Overview

The Spencer—Van Etten Central **School District Student Services** team is made up of School Counselors, School Social Workers, School Psychologists, and Tioga County Mental Hygiene Counselors. These professionals provide mental health counseling, crisis intervention, academic advisement, career planning, etc. Students and families are encouraged to utilize these supports as needed. More information on the services each provides can be found inside this brochure.

Families in the Middle School and High School are encouraged to use their school counselor as the first point of contact. If your student is struggling or you notice a student in need, please contact your school counselor, who will refer as needed to additional supports.

Families in the Elementary School are encouraged to contact the school social worker, school psychologist or mental hygiene counselor.

Student Services Staff

School Counselors

Ms. Erica Sparks; serving students with last names A-K in the High School (607) 589-7100 ext. 3414 ersparks@svecsd.org

Ms. Marjorie McKinery; serving students with last names L-Z in the High School (607) 589-7100 ext. 3442 mmckinery@svecsd.org

Mr. Dan Craven; serving students in the Middle School (607) 589-7100 ext. 3535 dcraven@svecsd.org

Ms. Catherine Santos; serving students in the Elementary School (607) 589-7110 csantos@svecsd.org

Social Workers

Mrs. Mary Lou Hartman; serving students in the High School (607) 589-7100 ext. 3438 mhartman@gstboces.org

Mrs. Monica Jones; serving students in the Middle School (607) 589-7100 ext.3557 mojones@svecsd.org

Mr. Michael Leljedal; serving students in the Elementary School (607) 589-7100 ext.3605 mileljedal@svecsd.org

School Psychologists

Mr. TJ Anderson; serving students in the Elementary & High Schools (607) 589-7100 ext. 3603

tanderso@svecsd.org

Mrs. Kecia Nicholson; serving students in the Middle School (607) 589-7100 ext. 3536 knicholson@gstboces.org

Mental Hygiene Counselors

 $\begin{tabular}{ll} \textbf{Erinne Gibson;} serving students in the Middle School \\ \underline{gibsone@tiogacountyny.gov} \end{tabular}$

Mrs. Tracy Palombizio; serving students in the Elementary & Middle schools

palombiziot@tiogacountyny.gov

Student Services



Spencer-Van Etten Central School District

16 Dartts Crossroad Spencer, NY 14883

District Phone Numbers:

District Office:

607-589-7100

S-VE Instructional Support Office:

607-589-7111

S-VE High School Office:

607-589-7140

S-VE Middle School Office:

607-589-7120

S-VE Elementary School Office:

607-589-7110

School Counselors

Ongoing Services provided by the School Counseling Department:

- Academic advisement
- College admissions visits
- Career presentations
- Individual counseling
- Classroom lessons at each grade level focused on academics, career, and social/emotional learning
- Annual individual student course planning
- Crisis intervention and response
- Collaboration with teachers and administration

Key Offerings:

Middle School

- Group Counseling: coping skills, anxiety, self esteem, personal development
- Character education and community service opportunities.
- Positive Behavior Intervention Supports (PBIS)

Freshman Year:

- Support with the transition to high school
- Four-year academic plan creation
- Frequent academic check-ins

Sophomore Year:

- Career planning unit
- Resume and cover letter creation
- Career assessments and exploration

Junior Year:

- Post-secondary planning
- College and career searches
- PSAT and SAT

Senior Year:

- Individual student post-secondary planning meetings
- Support with college applications, financial aid and scholarships, and job applications

Social Workers

At the High School:

Students can participate in individual psychological counseling sessions by a licensed Social Worker to enhance their coping strategies, work through difficult situations, and/or build self-esteem/ advocacy skills. The Social Worker is a contact point for students and families in need of assistance in the community. Students are working on being *EPIC* where they are Engaged, **P**repared, and show Integrity and **C**ompassion.

At the Middle School:

All students engage in the Positive Behavioral Interventions and Supports (PBIS) model and are taught expected behaviors in all areas of the school. Some classrooms elect to have social work providers come in as guest speakers to discuss coping skills, time and space organization, peer relationships, and self-reflective activities.

Some students engage in small group sessions where these same topics are discussed in meaningful ways once a week over a marking period. Individual counseling is available. Spaces are limited and all referrals come through the support team and school counselor.

At the Elementary School:

All students participate in a beginning of the year classroom introduction on how using coping skills for learning enhance their success and relationships with others. Students also learn how deep breathing, positive self-talk and coping skills can aid in working through struggles. Students are also introduced to Positive Behavioral Interventions and Supports (PBIS) at the elementary school.

There are a variety of groups available to students including but not limited to: lunch groups, coping skill groups, social skills groups and specific grade level groups.

Some student's may participate in individual sessions with the school social worker or the Tioga County Mental Health social worker.

School Psychologists

- Individual psychological and educational evaluation (when school is in session)
- Staff and parent consultation
- Behavioral support and planning
- Academic intervention planning
- Teaching of prosocial and executive functioning skills
- Crisis intervention and response
- Crisis counseling
- Coordination with community agencies and resources
- Committee on Special Education and 504 planning and implementation

Mental Hygiene Counselors

Mental Health supports at S-VE are contracted through Tioga County Mental Hygiene.

Individual counseling/therapy is provided to students during their school day and collateral meetings occur with parents and teachers when needed. Students are given tools to support positive social emotional health and assistance in navigating triggers and stressors related to home, school or peers. Support is provided to the parents/guardians and families through family counseling when needed. Access to a psychiatrist is available if needed. Services continue through summer as well.

Contact Information:

Elementary School: (607) 589-7114

Middle School: (607) 589-7134

Crisis Contact:

Daytime (M-F, 8am-3pm): (607) 687-4000

Evening: (607) 687-1010