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Randy Freese
District Administrator

A Message from the District Administrator

Greetings from the Wisconsin Heights School District,

It is Back to School on **Thursday, September 1!**

As the children arrive at school this fall they will find some new faces on our staff and some familiar staff in new roles and places. The District is pleased to welcome this fine group of professionals and urge you to meet them personally.

I am quite honored to become part of the school community and its commitment to obtaining the very best outcomes for students and families. Children and their development lie in the center of what we strive to do in our district endeavors. Whether in academic, social, physical, or emotional areas, our fundamental purpose is to help our students learn and grow. We want every child to acquire skills, maximize their talents, expand their horizons, and develop a curiosity about the world. Our staff is committed to this mission and dedicated to helping all of the children in having a great year.

Along with new staff, students will once again find expanded and upgraded technology and improved facilities throughout the district. Curriculum and instructional materials are continually updated in response to student needs. The District is dedicated to creating and assimilating new initiatives in instructional practice and educational accountability and we accept the challenges inherent in becoming both more efficient and sophisticated in helping our students learn to the greatest possible extent.

Again, welcome to the new school year! We want school to be a wonderful place for children and encourage all to experience the large variety of programs, activities, and opportunities that our community has created. We look forward to the months ahead.

See you soon,

Randy T. Freese

IMPORTANT NEWS:

This will be our last printed copy of the District newsletter. Our monthly newsletters will now be sent out via e-mail. Other ways you can still stay in touch with all the news would be to check out our district website at www.wisheights.k12.wi.us or visit our Facebook page. Please make sure your e-mail address is current and up to date with your child/children's school. If you are a community member and no longer have a child in the school district and would still like to receive the newsletter please contact Courtney in the District Office at (608) 767-2595 ext. 1005 or by email at cwarren@wisheights.k12.wi.us to be added to our e-mail list.



Randy Freese

District Administrator



Welcome Randy Freese, who will be our new District Administrator. Randy previously served as interim Business Manager in Wisconsin Heights during the 2013-14 year. His career includes serving as a Superintendent for 27 years in Belleville, West De Pere, and Mercer. Prior to becoming a Superintendent, he was a K-12 Principal in Mercer, K-8 Principal in Edgar, and taught 5th and 6th Grade in Wausau and Wheeling, Illinois. He has also worked for CESA, state professional associations, and has taught at both the graduate and undergraduate level. His academic background includes a doctorate from UW-Madison, a master's from UW-Stevens Point, and a bachelor's from Aquinas College. Hobbies include ski patrolling at Indianhead/Blackjack Mountain, fishing, following the Badgers and Packers, and visiting family (4 adult children) and friends throughout the country.



Deb Winkler

Principal and Director of Assessment, Black Earth Elementary

Welcome Deb Winkler who will be our new Principal and Director of Assessment at Black Earth Elementary. Deb received her Master's Degree in Administration and Curriculum and Instruction from Edgewood College. Deb comes to us from Mount Horeb where she was a middle school science teacher and lives with her husband and two boys. She enjoys watching her boys play soccer and alpine ski race. When she is not attending sporting events, she likes to read and snowboard. She is very excited to be a part of the Wisconsin Heights Community and looks forward to working with the students, parents, staff and community members of Black Earth and Mazomanie.



Natalie Goebel

Art Teacher, Middle School/High School



Welcome Natalie Goebel who will be our new Art Teacher at the Middle/High School. Natalie is from Waukesha and has recently moved to Madison. She graduated in December from UW-Whitewater with a BFA in ceramics and art teaching licensure K-12. When she's not teaching, she enjoys making pots, hiking, reading, collecting leaves, and backwards roller-skating. Natalie is so excited to be here at Wisconsin Heights for her first full year as an art teacher!



Brianne Fechter
5th Grade Teacher, Mazomanie Elementary



Welcome Brianne Fechter who will be our new 5th Grade Teacher at Mazomanie Elementary. Brianne grew up in a town called Cedarburg, a suburb north of Milwaukee. She graduated in 2013 from the University of Wisconsin-Milwaukee with a license to teach grades 1-8. Along with that she also has minors in English-Language Arts and Mathematics. She has taught 5th grade for the past 3 years before coming to the Wisconsin Heights School District. Brianne currently lives in Plain, WI with her fiancé. In her free time she enjoys spending time outdoors, reading, and visiting family and friends. She also really enjoys cheering on the Brewers and the Packers!



Heather Reader
Behavioral Interventionist, Mazomanie Elementary

Welcome Heather Reader who will be our new Behavioral Interventionist at Mazomanie Elementary. Heather grew up in Onalaska, WI, graduated from OHS in May 1994 and headed to UW-Madison the following fall. She earned a Bachelor of Science in Women's Studies and Social Welfare in December of 1998 and followed that up with a Masters of Social Work from UW-Milwaukee in 2002. For the past 12 years, she has worked for the Lifespan Family Research Program at the UW's Waisman Center as a Senior Research Specialist. Last year, she was also fortunate to work as a Special Education Aide under the guidance of Becky Schuetz in our district's Early Childhood Program. She lives in Black Earth with her three children, Sophie, John, and Charlie, who are all students in the WHSD. They have a feisty dog named Floyd and an indifferent cat named Arthur. When she's not working for money, she likes to volunteer her time and talents to our 7th grade and 2nd grade Girl Scout Troops, the WH Middle School Color guard, the Black Earth Library Board, the Black Earth Field Days Committee, and various WHPTO events.



Stacey Thomas
Educational Assistant, Middle School/High School



Welcome Stacey Thomas who will be our new Educational Assistant at the Middle /High School. Stacey is originally from London, England where she graduated from North Hertfordshire College. Seven years ago Stacey moved to Spring Green, WI with her husband and three children Max (20), Kyle (17) and Edward (5). When she is not working she enjoys cooking, reading, karate and outdoor activities with her family.

**Megan Crowe****Special Education Teacher**, Middle School/High School

Welcome Megan Crowe who will be our new Special Education Teacher at the Middle/High School. Megan grew up in Black Earth, attended Black Earth Elementary and graduated from Wisconsin Heights High School in 1998. She attended college at UW-Madison and UW-Platteville with degrees in Horticulture, Biology, and Special Education. Megan is married to Isaiah Crowe (a 1996 Wisconsin Heights graduate) and they have four children; Felicity is in 5th grade, Lydia is in 4th grade, Graham is in 1st grade, and Griffin is in kindergarten. They currently live in Black Earth. In her free time she enjoys running, camping, hiking, and coaching softball.

**Pam Cashman****Special Education Teacher**, Mazomanie Elementary

Welcome Pam Cashman who will be our new Special Education Teacher at Mazomanie Elementary. Pam was honored to begin employment in the district last semester at Black Earth Elementary. She will continue teaching students with special needs at Mazomanie Elementary this school year. She will be working closely with Ms. Gullickson and Ms. Reader to meet the needs of students in the third grade classroom. The three of them have been learning and planning all summer to ensure success. Pam also enjoyed teaching the "Soaring Into Second Grade" class this summer. She is a licensed Special Education (PK-12) and Elementary/MS Teacher (1-8). Pam has spent nine years employed and 15 years volunteering as an educator. She tunes into each student's unique qualities and helps preserve their natural curiosity. Pam grew up in Amherst, WI and has lived in rural Black Earth with her family for 16 years. She enjoys camping, hiking, travel, music, arts and crafts, theater, reading, and time with family and friends.

