

Alcohol Prevention Campaign



Questions,
comments,
or want to get
involved?

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Be uKnighted

Knights Way and the Lake County Health Department have partnered for the third year of the school communication campaign to reduce youth alcohol use!

A new poster will be displayed throughout the school and shared via email every month. The first poster is to the left. This newsletter marks the first of our monthly newsletters which will be shared via email and hung up in bathroom stalls and classrooms. Newsletters will expand upon the posters and provide facts and information relating to the campaign. Student engagement activities with prizes will also occur throughout the year so students can interact with the campaign.

You want to be at your best to make healthy decisions. Choose to be alcohol-free. Drinking alcohol could lead to poor decisions about engaging in risky behaviors. Alcohol may negatively affect brain development, causing cognitive or learning problems or making the brain more susceptible to alcohol dependence.

How do you choose to be alcohol free?

Knights Way Lesson



Review last year's Knights Way lesson about the Alcohol Prevention Campaign

This video was created by a recently graduated Grayslake North student.

It provides a history of the Alcohol Prevention Campaign:
<https://bit.ly/3mVz0Uh>