed
	10:45	Gorman 2	Lingleville White	Coed
	11:20	Morgan Mill	Strawn 1	Coed
	11:55	Lingleville White	Lingleville Maroon	Coed
	12:30	Strawn 2	Gorman 2	Coed
1:05	Lingleville Maroon	Gorman 1	Coed	

Date	Time	Home	Visitor	Coed
19-Feb Location: Strawn	9:00	Strawn 2	Lingleville Maroon	Coed
	9:35	Lingleville White	Morgan Mill	Coed
	10:10	Strawn 1	Gorman 1	Coed
	10:45	Strawn 2	Gorman 2	Coed

Date	Time	Home	Visitor	Coed
26-Feb Location: Lingleville New "Procter" Gym	9:00	Strawn 2	Gorman 1	Coed
	9:35	Morgan Mill	Gorman 2	Coed
	10:10	Strawn 1	Lingleville White	Coed
	10:45	Gorman 1	Lingleville Maroon	Coed
	11:20	Morgan Mill	Lingleville White	Coed
	11:55	Lingleville Maroon	Strawn 1	Coed
	12:30	Gorman 1	Strawn 2	Coed
1:05	Gorman 2	Morgan Mill	Coed	

Date	Time	Home	Visitor	Coed
5-Mar Location: Lingleville Central "Rock" Gym	9:00	Gorman 2	Lingleville Maroon	Coed
	9:35	Lingleville White	Strawn 1	Coed
	10:10	Morgan Mill	Strawn 2	Coed
	10:45	Gorman 2	Gorman 1	Coed
	11:20	Strawn 1	Strawn 2	Coed
	11:55	Lingleville Maroon	Morgan Mill	Coed
	12:30	Gorman 1	Lingleville White	Coed
1:05	Strawn 1	Gorman 2	Coed	

## 3rd — 4th Grade

Date	Time	Home	Visitor	Girls
12-Feb Location: Lingleville New "Procter" Gym	9:00	Lingleville	Morgan Mill Purple	Girls
	9:45	Lingleville	Gorman	Boys
	10:30	Strawn	Gorman	Girls
	11:15	Morgan Mill	Lingleville	Boys
	12:00	Morgan Mill Purple	Lingleville	Girls
	12:45	Lingleville	Morgan Mill Black	Girls
	1:30	Lingleville	Gorman	Boys
2:15	Morgan Mill Black	Strawn	Girls	
3:00	Morgan Mill	Lingleville	Boys	
3:45	Gorman	Lingleville	Girls	

Date	Time	Home	Visitor	Girls
19-Feb Location: Strawn	11:20	Morgan Mill Purple	Strawn	Girls
	12:05	Gorman	Morgan Mill	Boys
	12:50	Lingleville	Morgan Mill Black	Girls
	1:35	Lingleville	Gorman	Boys
2:20	Morgan Mill Black	Gorman	Girls	

Date	Time	Home	Visitor	Girls
26-Feb Location: Lingleville Central "Rock" Gym	9:00	Gorman	Lingleville	Girls
	9:45	Morgan Mill	Lingleville	Boys
	10:30	Morgan Mill Black	Strawn	Girls
	11:15	Lingleville	Gorman	Boys
	12:00	Gorman	Morgan Mill Purple	Girls
	12:45	Morgan Mill Purple	Morgan Mill Black	Girls
	1:30	Morgan Mill	Lingleville	Boys
2:15	Strawn	Lingleville	Girls	
3:00	Gorman	Morgan Mill	Boys	
3:45	Gorman	Morgan Mill Purple	Girls	

Date	Time	Home	Visitor	Girls
5-Mar Location: Lingleville New "Procter" Gym	9:00	Morgan Mill Black	Gorman	Girls
	9:45	Lingleville	Morgan Mill	Boys
	10:30	Lingleville	Strawn	Girls
	11:15	Morgan Mill	Gorman	Boys
	12:00	Morgan Mill Purple	Morgan Mill Black	Girls
	12:45	Strawn	Morgan Mill Purple	Girls
	1:30	Gorman	Morgan Mill	Boys
2:15	Morgan Mill Black	Lingleville	Girls	
3:00	Gorman	Lingleville	Boys	
3:45	Strawn	Gorman	Girls	