**Robert Hanke****Cook**, Middle School/High School

Welcome Robert Hanke who will be our new Cook at the Middle/High School. Robert is from Dodgeville and worked at Lands End for 20 plus years and then retired. He has 3 boys ages 30, 27, and 7. He likes to cook at home and in his spare time he used to be a Big Brother for Iowa county.

**Davina-Marie Penne****Speech and Language Pathologist**, Black Earth Elementary

Welcome Davina-Marie Penne who will be our new Speech and Language Pathologist at the Middle/High School. Davina grew up in La Crosse and received her degrees from the University of Minnesota-Twin Cities and Portland State University. Her family lives in Mount Horeb and they are involved in 4-H, Boy Scouts and Sons of Norway. They enjoy camping, travel and being with friends & family. She looks forward to meeting and helping young minds learn and grow at Black Earth Elementary!

**Laura Ellis****Educational Assistant**, Black Earth Elementary

Welcome Laura Ellis who will be our new Educational Assistant at Black Earth Elementary. Laura is a farm girl from north-central Illinois (not Chicago). Right now she lives in Black Earth with her lovely family. Laura has two young girls, one at BE elementary. She is an alumna of Southern Illinois University and Arizona State University - M.P.A. and M.Ed. When she's not shuffling her girls to various activities, she loves being outside - hiking, biking, camping, cross-country skiing and gardening. Laura also loves to cook and bake. She loves to travel and teach her girls about new things. Her favorite subject in school was History and never misses a moment to talk about it with them, although most of the time she thinks they tune her out right away. She's hoping their attention spans will grow and they share her enthusiasm...some day.

**Lesley Houck****Educational Assistant**, Mazomanie Elementary

Welcome Lesley Houck who will be our new Educational Assistant at Mazomanie Elementary. In recent years Lesley has worked as a special Education Aide in the Dodgeville School District. She is very excited to be a part of the Wisconsin Heights family!



Sharon Redmon

Early Childhood/Special Education Academic Support Teacher, Black Earth



Welcome Sharon Redmon who will be our new Early Childhood/Special Education Support teacher at Black Earth Elementary. Sharon will be the new ECSE Teacher, Academic Support, and First Grade Mathematics teacher at Black Earth Elementary. Sharon has been teaching General Education and Special Education for over 20 years. She has a B.S. in Elementary Ed. and Early Childhood Special Ed. from UW-Stevens Point and a Masters of Science in Adaptive Ed. Assistive Technology from St. Norbert College in DePere, WI. Sharon is originally from Wisconsin and has recently moved back to the Cheese State after living in Washington State and overseas. She has three teenage boys and lives in Madison with her husband of 19 years. This year she will be working with the ECSE students within the 4K classroom in the morning Monday - Friday, providing Special Educational services and Academic Support to students in the afternoon and teaching a section of 1st Grade Math during the Mathematics block. It will be a very busy and exciting year for her! She is very excited to be here in the Wisconsin Heights School District, and is looking forward to a fantastic year.



Nick Winters

Social Studies Teacher, High School

Welcome Nick Winters who will be our new Social Studies Teacher at the High School. Nick grew up in Stoughton, WI and graduated high school from there. He went on to UW-Stevens Point for his undergraduate in Broadfield Social Studies and History. He received his teaching certificate from Edgewood College in Madison. Nick's education experience has taken him to a few different parts of the state but he is very pleased to be back in Dane County, closer to family and friends. When Nick is not teaching he enjoys fishing, hunting, traveling abroad, cooking and hanging out with his black lab. Nick is very honored and excited to be teaching at Wisconsin Heights!



Jacquelyn Frost

Interventionist, Middle School/High School



Welcome Jacquelyn Frost who will be our new Interventionist at the Middle/High School. After graduating from Marquette University, Jacquelyn started her career as a middle school Spanish teacher in the Milwaukee Public Schools where she worked with students and families from varying backgrounds in the regular education setting. Upon moving to the Madison area, she continued to teach Spanish at the middle school level at Badger Ridge Middle School in Verona. Her experiences have allowed her to see the importance of inclusive education for students with special needs and their non-disabled peers.

**Jeannie Wahlgren****Educational Assistant**, Black Earth Elementary

Welcome Jeannie Wahlgren who will be our new Educational Assistant at Black Earth Elementary. Jeannie grew up in Cross Plains and now enjoys living there with her husband, Glenn, and kids- Heather, Tyler and Amber. She graduated from UW-Madison in Elementary Education. Jeannie loves to spend time with family and friends. They are loyal Badger and Packer fans, and enjoy going to the Badger football games.

**Jessica Whalen****5th Grade Teacher**, Mazomanie Elementary

Welcome Jessica Whalen who will be our new 5th Grade Teacher at Mazomanie Elementary. This is Jessica's first year teaching and she is excited to join the Wisconsin Heights staff! Jessica grew up outside of Baraboo, WI and graduated from UW-Platteville. She enjoys outdoor activities such as hunting, fishing, trapshooting and gardening. She also loves to spend time with a great book!

**Julie Svendsen****Educational Assistant**, Black Earth Elementary

Welcome Julie Svendsen who will be our new Educational Assistant at Black Earth Elementary. Julie is originally from Middleton and still lives there today. She did move to Madison for a few years, but didn't get much further than that. Julie graduated from UW-Madison and has spent most of her career and volunteer time in education. When she's not at work, she is busy with her family. Julie and her husband spend much of their free time taking their two middle school kids to their activities. If she gets a little extra time, she likes to read, take her dog on walking adventures, and visit with family and friends. Julie is looking forward to being a part of the Wisconsin Heights School District.

**Nick Harrison****Math/Science Teacher**, Middle/High School

Welcome Nick Harrison who will be our new Math/Science Teacher at the Middle/High School. Nick grew up in Green Bay, WI and attended UW-Madison where he earned a degree in biomedical engineering. He then attended Concordia University, WI to get certified to teach. He is licensed to teach math, broadfield science, and chemistry. For the last four years, he taught various math classes at Union Grove High School, which is south of Milwaukee. This summer, he got married to his wife Sarah and moved to the west side of Madison. Outside of school he enjoys watching/playing sports and spending time outdoors. Nick and his wife also like to do puzzles, grill out, and travel. Last summer, they canoed and camped for a week in the Boundary Waters in Minnesota. Recently, they went to England and Ireland for their honeymoon. Nick is excited to get started at Wisconsin Heights and is looking forward to meeting some of you soon!

**Jeanne Heindl****Interventionist**, Mazomanie Elementary

Welcome Jeanne Heindl who will be our new Interventionist at Mazomanie Elementary. Jeanne is from Middleton WI, and graduated from UW-Madison. She taught in Texas, New Mexico, Fort Atkinson and Middleton-Cross Plains. When she was in 5th grade, her family moved "way out in the country" to the town of Middleton, and although she wasn't sure that she was going to like this change (contending with chickens on the road when she went for bike rides was a little strange at first), she eventually fell in love! And now, since her family's old homestead is the site of a Cousins Sub and a Chipotle Grill, driving in from Madison each day is like a slice of heaven! Jeanne is so happy to be part of the Wisconsin Heights family!



TO OUR NEW STAFF!



Nurse Notes

VIVIAN HEATWOLE, Pupil Services Director

Welcome back to school! Please review the following important health and medication information.



