

MOUNTAIN VALLEY HIGH SCHOOL

799 HANCOCK STREET
RUMFORD, MAINE 04276-1547
207-364-4547 • FAX 207-364-3436

THOMAS DANYLIK
INTERIM PRINCIPAL



April 11, 2022

Dear Falcon Families:

It is hard to believe that our school year is rapidly coming to an end. With the weather starting to change over, it is our cue to start thinking about the 2022-2023 school year. There is no doubt that much of this year was very challenging for staff and students but the last month has felt incredibly refreshing and we have been lucky to be able to see our students' faces for the first time since March 2020.

When planning for the 2022-2023 school year we thought it was critical to perform a self assessment. We looked at student engagement, behavior, class sizes and opportunities for our students. With all of those factors in mind, starting in September of 2022, Mountain Valley High School will be **changing our daily schedule to a 4 by 4 block period schedule**. This has been a schedule that MVHS has used in the past and we believe it will have a tremendously positive impact on not only academics but our culture and climate as well.

Each student will be signed up for 8 different classes (senior requirements will be slightly different). Students will have 4 classes one day and a different 4 classes the next day. We will then alternate back and forth using Blue and Silver days to identify which classes students will have on that day. With a new schedule comes changes and one major change will be the length of our class periods. We have not settled on an exact time but each class will be approximately **75 minutes**.

Since we are now going to be offering more class periods over a two day period, our class sizes will remain appropriate to give our school a proper teacher to student ratio. We are also very excited that we will be able to offer more electives and choices for students to expand their education and explore interest areas. Lastly, a 4 by 4 block schedule works much better with our career and technical education partners at Region 9 and it should allow students to start their career and technical education at a younger age.

I understand there are going to be challenges with this change. Our students have been used to having 55 minute classes for several years and there will be an adjustment to the longer class periods. Our staff is going to work hard to be prepared for next year and adapt their lesson plans and structure to fit our new schedule. This is a really exciting time and I am looking forward to all the new opportunities our students will have in the 2022-2023 school year.

Please take time to ask questions during your student's conference this week and work with their homeroom advisor to develop the best educational plan for your student. If you have any questions, please do not hesitate to contact me! #falconsfly

Tom Danylik
Principal, MVHS