## 5th — 6th Grade

Date	Time	Home	Visitor	Girls
12-Feb Location: Lingleville Central "Rock" Gym	1:50	Morgan Mill	Strawn	Girls
	2:35	Lingleville	Gorman	Boys
	3:20	Strawn	Morgan Mill	Boys
	4:05	Lingleville	Gorman	Girls
	5:05	Lingleville	Strawn	Boys

Date	Time	Home	Visitor	Girls
19-Feb Location: Strawn	3:05	Strawn	Lingleville	Girls
	4:05	Strawn	Lingleville	Boys
	5:05	Gorman	Morgan Mill	Boys
	6:05	Gorman	Morgan Mill	Girls

Date	Time	Home	Visitor	Girls
26-Feb Location: Lingleville Central "Rock" Gym	4:30	Morgan Mill	Lingleville	Girls
	5:15	Gorman	Strawn	Boys
	6:00	Morgan Mill	Lingleville	Boys

Date	Time	Home	Visitor	Boys
5-Mar Location: Lingleville Central "Rock" Gym	1:50	Gorman	Lingleville	Boys
	2:35	Gorman	Lingleville	Girls
	3:20	Strawn	Morgan Mill	Boys
	4:05	Strawn	Morgan Mill	Girls
	5:05	Morgan Mill	Lingleville	Girls

ALL Locations have a gate entry fee of \$1 per entry. (CASH ONLY)  
Players, Coaches or Officials are free.

For Updates and Information  
Sign up with Lingleville Youth Sports Remind  
Text the message @lys2022 to the number 81010.

REMINDER: League Rules Require Players meet the uniform requirements of their team.

For questions or concerns email [Linglevilleyouthsports@gmail.com](mailto:Linglevilleyouthsports@gmail.com) or call Location Commissioner

The League is formed to help foster the skills of basketball and a love for the game. The League will be governed by a collective Board to include but not limited to Commissioners from Lingleville, Morgan Mill and Strawn.  
League Rules and Division Rules can be requested from the Coach or Location Commissioner.

# Lingleville FFA goes to the Erath County and Ft. Worth Stock Shows

In a tremendous showing of skill and talent, our students attended both stock shows and came away with numerous awards. And even though the events are not over (Houston is right around the corner), we wanted to take a moment to praise the achievements that have occurred so far.

## Erath County Stock Show

**Skylah Finley**  
Champion Meat Pen in Rabbits  
Champion Fryer in Rabbits  
Showmanship in Rabbits

**Remi Wilson**  
Champion York in Pigs

**Ryker Wilson**  
Reserve Champion Berkshire in Pigs

**Jaxon Vandenberg**  
Reserve Fryer in Rabbits

**Jordan Schievink**  
1st Dairy Heifer

**Jacob Koke**  
1st Dairy Heifer

**Karter Hudson**  
1st Lamb

**Parker Bright**  
1st Goat

**Klaas Schievink**  
2nd Dairy Heifer

**Gerrit Koke**  
2nd Dairy Heifer

**Made the Sale**  
Connor Howle (Dairy Heifer)  
Reesleigh Wilson (Beef Heifer)  
Jellie Waterlander (Dairy Heifer)  
Logan Hudson (Pig)  
Madison Howle (Dairy Heifer)  
John Koke (Dairy Heifer)  
Ava Barnes (Pig)  
Memphis Bays (Pig)

## Ft. Worth Stock Show

**Remi Wilson**  
4th Hereford Heifer

**Ryker Wilson**  
4th Charolais Heifer

**Jordan Schievink**  
2nd Dairy Heifer  
2nd Dairy Cow

**Klaas Schievink**  
2nd Dairy Heifer  
2nd Dairy Cow



**FREE MEALS FOR ALL STUDENTS**

Pick 3 Free!