Immunizations

Immunizations are an essential part of keeping the school population healthy. The Wisconsin Student Immunization Law requires that all students meet a minimum number of required immunizations prior to school entrance. These requirements can be waived only for health, religious or personal conviction reasons. (A Student Immunization Record form with the waiver option can be found on each school's website.) Every school year, reports regarding immunization compliance must be submitted to the Local Health Department and the District Attorney. **All incoming Kindergartners and 6th graders have additional immunizations that are required.** Please see the chart below for the required immunizations by age/grade.

Age/Grade	Number of Doses					
Pre K (2 yrs-4 yrs)	4 DTP/DTaP/DT	3 Polio	3 Hep B	1 MMR	1 Var	
Grades K through 5	4 DTP/DTaP/DT/Td	4 Polio	3 Hep B	2 MMR	2 Var	
Grades 6 through 12	4 DTP/DTaP/DT/Td	1 Tdap	4 Polio	3 Hep B	2 MMR	2 Var



Medications

Please ensure that emergency medications and daily medications are at school on the first day. Prescription medications require a Medication Consent Form signed by the parent and physician. Non-prescription medications require a Medication Consent Form signed by the parent only. A new form, which can be accessed on the school's website, is required each school year. Medications must be in the original pharmacy or manufacturer's container. Please refer to the Annual Notice of Medication Procedures in School, Board Policy 453.4, or your child's handbook for further information.

Please complete and return the confidential health information card to the school. If your child has asthma, please indicate where his/her inhaler will be kept. The benefit to keeping an inhaler in the school office is that it can always be located. Students sometimes forget to transport them between school and home.

At any given time, viral illnesses are likely to be present at school. Many of these can be combated through good hand washing, getting required immunizations, proper rest and a healthy diet. Don't underestimate the importance of any of these factors. Attendance is a key factor in school success for both staff and students. Help maximize everyone's potential by ensuring your child has the proper tools to achieve success!



Nurse Notes

Continued.....

Annual Notice of Medication Procedures in School

Non-Prescription Medications: State law requires parents/guardians to complete and sign a Medication Consent Form in order for any non-prescription (over-the-counter) medication to be administered in the school. Information required includes the student's full name, name of the medication, dose, route, frequency, time/conditions, and duration. All medication must be sent to the school office in the original manufacturer's packaging and labeled with the student's full name. This includes all over-the-counter medications such as acetaminophen and ibuprofen.

Prescription Medications: State law requires that a Medication Consent Form be signed by both a parent/guardian and the prescribing physician/practitioner in order to administer prescription medications to students. Information required includes the student's full name, name of the medication, dose, route, frequency, time/conditions, and duration. All medication must be in the original pharmacy-labeled package with the correct prescription label attached.

For the safety of all students, no medication may be kept in the student's possession EXCEPT for the following:

- Students with asthma may possess and self-administer inhalers for the purpose of preventing or alleviating the onset of asthmatic symptoms. The student must have the Medication Consent Form with the signatures of a prescribing practitioner and a parent /guardian on file in the Health Office.
- A student with life-threatening allergies may possess and self-administer epinephrine (EpiPen) for the purpose of preventing or alleviating the onset of a severe allergic reaction. The student must have the Medication Consent Form with the signatures of a prescribing practitioner and a parent /guardian on file in the Health Office.
- Capable and responsible high school students (as determined by the parent/guardian, physician, school nurse, and administrator) may possess and self-administer any medication that is not considered a controlled substance. The student must have the Medication Consent Form with the signatures of a prescribing practitioner and a parent /guardian on file in the Health Office.

The school cannot provide medication for your child.



Can you believe it? The school year is here again! Summer 2016 was certainly a summer to remember! The warm temperatures allowed for lots of water and outdoor fun! We hope your kids had the chance to recharge and gear up for the 2016-2017 school year. Hopefully, you did as well! WHPTO is looking forward to an exciting school year.

We have many kid friendly events planned for the upcoming school year, including the annual Halloween Party at Black Earth Elementary School, Mazomanie Fun Night, and our second annual HEIGHTS HUSTLE, along with other new events this year too! Also, back by popular demand...Little Caesars Pizza Sale! You'll want to check your email and Facebook for all our upcoming events. We hope you will want to be a part of the excitement! Just a reminder, keep saving those Campbell's labels, Box Tops, and Milk Caps. Be sure to check out our Facebook page (search WHPTO) to keep up-to-date on what is happening with WHPTO. We encourage you to discover what we're all about! If you ever have any questions, please email us at wisconsin-heights_pto@yahoo.com.

Please join us on September 08, 2016 at 6:30 pm for our first meeting of the new school year. We will be located in the MAZOMANIE Elementary School library! Check us out!



Elementary News

DEB WINKLER, Black Earth Principal

DALE GREEN, Mazomanie Principal

We are so excited to welcome the students and parents back to Black Earth and Mazomanie Elementary Schools for the start of a wonderful school year! We hope that your summer has been relaxing and that you have had quality time with your family and friends. We are ready for a great year of learning and growing.

Three areas of focus this year will be: **Literacy, Technology, and Wellness.**

Literacy:

We are beginning our second year with our updated reading/language arts series. We are excited to continue to improve our instruction with an emphasis on phonemic awareness, fluency, comprehension and writing.

Technology:

We have a new computer program called EasyTech. This program will equip students with critical skills including keyboarding, word processing, digital citizenship, and online safety, as well as media and information literacy skills.

Wellness:

PBIS will continue to be an area of focus again this year. Keep an eye out for additional individual and schoolwide incentives and celebrations throughout the year that stress positive behaviors.

BE/MZ Elementary Magazine Sale

Each fall both elementary schools participate in a magazine fundraiser. The money raised helps us to fund field trips, school assemblies, special events, playground equipment and other student rewards and items throughout the school year. Our sale is not very lengthy, yet has always been very successful. This is our only school sponsored fundraiser outside of the parent-led (WHPTO) events. Our fundraiser is a “family-oriented” sale and not “door-to-door.” Information regarding the sale will be coming home the first few weeks of school.

Shoes for Physical Education Class

Elementary students are asked to keep a pair of shoes at school specifically for physical education class. These shoes do not need to be new, just clean. Having these shoes that are used only for physical education help keep our gym floors in good shape!

Come Join Us for Lunch!

Parents and grandparents are welcome to join a student for lunch. Please call the school office (MZ: 767-2737) or (BE: 767-2251) by 8:30 a.m. of that day or before so we can include you in our daily lunch count. The cost is \$4.00 for any non-student and needs to be paid by cash or check on or before the day you plan to eat. We look forward to seeing you!

Upcoming September Elementary Events:

Sept. 5 - No School – Labor Day

Sept. 8 - WHPTO meeting at Black Earth

Sept. 14 - Early Release (K-5 students dismissed at 11:25, no school for 4K on early release days)

Sept. 23 - Picture Retake Day

Sept. 26 - BE/MZ Magazine Sale Kick-off



Guidance Department

AUBRIE PREMO, Elementary Guidance Counselor



Elementary Counselor Corner

Welcome back to another exciting and busy school year! I hope you had a relaxing and enjoyable summer break. I am looking forward to working with our wonderful Wisconsin Heights students and families again this year. We have a lot of new and important additions to our elementary counseling program. The first new addition are updates for families in our district newsletter. Classroom guidance activities and school wide collaborations will be highlighted within this section of the newsletter.

