

Giddings ISD

School Health Advisory Committee (SHAC) Meeting

March 7, 2022

The Open Session SHAC Meeting was called to order at 3:03 PM by Staff Co-Chair Kevin Compton via Google Meets & a quorum was established. Present committee members & attendees included:

Student Health Advisory Council & Committee Representatives and Visitors Present:

- Kevin Compton – GISD SHAC Co-Chair (Staff), GHS Assistant Principal
- Shane Holman – GISD Assistant Superintendent
- Andy Masek – GISD Assistant Superintendent
- Lisa Mendoza – GISD Child Nutrition Director
- Hope Siegmund - GISD District Nurse
- Charlotte Penn – GMS Principal
- Shayne Kirts – GES Principal
- Dana Devoll – GISD Employee
- Kevin Rinn – Pharmacist with Pieratt’s Pharmacy
- Fermi Luna – Student Representative

Review of and Updates Since December 6, 2021 Meeting

1. Discussed ways to get GISD campuses involved in various American Heart Association programs:

- i. GES Kids Heart Challenge fundraiser raised \$5658.65 for AHA.
- ii. GIS started their challenge strong, but the two inclement weather days put them behind in the curriculum. They hope to complete their challenge soon.
- iii. GMS students donated to the jar of the teacher/administrator they wanted to see in a special Valentine’s costume. The event, organized by Beta Club, raised \$536.70 and Mr. Conley was selected to be the “Walking Valentine Heart” for the day.
- iv. GHS students were challenged to complete Finn’s Mission. Eleven students attempted, with 2 actually completing all 10 steps. They raised \$350 for AHA and several have already signed up to complete the challenge next year.

2. Discussed Required Changes for Health Curriculum at Middle School Level

Ms. Penn shared that GMS has started using the Glencoe Teen Health text and digital platform from McGraw Hill to teach the necessary TEKS health requirements. The “Worth the Wait” curriculum from Scott and White has not been updated since 2011, and only the 6th grade level is available online. She stated that this curriculum is relevant to students, contains a component for healthy relationships and sexuality, contains the digital component, and is a good representation for our students. The only portion missing is a unit on sex trafficking (TEKS required), and the administration is looking for an outside entity to teach that.

Mr. Rinn stated that now pharmacists are required to have training in sex trafficking as well, and he was able to find good information on the Health and Human Services website. Ms. Penn appreciated the suggestion.

Mr. Holman clarified that the district is adopting a new textbook to teach the TEKS requirements, and not an entirely new curriculum. State legislation has a different set of requirements for SHACs to adhere to when changing a required curriculum.

3. USDA Changes in Child Nutrition

Ms. Mendoza stated that the USDA is taking a two-stage approach to updating the school meal nutrition standards. This final rule is transitional and establishes standards for milk, whole grains, and sodium, for 2 school years only: SY 2022-2023 and SY 2023-2024. Next fall, there will be a Proposed Rule introduced that will define standards for SY 2024-2025 and beyond. Comments on this final rule, which are due on or before March 24, will supposedly inform decision making when writing this new Proposed Rule.

The following is a summary of changes that will begin on July 1, 2022:

- **Milk:** Cafeterias may offer flavored, low-fat milk (1%) in addition to unflavored, low-fat milk and flavored or unflavored nonfat (skim) milk
- **Sodium:** The weekly sodium limit for school lunch and breakfast will remain unchanged for SY 2022-2023. In SY 2023-2024, the limit will decrease 10%.
- **Whole Grains:** At least 80% of the grains served in school lunch and breakfast per week must be whole grain-rich (containing at least 50% whole grains).

Ms. Mendoza stated that many districts, including GISD, currently have waivers to allow replacement meal items when supply-chain issues exist. An example would be exchanging “whole wheat” rolls when “enriched” rolls are the only ones available.

Review 2021-2022 Goals

1. Mr. Compton reviewed and discussed the GISD SHAC goals set in September
 - **Implement American Heart Association Across District**
Compton felt that we have done well for the first year
 - **Free Meals/Second Chance Breakfasts/Tutorial Snacks**
Ms. Mendoza stated many GHS and GMS students utilize the later breakfast option. GES and GIS eat lunch very early, so we currently provide snacks for the students enrolled in after-school tutorials. We are looking into the ability to provide snacks for all elementary students. GIS is currently offering the “Shared Table”; leftover fruit and pre-packaged items from meals are placed on a stand-alone cafeteria table, with a tablecloth and signage explaining the program. Both Ms. Kirts and Ms. Penn stated they would love to bring that program back to their campuses as well. Ms. Mendoza stated that it would be implemented for all campuses on March 21.
 - **Provide On-Site Flu Shots for All Staff**
Approximately 25% of the staff utilized the in-district flu shot clinic
 - **Provide On-Site Covid-19 Vaccines for All Staff**
 - **Provide On-Site Covid-19 Vaccines for Eligible Students**
Both of these were offered earlier this year.

Remaining Meeting Dates

1. Mr. Compton stated that the final 2021-2022 SHAC meeting will be May 2, 2022 at 3:00 PM.

Closing

1. Mr. Compton dismissed the group at 3:26 PM.