

Pittston-Randolph Consolidated School



April 2022

Dear Families,

Happy spring! It is so nice to have the return of longer days and sunshine. It was wonderful to be able to welcome so many of you into the building for our spring Parent-Teacher Conferences. Thank you to our amazing teachers for being able to offer in-person, virtual or phone conferences! Teachers enjoyed discussing their students' academic and social-emotional growth this year and sharing student work. A big thank you to the PTG for supplying a yummy pizza dinner for our teachers and staff that evening! Thank you all for making our P-T Conference evening so successful! If you were not able to attend conferences, please reach out to your child's teacher. We aim for 100% participation in our P-T conferences!

As we return from April vacation, thoughts will turn to finishing this year strong, with end of year activities and assessments. We will also be planning for next school year, including classroom placements. Our goal is to build equitable, balanced classes for optimal learning. While we do not accept requests for specific classroom teachers, if you have information you would like to share regarding the educational needs of your child, please

send a letter or email to me no later than Friday, April 29th. Our staff know our students well and take great care to consider their needs during placement to ensure each child will have a successful year, both socially and academically.

April is Autism Awareness Month and here at PRCS we celebrate the uniqueness of every child. The day before April vacation, 4/14, will be Math Day. Mrs. Nichols will be visiting classrooms to do fun math-related activities. On Thursday 4/14, we also invite students to wear their orange PRCS PRIDE shirts and show their school spirit!

Thank you for supporting our school and our students' reading through our Read-A-Thon Fundraiser! Please return forms and money collected by April 8th. If you have any questions, please don't hesitate to call the school office at 582-6268.

I hope you enjoy the time with your families over April break!

Yours in education,

Christina O'Neal, Ph.D
Principal

Upcoming Events:

April:

7th - 5th Grade Students to High School for University of Maine Symphonic Band Performance, leaving school @ 8:30 am
8th - Read-A-Thon Sheets are Due
11th - PTG Meeting @ 5:30 pm
11th - Deadline for ordering PRCS Yearbooks
12th - Grades 4 & 5 Spring Concert, PRCS gym @ 6:30 pm
15th - Workshop/No School
18th-22nd Spring Break

May:

9th Grades 2 & 3 Spring concert @ 2:00 pm, PRCS gym
9th PTG Meeting @ 5:30 pm
17th Grade K & 1 Spring concert @ 2:00 pm, PRCS gym
26th REACH Showcase
GRMS from 6:00 pm-8:00 pm
30th No School/Memorial Day

June:

2nd Art-a-Palooza! PRCS from 5:30 pm-7:30 pm
11th GAHS Graduation

Early Release Days for the Year:

Wednesday, May 11

Important Phone Numbers:

Pittston-Randolph Consolidated School - 582-6268
Pittston-Randolph Consolidated School Fax - 582-6334
Transportation - 582-6663
Superintendent's Office - 582-5346

Virtual PRCS PTG Meeting

Next PTG meeting via Google meet is Monday, April 11th @ 5:30 pm

PRCS PTG - Monthly Meeting

Google Meet joining info

Video call link: <https://meet.google.com/zci-mqai-wij>

Or dial: +1 209-831-3532 PIN: 539 732 369#

<https://sites.google.com/a/msad11.org/pittston-ptg>

On Facebook: Pittston- Randolph Consolidated School PTG



Guidance

We are still in the midst of our stress management unit in Guidance class. I think I am learning as much as the students! They are learning stress management and coping skills and I am learning more about them as people. And such complex, wondrous beings they are!

Most of my students are very familiar with stress, worry, or anxiety. I am relieved that many report that they have at least one adult in their life that they can (and do) turn to for support. However, I am saddened that more than a few of my students report feeling isolated and without anyone to turn to. I am sure they do have someone but I know that perception is reality for these children. When I have spoken with parents their response, in many cases, is that they are in need of ideas on HOW they can provide support to their children. This is what I have shared.

Make time to spend with your child doing an activity that you both enjoy and that allows for opportunities to look at and communicate with each other at least part of the time. Spend more time listening than talking. Leave space for silence. (Lots of it possibly!) It may be a new concept for your child to really take in that you are devoting time to just them. Ask about what is going on in their lives. Learn what is important to them. Talk about what they do in their free time. Ask about their stress/worries and respect their feelings. Share your thoughts, feelings, and strategies, too. Let them know they are not alone. Time invested now when they are young is paving the way for when they get older and may have more questions and require more guidance and support. It is never too early to begin sowing those seeds of trust and respect. Strong relationships are vital to healthy and happy young people. Finally, don't give up!

A final suggestion is a bedtime ritual that I highly recommend. Spend a few minutes with your child each night before they shut off the light sharing your "gratefuls". Both of you get to share something you are grateful for that day. Start with one at first and see how many you can build up to as time goes on. It is a positive, peaceful, and reflective way to end the day and I know you both will benefit from this shared time.