During the month of September, classroom guidance lessons will focus on understanding the role of the school counselor, self-esteem, and beginning to touch on our kindness unit. Self-esteem, a feeling of having respect for yourself and your abilities, is essential to develop to help grow the success of our students. We begin the school year with this unit to give all students the chance to explore things they like, and things they excel in. It also gives them the opportunity to learn about all students in their new class.

Did you know?

“Guidance Counselors” are a thing of the past and are now “Professional School Counselors.” Counselors were originally introduced in schools around 1910 to provide “guidance” to students on occupational and vocational choices, and college preparation. School counselors are now licensed educators who provide a variety of services meeting state school counseling standards, such as social/emotional learning, mental health, academic, and career development.





Guidance Department

KURT WONG, Guidance Counselor

Seniors

Seniors should be working on their college applications.

Admissions officials look at:

- High school rank in class and GPA (grade point average) and the strength of a student's courses over all four high school years
- ACT and/or SAT scores
- School and community activities
- Teacher recommendations, if required
- Student essays, if required
- Overall quality of student effort in preparing the application – following directions, proper spelling, typing or neat handwriting, etc.



UW Universities/colleges Application priority dates and deadlines vary from campus to campus and sometimes among different programs at one campus. It is to your advantage to apply early! UW-Madison has the earliest priority acceptance deadline which is November 1. If you have any questions, please contact Mr. Wong or the institution to which you are applying.

The UW System has an enrollment management policy that limits the number of students each campus can accommodate. Specific programs may also have enrollment limits. Even applicants who meet minimum admission requirements may not be admitted.

You may use the UW System Application for Undergraduate Admission to apply to any UW campus. Whether you apply online or use the paper application, several items must be submitted to complete your application file.

- **A \$60 application fee must be paid to each campus to which you apply.** In cases of exceptional need, the application fee may be waived. Contact your counselor for details.
- **An official copy of your high school transcript.** If you have completed any college course work, you must also have an official transcript sent from each college or university attended.
- **ACT or SAT test scores.** Some admission offices require an official score report directly from the testing agency before evaluating an application.

Visit <https://apply.wisconsin.edu> and use the UW System online application for admission. Features of the online eApplication include easy ability to apply to multiple campuses and optional Visa or MasterCard payment of the application fee.



Guidance Department

Continued.....

The Admission Decision – High school seniors notified of admission before finishing their senior year are expected to graduate, successfully complete course work in progress at the time they applied and maintain the class rank required for admission. UW System institutions reserve the right to rescind admission if a student fails to meet conditions on which admission was based.

MATC will start processing applications as soon as they receive them. You will need to look up the specific programs you are applying to because prerequisites vary. You will also be able to find out if there is a waiting list or not. From the Madison College homepage <http://madisoncollege.edu/> click on the “A to Z Index” link and find the “Apply Online” link in the index.

Madison College’s online application is secure and easy to use:

- Save your work and come back to it later.
- Receive immediate notification of receipt via e-mail.
- No delay – application processing starts right away.

Some programs may have unique admission requirements or early such as assessment test scores, course requirements, or early admission deadlines. From the Madison College homepage, click on the link to “Programs of Study” and find your program to check for any additional requirements.

Transcripts

Students must fill out a Transcript Request Form in order to have a transcript sent to any school they are applying to. This form may be picked up outside the Guidance Office. At the present time there is no charge to have a transcript sent. Once the request is received, there will be a 2-3 day turnaround in getting the application out.

Juniors and Seniors

You can apply online for the ACT www.actstudent.org and SAT <http://www.collegeboard.com/student/index.html?student>. You can find out test dates and deadlines using these sites also.

Upcoming College Education Fairs/Events

A Wisconsin Education Fair will be held at Sun Prairie High School, **Thursday, September 22, 2016** from 9:00- 11:00 a.m. and 6:30–8:30 p.m. Students and parents will have the opportunity to meet with about 120 college/university/tech school and military representatives from the Midwest. Make sure you ask questions! Representatives are there specifically to assist you and to provide information about educational opportunities. More information can be found at <http://www.wefs.org/locations/22>. To register online go to www.gotocollegefairs.com.



Notes from the Music Department

GINA ADEMINO & ANIELA HAAS



Thank you to everyone that cheered on the Middle School Band and the High School Band and Color Guard at the Black Earth Field Days Parade and at the home football game half-time show. You may have noticed some new faces in the Music Department. Welcome to Ryan Howe and Robert Taylor, who are the High School Marching Band substitute teachers and to Michael Etzwiler, the High School Band and Middle/High School Choir substitute teacher while Mrs. Haas is on maternity leave. The High School Color Guard is instructed by Devan Brekke and the Middle School Color Guard is instructed by Heather Reader.

Upcoming Events:

- *September 11-Wild West Days Parade at 12:00 noon, arrive at 11:30 am (Middle/High School Bands & Color Guards)
 - *September 14- Fall Fundraiser kick-off (Middle/High School Bands & Choirs)
 - *September 23-Homecoming Parade at 4pm in Mazomanie, (HS Band & Color Guard)
 - *September 23-Homecoming Football game, Call Time 6 pm (HS Band & Color Guard)
 - *October 3-Music Boosters Meeting at 6:30 p.m. in Band Ensemble Room at MS/HS
- (Parents of music students and community members interested in supporting the music program are welcome to attend)

Looking to donate? (Contact Gina Ademino, 767-2586 x3402 for more information)

- Support the school music program by purchasing ad space for your business/place of work in concert programs this school year.
- The Music Department will take that used polo, lesson book, band instrument, guitar, keyboard, or music stand and get it into the hands of a music student.
- We are still collecting used ink jet cartridges (no toner tubes). You can leave them in the drop box near the office at the elementary schools or in the MS/HS office.
- Do you play an instrument? Consider volunteering your time tutoring a young music student, or possibly as a piano accompanist for Solo & Ensemble Festival.

Noteworthy Quote: "A broad education in the arts helps give children a better understanding of their world... We need students who are culturally literate as well as math and science literate." – Paul Ostergard, Vice President, Citicorp



The Wisconsin Heights High School Band & Color Guard and the Middle School Summer Band Float in the Black Earth Field Days Parade



Youth Options Program

Information for Students and Parents

Wisconsin Department of Public Instruction
Tony Evers, State Superintendent

Program Overview

The Youth Options program allows public high school juniors and seniors who meet certain requirements to take postsecondary courses at a Wisconsin technical college, a UW System college or university, a Wisconsin tribally controlled college, or a Wisconsin private, nonprofit college or university.

The program provides opportunities for high school students to get a head start on a technical certificate or an associate or bachelor's degree, to learn more about a field or career of interest, and/or to develop specific skills for entering the workforce immediately after high school graduation.

Through the Youth Options Program, a school board will determine if a desired college course can be taken for high school credit and is not comparable to a current course offered by the district. In such cases, and unless the student fails to complete or get a passing grade in the course, the district will pay the cost of tuition and fees and the student will receive both high school and college credit. This high school credit will then count toward the student meeting high school graduation requirements needed to earn a high school diploma.

Eligibility

The Youth Options Program is available to Wisconsin public school juniors and seniors who meet the following requirements:

- Have completed the 10th grade.
- To attend a technical college, are in good academic standing and have an acceptable disciplinary record.
- Apply to the postsecondary institution in the school semester prior to the one in which the student plans to attend the postsecondary course.
- No later than March 1 for a course to be taken in the fall semester or October 1 for a course to be taken in the spring semester, submit form PI-8700-A notifying the school board of the student's intention of enrolling in a postsecondary institution.
- Maintain satisfactory attendance and comply with the compulsory school attendance law under §118.15(1)(a), Wis. Stats.