Bringing your lunch from home?

Add a fruit, veggie and milk for FREE!

= **FREE!**  
SCHOOL LUNCH

As a reminder, the student will continue to have meals at no cost. Students bringing lunch from home must pick 3 to count as a free lunch.



# Counselor's Corner

Welcome to the spring semester here at Lingleville ISD! For this edition of the Cardinal News, I would like to focus on the skill of resilience. **Resilience** is what helps us better navigate difficult situations like changes to our environment, dealing with conflict or failure, or even the trauma of grief and loss. This is a skill that can be developed over time. Below is a list for parents from the American Psychological Association (2020) of ways to build resilience in our children.

## 1. *Make connections*

Teach your child the importance of engaging and connecting with their peers, including the skill of empathy and listening to others. Find ways to help children foster connectivity by suggesting they connect to peers in-person or through phone, video chats, and texts. It's also important to build a strong family network. Connecting with others provides social support and strengthens resilience.

## 2. *Help your child by having them help others*

Children who may feel helpless can feel empowered by helping others. Engage your child in age-appropriate volunteer work or ask for assistance yourself with tasks that they can master. At school, brainstorm with children about ways they can help others in their class or in the grades below.

## 3. *Maintain a daily routine*

Sticking to a routine can be comforting to children, especially younger children who crave structure in their lives. Work with your child to develop a routine, and highlight times that are for school work and play. Particularly during times of distress or transition, you might need to be flexible with some routines. At the same time, schedules and consistency are important to maintain.

## 4. *Take a break*

While some anxiety can motivate us to take positive action, we also need to validate all feelings. Teach your child how to focus on something that they can control or can act on. Help by challenging unrealistic thinking by asking them to examine the chances of the worst-case scenario and what they might tell a friend who has those worries. Be aware of what your child is exposed to that can be troubling, whether it's through the news, online, or overheard conversations. Although schools are being held accountable for performance or required to provide certain instruction, build in unstructured time during the school day to allow children to be creative.

## 5. *Teach your child self-care*

Teach your child the importance of basic self-care. This may be making more time to eat properly, exercise, and get sufficient sleep. Make sure your child has time to have fun, and participate in activities they enjoy. Caring for oneself and even having fun will help children stay balanced and better deal with stressful times.

## 6. *Move toward your goals*

Teach your child to set reasonable goals and help them to move toward them one step at a time. Establishing goals will help children focus on a specific task and can help build the resilience to move forward in the face of challenges. At school, break down large assignments into small, achievable goals for younger children, and for older children, acknowledge accomplishments on the way to larger goals.

## 7. *Nurture a positive self-view*

Help your child remember ways they have successfully handled hardships in the past and help them understand that these past challenges help build the strength to handle future challenges. Help your child learn to trust themselves to solve problems and make appropriate decisions. At school, help children see how their individual accomplishments contribute to the wellbeing of the class as a whole.

## 8. *Keep things in perspective and maintain a hopeful outlook*

Even when your child is facing very painful events, help them look at the situation in a broader context and keep a long-term perspective. Although your child may be too young to consider a long-term look on their own, help them see that there is a future beyond the current situation and that the future can be good. An optimistic and positive outlook can enable children to see the good things in life and keep going even in the hardest times. In school, use history to show that life moves forward after bad events, and the worst things are specific and temporary.

## 9. *Look for opportunities for self-discovery*

Tough times are often when children learn the most about themselves. Help your child take a look at how whatever they're facing can teach them "what am I made of." At school, consider leading discussions of what each student has learned after facing a tough situation.

## 10. *Accept change*

Change often can be scary for children and teens. Help your child see that change is part of life and new goals can replace goals that have become unattainable. It is important to examine what is going well and to have a plan of action for what is not going well. In school, point out how students have changed as they moved up in grade levels and discuss how that change has had an impact on the students.