As always, I am here for your child and for you to be supportive in any way I can. Feel free to reach out any time. jtourtlotte@msad11.org

Here for you,

Joan Tourtelotte
("Miss T.")
(she, her)
School Counselor



Spotlight on Staff: An interview with "Miss Nadeau"



Role: Physical Education Teacher

My favorite color: Burnt Orange

My favorite food: Peanut Butter

Hobbies: CrossFit, baking sourdough bread, backpacking, hiking, camping, traveling, and hanging out with my cat Marcel.

As a child, what did you want to be when you grew up? As a child I wanted to become a dental hygienist when I grew up.

Favorite book: Chop Wood Carry Water by Joshua Medically

Something unique: I was born in Canada and French was my first language!



Hello Families!

I am very excited to announce this year PRCS will be hosting an end of the year Art Show- the **Art-a-Palooza!** This show will be held on **Thursday June 2, from 5:30pm- 7:30 pm.** Students will be selecting their best work to hang in the show, and families are invited to come

check out the work and participate in a fun evening of family art activities! More information will be sent out with students in the coming weeks.

2nd- 5th grades have begun our painting unit. 2nd and 3rd grade are learning how to use tempera paint and about color families. 4th and 5th grade are focusing on watercolors, acrylics and color mixing. Kindergarten and 1st grade are wrapping up painting skills and moving into weaving, sewing and printmaking.

Don't forget to check out our artsonia page [here!](#)

Karol Carlsen
Art Teacher
kcarlsen@msad11.org



Doors open at 8:10am. Classes begin at 8:30am. Students arriving at or after 8:30am are considered tardy.

Thank you for helping to begin our day on time, which will help minimize morning interruptions for all of our students.

Pre-K and Kindergarten Registration!

We are beginning our **Kindergarten** registration for the **2022-2023** school year! If you have a child or know of a child who will be five years of age on or before **October 15, 2022** please contact Pittston-Randolph Consolidated School at 582-6268.

It is also registration time for the **Four Year Old Program**. Applications are now being accepted for the **2022-2023** school year. Children must be four years of age on or before **October 15, 2022** and may not turn five before October 1st. If you are interested please call Pittston-Randolph Consolidated School at 582-6268 for more information or the Laura E. Richards School at 582-3612.

Pledge of Allegiance Hosts



Thank you to Mrs. Ciampa's kindergarten class for leading us in the Pledge of Allegiance during morning announcements! When students lead us in saying the Pledge each morning they receive

Donations Appreciated

We are always in need of individually wrapped, healthy snacks to have on hand for students who do not have a snack or who might have forgotten to bring a snack from home. We are also in need of disposable cups for students who forget to bring a water bottle. We also could use some gently used or new gloves or mittens for our students to use during recess.



Thank you, PTG !!

A huge thank you to our PTG for the meals for our staff during Parent-Teacher Conferences! It was enjoyed and very much appreciated!



Spotlight on Staff:

An interview with "Mrs. King"



Role: 5th Grade Teacher

My favorite color: Pink

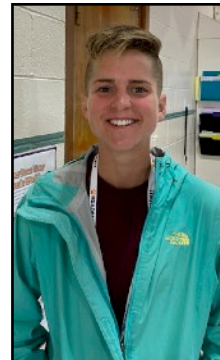
My favorite food: Pasta and seafood

Hobbies: Reading, yoga, playing tennis, and photography

As a child, what did you want to be when you grew up? Singer

Favorite book: Too many to list just one! A few favorites include: Little House in the Big Woods, The Miraculous Journey of Edward Tulane, A Single Shard, and Home of the Brave

Something Unique About You: I love listening to a variety of podcasts to learn about different topics!



Hello families!

Spring has sprung and we are going to start taking advantage of the weather. As soon as the field is ready and the weather permits we will take P.E. classes back outside. Students will be "springing" into the season learning new jump roping skills, drills and tricks. Jumping rope requires very little physical space and a jump rope is very portable. This skill is a great, simple way to improve aerobic endurance, coordination and cognitive function. At the end of April make sure you ask your kiddos to show you their new jump roping skills!

Happy Spring!

Stephanie Nadeau
Pronouns: (she/they)
MSAD #11
Physical Education Teacher
snadeau@msad11.org



IMPORTANT NOTE FROM THE SCHOOL NURSE

Now that the weather is starting to be warmer, we are heading into tick

season . Ticks can transmit serious and potentially fatal diseases like Lyme disease. Frequent tick checks increase the likelihood of finding a tick before it can transmit disease.

The CDC recommends conducting a full body check upon return from potentially tick-infested areas, including your own backyard. Check these parts of your body and your child's body for ticks:

- Under the arms
- In and around the ears
- Inside belly button
- Back of the knees
- In and around the hair
- Between the legs
- Around the waist

If you are feeling ill, or have developed a fever or rash following a potential tick bite, call your doctor immediately.

Thank you,

Kristin Martin, RN, BSN
MSAD 11 Lead Nurse
Pittston-Randolph Consolidated School
(207) 582-6268 ext. 2223
Fax: (207) 582-6334



Thank you to the residents of Pittston for donating and purchasing hot dogs, snacks and drinks during the annual town meeting that took place on Saturday, March 19th. The 5th grade class raised over \$750.00 and this will be used for their end of year celebration!!