Students with a Disability

Students with a disability are encouraged to participate in the Youth Options program. The school board may, however, refuse to permit a student with a disability to attend a technical college if the cost would impose an undue financial burden on the school district.

College Responsibilities

Colleges participating in the Youth Options Program must:

- Notify the school board if the student is admitted to the postsecondary institution.
- Notify the school board if the student is registered to attend a postsecondary course.

Applying for Youth Options

Students need to complete a Youth Options Program Plan and Report form PI-8700-A and submit it to their current district school board following all instructions on



the form. The form is available from the district or the DPI Youth Options website.

Students can find the Youth Options forms under "Resources" and their school district Youth Options Coordinator under "Contacts" at the DPI Youth Options website.

Applying at the College

After getting district approval on their PI-8700-A, students will need to complete admissions forms for their selected college. These forms can be acquired from the selected college or may be available from the high school counseling office.

Determining High School Credit and Comparability

The school board determines whether a postsecondary course is eligible for high school credit, how much high school credit may be awarded, and whether the course is comparable to a course offered at the school district.

Payment of Tuition and Fees

The school board must pay for any course that is taken for high school credit and that is *not comparable* to a course offered in the school district.

A student must pay for any postsecondary course taken that is comparable to a course offered at the school district.

A student must pay for a postsecondary course that is not used for high school credit.

A student must pay for incidental college fees (such as a parking permit) and for equipment, tools, supplies and consumables (notebooks, workbooks, uniforms) which will become the property of the student.

The school board must pay for the cost of any books and fees for all approved courses and materials for students attending an IHE. The school board may require the return of books and materials in a useable form.

The school board cannot expect the student to pay the cost of tuition, books, and fees then reimburse the student if the student passes the course.

The student may be required to reimburse the school district for tuition and fees if the student drops or fails the course.

Appeals

A student may appeal the school board's decision about awarding high school credit or comparability of a postsecondary course to the State Superintendent of Public Instruction within 30 days of receiving notification from the school district.

Transportation

Parents or students are responsible for transportation between the school and the postsecondary institution.

Transportation assistance is available from the DPI for low-income families (eligible for free/reduced lunch under the federal school lunch program). Transportation costs may only be reimbursed if the student is taking a postsecondary course for high school credit.

A claim for transportation reimbursement form (PI-8701) must be submitted to the DPI no later than 30 days after the end of the college semester to which the claim pertains. Students are to use the least expensive, safe means of transportation possible.

The PI-8701 is available from your school or from the DPI Youth Options webpage.

Additional information

Youth Options Program information and materials, including forms, answers to common questions, timelines, contact persons, the Youth Options State Statute, and administrative rules, are available at:

<http://dpi.wi.gov/youthoptions>

Frequently Asked Questions

Q. Can a high school refuse to participate in the Youth Options Program?

A. No. The law requires all Wisconsin public high schools to participate.

Q. Does the program apply to courses offered during evenings or weekends?

A. Yes. A student may take a postsecondary course during or after regular school hours as long as the course is offered *during the high school's regular academic year* (i.e., not during the summer session).

Q. Can a student attend a postsecondary institution in lieu of high school?

A. Yes. If the postsecondary institution offers all of the courses a student needs in order to meet his or her high school graduation requirements, he or she could attend the postsecondary school full time.

Q. How many postsecondary semester credits equal one high school credit?

A. Four. One semester credit offered for a postsecondary course is equivalent to ¼ high school credit.

For more information contact:

Your high school counselor, local college admissions representative, or call:

Kevin Miller, 608-267-3161 or 800-441-4563

Kevin.miller@dpi.wi.gov

Wisconsin Department of Public Instruction

October 2015

The Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation or disability.



NEWS

Fall
2016

For Parents and Students at
Wisconsin Heights Schools

Food Service Update!

YOUR FOOD SERVICE PROGRAM

Taher, and your Food Service Team at Wisconsin Heights, welcome you to the 2016-2017 school year! For over 35 years, Taher has been managing and operating food service programs. Now in more than 150 school districts nationwide, we implement programs that correspond with each district's mission and goals. Taher is committed to providing the SDA School District with an exciting and nutritionally-balanced school food service program.

HARVEST OF THE MONTH ~ "HEALTHY TO A T" NEWSLETTER

As part of Taher's educational initiative, we promote our Harvest of the Month Program to expose our students to fresh, healthy foods and get them to try something they may not normally try at home. Featured items may be used in an "On Display" chef demonstration, included in the Fruit & Vegetable Bar, or given out as samples for students and staff to try! Weekly educational fact flyers are prominently displayed in the café with fun facts aimed to garner interest and attention to the food.

In addition to the weekly education fact flyers for the Harvest of the Month, look for our "Healthy to a T" newsletter each month on the District's Food Service webpage. Taher's corporate dietitian Melanie Wirth, MBA, RDN, LD, incorporates tips on a healthy lifestyle in her article, and we'll feature interesting facts and a recipe for you to try at home for either the featured fruit, vegetable, spice or herb.

PROMOTIONS

We are excited to add promotions to our Elementary school lunch menu each month to enhance the lunch experience for your students. Promotions will be highlighted on the posted menu and different food items will be featured. For secondary students, we will add a new featured entrée each month. In addition, we will also feature and promote new A la Carte items.

USDA-DIRECTED GUIDELINES

Per the menu requirements for school meals, students who choose a complete meal will enjoy fruits and vegetables from our Fruit & Vegetable Bar. With Offer versus Serve, students must select at least 3 of the 5 components to make a full meal with 1 of those components being a full serving of fruit or vegetable. Anything less than a full meal will be charged using A la Carte prices.

The school nutrition program needs the support of parents to succeed! Parents can support our healthy eating initiative by encouraging your child to give healthier meals a try or by joining your child for lunch and talking about the healthy options on the menu.

FREE AND REDUCED APPLICATIONS

Included with this update are the free and reduced meal applications. If you should find your family situation to be that of financial hardship, we encourage you to apply for free/reduced meals. Families who qualify to receive free or reduced lunch also receive free or reduced breakfast.



2016-17 MEAL PRICES

BREAKFAST

K-5.....	\$1.60
6-12.....	\$1.75
Extra Milk.....	\$0.45
Adult	\$2.15

LUNCH

Elementary	\$2.90
MS/HS.....	\$3.15
Extra Milk.....	\$0.45
Adult	\$4.00

If you have any questions or concerns, please feel free to contact us. We are here to help!

Amanda Griep, Food Service Director • (608) 767-2595 ext. 1008 • Taher@wisheights.k12.wi.us



Eat different foods each day for a wide variety of nutrients.

Wisconsin Heights Elementary Lunch Menu

In addition to our entree choices, we offer a Deli Sandwich on T & Th and Fresh Salad on Wed & F

SEPTEMBER 2016

MONDAY

HOM Feature - Tomato 29

No School 5

LABOR DAY

Back to School Picnic 12

All American Burger
OR
Roasted Hot Dog

Baked Crinkle Cut Fries

HOM Feature - Tomato 19

Crispy Chicken Sub

OR
Sloppy Joe Sliders

Leafy Green Salad

National Pancake Day 26

Pancakes/Syrup~Sausage

OR
Yogurt Pak

Tri Tator

TUESDAY

HOM Feature - Tomato 30

HOM Feature - Tomato 6

County Fair Corn Dog
OR
Chicken Cacciatore and Garlic Breadstick

Rotini Pasta
Garden Carrots

HOM Feature - Tomato 13

Cheese Pizza Slice
OR
Chef Salad with WG Dinner Roll

Garden Green Beans
Fruited Gelatin

HOM Feature - Tomato 20

Hamburger on Bun

OR
Roasted Hot Dog

Savory Baked Beans

27

Cheeseburger on Bun

OR
Honey Mustard Ham Wrap

Mixed Vegetables

WEDNESDAY

HOM Feature - Tomato 31

HOM Feature - Tomato 7

Walking Taco

OR Garden Salad with WG Roll

Calico Bean Bake

Early Release 14

Bag Lunches Available
Turkey/Ham & Cheese
Sub Sandwich
Baked Chips

Baby Carrots

HOM Feature - Tomato 21

Breaded Chicken Patty Sandwich
OR
Chef Salad with a WG Dinner roll

Caesar Salad

28

Crispy Chicken Nuggets with Soft Pan Roll
OR
Taco Salad with Tortilla Chips

Golden French Fries

THURSDAY

HOM Feature - Tomato 1

Beefy Nachos with
Homemade Cheese Sauce
OR
Deli Ham & Cheese Sandwich

Refried Beans

HOM Feature - Zucchini 8

Toasted Cheese Sandwich
OR
Chicken Patty on a WG Bun
Tomato Soup

*Mock Apple Crisp with Zucchini**

HOM Feature - Tomato 15

Beef Taco's with
Lettuce & Cheese
OR
Chicken Caesar Salad

Cilantro Rice
Spiced Pinto Beans

HOM - Cantaloupe 22

Pizza Dippers with
Marinara Sauce
OR
Deli Sub

Sweet Green Peas
Fresh Cantaloupe

29

Chicken & Cheese Quesadilla
OR
Ham & Cheese Sub

Garden Green Beans

FRIDAY

HOM Feature - Tomato 2

Spaghetti with Italian Meat Sauce & Garlic Toast
OR
Crispy Chicken Salad with WG Roll

Garden Green Beans
Sidekick Slushie Cup

HOM Feature - Tomato 9

Homemade Pizza Parlor
Cheese Pizza
OR
Yogurt Pak

Caesar Salad

HOM Feature - Tomato 16

Crispy Chicken Nuggets with Garlic Bread stick
OR
Garden Salad with Garlic Breadstick

Seasoned Corn

HOM Feature - Tomato 23

Turkey & Gravy and Soft Pan Roll
OR
Garden Salad with a Soft Pan Roll

Mashed Potatoes & Gravy

30

Chicken Alfredo Pizza

OR
Chef Salad with a WG Dinner Roll

Roasted Broccoli

PRICES

Regular	\$2.90
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.45
Extra Entrée	\$1.50

(HOM) HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll.
For questions or comments, contact:
Amanda Griep, Food Service Director at:
Taher@wisheights.k12.wi.us /608-767-2595

Free & Reduced Price Meal Benefit information & application can be obtained by contacting the Food Service Office.



Wisconsin Heights Middle/High School

SEPTEMBER 2016

Lunch Menu

29

MONDAY

01

THURSDAY

Classic Cafe Beefy Nachos with
Homemade Cheese Sauce
Refried Beans

Fresh Choices Crispy Chicken Salad or
Fresh Made Ham & Cheese
Sandwich

Pizza Parlor Cheese
Pepperoni
Sausage

30

TUESDAY

02

FRIDAY

Classic Cafe Spaghetti w/ Meat Sauce
Green Beans
Garlic Toast

Fresh Choices Garden Salad with soft pan
roll or
Honey Mustard Ham Wrap

Creation Station Baked Potato Bar

31

WEDNESDAY

EXTRA INFO



All meals include Fresh Fruit and Vegetable Bar and
choice of 1% White or Chocolate Skim Milk
For questions or comments, contact Amanda Griep,
Food Service Director at: Taher@wisheights.k12.wi.us,
or call 608-767-2595 ext. 1008

Menus are subject to change without
notice. This Institution is an equal
opportunity provider.





FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED PRICE SCHOOL MEALS

Dear Parent/Guardian:

Children need healthy meals to learn. Wisconsin Heights School District offers healthy meals every school day. Breakfast costs \$1.60 (grades K-5) and \$1.75 (grades 6-12); lunch costs \$2.90 (grades K-5) and \$3.15 (grades 6-12). Your children may qualify for free meals or for reduced price meals. Reduced price is \$0.30 for breakfast and \$0.40 for lunch. This packet includes an application for free or reduced price meal benefits, and a set of detailed instructions. Below are some common questions and answers to help you with the application process.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from FoodShare, The Food Distribution Program on Indian Reservations (FDPIR)], or W-2 cash benefits are eligible for free meals.
- Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school's Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below the limits on this chart.

FEDERAL ELIGIBILITY INCOME CHART For School Year 2016-2017			
Household size	Yearly (\$)	Monthly (\$)	Weekly (\$)
1	21,978	1,832	423
2	29,637	2,470	570
3	37,296	3,108	718
4	44,955	3,747	865
5	52,614	4,385	1,012
6	60,273	5,023	1,160
7	67,951	5,663	1,307
8	75,647	6,304	1,455
Each additional person:	7,696	642	148

2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and have not been told your children will get free meals, please call 608-767-2595 ext.1008.
3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. *Use one Free and Reduced Price School Meals Application for all students in your household.* We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: **Amanda Griep, 10173 US Hwy 14 Mazomanie, WI 53560.**
4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact **Amanda Griep, 10173 US Hwy 14 Mazomanie, WI 53560, 767-2595 ext.1008, Taher@wisheights.k12.wi.us** immediately.
5. DO I NEED TO FILL OUT AN APPLICATION IF MY CHILD ATTENDS A COMMUNITY ELIGIBILITY PROVISION SCHOOL (CEP)? If your child attends a school that participates in CEP, receipt of free breakfast and lunch meals does not depend on returning this application. However, this information is necessary for other programs and may be used to determine if your household is eligible for additional benefits.



6. CAN I APPLY ONLINE? Yes! You are encouraged to complete an online application instead of a paper application if you are able. The online application has the same requirements and will ask you for the same information as the paper application. Visit: www.wisheights.k12.wi.us to begin or to learn more about the online application process.
7. Contact **Amanda Griep, 608-767-2595 ext.1008, Taher@wisheights.k12.wi.us** if you have any questions about the online application.
8. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? **Yes.** Your child's application is only good for that school year and for the first few days of this school year, through **September 30**. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
9. I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
10. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
11. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
12. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: **Randy Freese, District Administrator, 10173 US Hwy 14 Mazomanie, WI 767-2595, rfreese@wisheights.k12.wi.us**
13. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
14. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you normally receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
15. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write a 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
16. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Do not include any combat pay resulting from deployment as income.
17. WHAT IF THERE IS NOT ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper and attach it to your application.
18. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for FoodShare or other assistance benefits, contact your local assistance office or call 1-800-362-3002.

If you have other questions or need help, call 608-767-2595 ext.1008.

Sincerely,

Amanda Griep, Food Service Director of Wisconsin Heights District, Taher@wisheights.k12.wi.us



HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS

Please use these instructions to help you fill out the application for free or reduced price school meals. You only need to submit one application per household, even if your children attend more than one school in Wisconsin Heights School District. The application must be filled out completely to certify your children for free or reduced price school meals. Please follow these instructions in order. If at any time you are not sure what to do next, please contact Wisconsin Heights School District; 608-767-2595.

If your child attends a Community Eligibility Provision School (CEP), receipt of free breakfast and lunch meals does not depend on returning this application; however, this information is necessary for other programs.

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP 1: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN, AND STUDENTS UP TO AND INCLUDING GRADE 12

Tell us how many infants, children, and school students live in your household. They do NOT have to be related to you to be a part of your household.

Who should I list here? When filling out this section, please include ALL members in your household who are:

- Children age 18 or under AND are supported with the household's income;
- In your care under a foster arrangement, or qualify as homeless, migrant, or runaway youth, or enrolled in a Head Start program; and
- Students attending Wisconsin Heights School District, regardless of age.

A) List each child's name. Print each child's name. Use one line of the application for each child. When printing names, write one letter in each box. Stop if you run out of space. If there are more children present than lines on the application, attach a second piece of paper with all required information for the additional children.	B) Enter the grade and the name of the school the child attends or mark n/a if not in school. Enter the grade level of the student in the 'Grade' column.	C) Do you have any foster children? If any children listed are foster children, mark the "Foster Child" box next to the children's names. If you are ONLY applying for foster children, after finishing STEP 1, go to STEP 4. Foster children who live with you may count as members of your household and should be listed on your application. If you are applying for both foster and non-foster children, go to step 3.	D) Are any children homeless, migrant, runaway or enrolled in a Head Start program? If you believe any child listed in this section meets this description, mark the "Homeless, Migrant, Runaway or Head Start" box next to the child's name and complete all steps of the application.
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STEP 2: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN FoodShare, W-2 Cash Benefits OR FDPIR?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:

- The Supplemental Nutrition Assistance Program (SNAP) or FoodShare.
- Temporary Assistance for Needy Families (TANF) or W-2 Cash Benefits.
- The Food Distribution Program on Indian Reservations (FDPIR).

A) If no one in your household participates in any of the above listed programs: • Leave STEP 2 blank and go to STEP 3.	B) If anyone in your household participates in any of the above listed programs: • Write a case number for FoodShare, W-2 Cash Benefits, or FDPIR. You only need to provide one case number. If you participate in one of these programs and do not know your case number, contact your case worker. Please note, a BadgerCare case number is not a qualifier for free meals. • Go to STEP 4.
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STEP 3: REPORT INCOME FOR ALL HOUSEHOLD MEMBERS

How do I report my income?

- Use the charts titled "Sources of Income for Children" and "Sources of Income for Adults," printed on the back side of the application form, to determine if your household has income to report.
- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents. Gross income is the total income received before taxes. Many people think of income as the amount they "take home" and not the total, "gross" amount. Make sure that the income you report on this application has NOT been reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay.



- Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be investigated.
- Mark how often each type of income is received using the check boxes to the right of each field.

3.A. REPORT INCOME EARNED BY CHILDREN

A) Report all income earned or received by children. Report the combined gross income for ALL children listed in STEP 1 in your household in the box marked "Child Income." Only count foster children's personal income if you are applying for them together with the rest of your household.

What is Child Income? Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income.

3.B. REPORT INCOME EARNED BY ADULTS

List adult household members' names.

- Print the name of each household member in the boxes marked "Names of Adult Household Members (First and Last)." When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, even if they are not related and even if they do not receive income of their own.
- **Do NOT include:**
 - People who live with you but are not supported by your household's income AND do not contribute income to your household.
 - Infants, Children and students already listed in **STEP 1.**

C) Report earnings from work. Report all total gross income (before taxes) from work in the "Earnings from Work" field on the application. This is usually the money received from working at jobs. If you are a self-employed business or farm owner, you will report your net income. What if I am self-employed? Report income from that work as a net amount. This is calculated by subtracting the total operating expenses of your business from its gross receipts or revenue.	D) Report income from public assistance/child support/alimony. Report all income that applies in the "Public Assistance/Child Support/Alimony" field on the application. Do not report the cash value of any public assistance benefits NOT listed on the chart. If income is received from child support or alimony, only report court-ordered payments. Informal but regular payments should be reported as "other" income in the next part.	E) Report income from pensions/retirement/all other income. Report all income that applies in the "Pensions/Retirement/ All Other Income" field on the application.
F) Special Situations. For seasonal workers and others whose income fluctuates and usually earn more money in some months than others. In these situations, project the annual rate of income and report that. This includes workers with annual employment contracts but may choose to have salaries paid over a shorter period of time; for example, school employees.	G) Report total household size. Enter the total number of household members in the field "Total Household Members (Children and Adults)." This number MUST be equal to the number of household members listed in STEP 1 and STEP 3 . If there are any members of your household that you have not listed on the application, go back and add them. It is very important to list all household members, as the size of your household affects your eligibility for free and reduced price meals.	H) Provide the last four digits of your Social Security Number (SSN). An adult household member must enter the last four digits of their SSN in the space provided. You are eligible to apply for benefits even if you do not have a SSN. If no adult household members have a SSN, leave this space blank and mark the box to the right labeled "Check if no SSN."

STEP 4: CONTACT INFORMATION AND ADULT SIGNATURE

An adult member of the household must sign the application. By signing the application, that household member is promising that all information has been truthfully and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application.

A) Provide your contact information. Write your current address in the fields provided if this information is available. If you have no permanent address, this does not make your children ineligible for free or reduced price school meals. Sharing a phone number, email address, or both is optional, but helps us reach you quickly if we need to contact you.	B) Print and sign your name. Print the name of the adult signing the application and that person signs in the box "Signature of adult."	C) Write today's date. In the space provided, write today's date in the box.	D) Share children's racial and ethnic identities (optional). On the back of the application, we ask you to share information about your children's race and ethnicity. This field is optional and does not affect your children's eligibility for free or reduced price school meals.
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2016-2017 Application for Free and Reduced Price School Meals

Complete one application per household. Please use a pen (not a pencil).

Apply online at: ().

[illegible]

STEP 4

Contact information and adult signature

I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws.*

Street Address (if available)

Apt. #

City

State

Zip

Daytime Phone and Email (optional)

Printed Name of Adult Completing the Form

Signature of Adult Completing the Form

Today's Date Mo./Day/Yr.



INSTRUCTIONS Source of Income

Sources of Child Income	Example(s)
- Earnings from work	- A child has a regular full or part-time job where they earn a salary or wages
- Social Security	- A child is blind or disabled and receives Social Security benefits
- Disability payments	- A parent is disabled, retired, or deceased, and their child receives Social Security benefits
- Survivor's benefits	- A friend or extended family member regularly gives a child spending money
- Income from person outside the household	- A child receives regular income from a private pension fund, annuity, or trust
- Income from any other source	

Sources of Income for Adults

Earnings from Work	Public Assistance / Alimony / Child Support	Pensions / Retirement / All Other Income
<ul style="list-style-type: none"> - Salary, wages, cash bonuses - Net income from self-employment (farm or business); calculated by subtracting the total operating expenses of your business from its gross receipts or revenue; refer to Schedule C or F - If you are in the U.S. Military: <ul style="list-style-type: none"> - Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances) - Allowances for off-base housing, food and clothing 	<ul style="list-style-type: none"> - Unemployment benefits - Worker's compensation - Supplemental Security Income (SSI) - Cash assistance from State or local government - Alimony payments - Child support payments - Veteran's benefits - Strike benefits 	<ul style="list-style-type: none"> - Social Security (including railroad retirement and black lung benefits) - Private pensions or disability benefits - Regular income from trusts or estates - Annuities - Investment income - Earned interest - Rental income - Regular cash payments from outside household

OPTIONAL Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

Ethnicity *Check one* ☐ Hispanic or Latino ☐ Not Hispanic or Latino
Race *Check one or more* ☐ American Indian or Alaskan Native ☐ Asian

☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander ☐ White

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW Washington, D.C. 20250-9410
Fax: (202) 690-7442, or
Email: program.intake@usda.gov

This institution is an equal opportunity provider.

Do not fill out For School Use Only

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice a Month x 24, Monthly x 12

Total Income

How often?

Weekly ☐ Bi-Weekly ☐ 2x Month ☐ Monthly ☐ Yearly ☐

Categorical Eligibility ☐

Eligibility

Free ☐ Reduced ☐ Denied ☐

Date Denied

Reason for Denial or Withdrawal

Determining Official's Signature

Date Mo./Day/Yr.

Confirming Official's Signature

Date Mo./Day/Yr.

Verifying Official's Signature

Date Mo./Day/Yr.

Required for Verification

Required for Verification

For schools participating in CEP only:

Are all students on this application from a CEP school? YES ☐ NO ☐

If YES, the processing of this application cannot be paid for by the nonprofit school food service account. Only non-CEP applications are used for selecting the verification sample, conducting an independent review of applications, and the Certification and Benefit Issuance portion of the Administrative Review.



Wisconsin Heights 2016-2017 School Calendar

Approved by the BOE 2/8/2016

AUGUST 2016						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2016						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER 2016						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2016						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2016						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2017						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH 2017						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

APRIL 2017						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY 2017						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUNE 2017						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY 2017						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Inservice- New Teachers No School			
Inservice- No School		First Day of School	Early Release
No School		No School Parent / Teacher Conferences	Last Day of School

Registration Day (12:00 PM-7:00 PM) Aug 10
 Inservice – New Teachers only Aug 17-18
 Inservice – All Teachers Aug 22 – 25
 Open House Aug 25
 First Day of School (PK-12) Sept 1
 NO SCHOOL Sept 5
 Early Release Sept 14
 NO SCHOOL (Teacher PD Day) Oct 10
 PT Conferences; NO SCHOOL Oct 27
 NO SCHOOL Oct 28
 End of 1st Quarter (6-12) Nov 4
 End of 1st Trimester (PK-5) Nov 22
 NO SCHOOL Nov 23-25
 WINTER BREAK Dec 23 – Jan 2
 End of 2nd Quarter (6-12) Jan 19
 NO SCHOOL (Teacher Workday) Jan 20
 NO SCHOOL (Teacher PD Day) Jan 23
 PT Conferences: Regular School Day for Students, Conferences Held 4:00 PM – 8:00 PM Feb 16
 PT Conferences: NO SCHOOL
 Conferences Held 8:00 AM – 12:00 PM Feb 17
 NO SCHOOL (Teacher PD Day) Feb 20
 End of 2nd Trimester (PK-5) Mar 7
 Early Release Mar 8
 End of 3rd Quarter (6-12) Mar 24
 SPRING BREAK Mar 27-31
 NO SCHOOL Apr 14
 Early Release May 10
 NO SCHOOL May 29
 Last Day of School – Full Day June 7
 End of 4th Quarter and 3rd Trimester June 7
 Snow make-up day, if needed June 8

NOTES:

- Early Release Times
K-5 - 11:25 AM MS/HS - 11:45 AM
- Staff Development on
Early Release Days 12:30 PM – 3:30 PM
- Parent-Teacher Conferences
October 28 12:00 PM – 8:00 PM
February 16 4:00 PM – 8:00 PM
February 17 8:00 AM – 12:00 PM*
*Teachers are off in the afternoon

STAFF NOTES:

175 Instruction Days
 2 PT Conference Days
 7 Inservice Days
 1 Teacher Workday
 3 Paid Holidays (Labor Day, Thanksgiving, Memorial Day)
 188 Contract Days
 Teachers choose which workday they work between January 20th or the day after the last day of school.

WISCONSIN HEIGHTS SCHOOL DISTRICT

10173 US Highway 14
Mazomanie, WI 53560

Phone: (608) 767-2595
Fax: (608) 767-3579
Email: rfreese@wisheights.k12.wi.us

"Every Child... Every Class... Every Day"

September Athletic Events

RICH MOYER, ASSISTANT PRINCIPAL & ATHLETIC DIRECTOR

The following must be turned in to the office before a student is allowed to participate in extra-curricular activities:

- Current physical or 2nd year card
- Concussion Form
- Emergency Contact Form
- Fees Paid

BOYS SOCCER (Partial Schedule)

9/6 - JV @ Lodi HS - 5:00 PM
9/6 - V @ Lodi HS - 6:45 PM
9/9 - JV vs Dodgeville - 5:00 PM
9/9 - V vs Dodgeville - 6:45 PM
9/13 - JV @ Cambridge HS - 5:00 PM
vs. Cambridge - Deerfield
9/13 - V @ Cambridge HS - 6:45 PM
vs. Cambridge - Deerfield
9/15 - JV vs Madison Country Day
9/15 - V vs Madison Country Day
9/17 - V Only Invite - 10:00 AM
9/20 - JV vs Lake Mills - 5:00 PM
9/20 - V vs Lake Mills - 6:45 PM
9/22 - JV @ Columbus HS - 4:15 PM
9/22 - V @ Columbus HS - 6:00 PM
9/24 - JV vs Sugar River - 10:00 AM
9/24 - V vs Sugar River - 11:45 AM
9/27 - JV vs Baraboo - 5:00 PM
9/27 - V vs Wisconsin Dells - 6:45 PM
9/29 - JV vs Sauk Prairie - 5:00 PM
9/29 - V vs Sauk Prairie - 6:45 PM

VARSITY FOOTBALL

(Partial Schedule)
9/9 @ Elkhart Lake-Glenbeulah HS - 7:00 PM
9/16 @ Oakfield HS - 7:00 PM
9/23 vs Valley Christian - 7:00 PM
(HOMECOMING)

HIGH SCHOOL CROSS COUNTRY

(Partial Schedule)
9/3 @ Darlington 8:45 AM
9/10 @ River Valley 8:30 AM
9/17 @ Belleville - 9:00 AM
9/20 @ Belleville - Conference Meet - 4:00 PM
9/24 @ Fennimore - 8:20 AM
9/27 @ Portage - 4:45 PM

MIDDLE SCHOOL CROSS COUNTRY

(Partial Schedule)
9/12 @ Home 4:15 PM
9/15 @ Mt Horeb 4:15 PM
9/29 @ Verona - 4:00 PM



V = Varsity JV = Junior Varsity

7/8 = Indicates Grade MS = Middle School HS = High School

BOLD indicates a game played at home

HIGH SCHOOL VOLLEYBALL

(Partial Schedule)

9/1 - JV @ Cambridge HS - 5:15 PM
9/1 - V @ Cambridge HS - 6:30 PM
9/3 - JV Only Invite @ Poynette - 8:00 AM
9/6 - JV vs Belleville - 5:15 PM
9/6 - V vs Belleville - 6:30 PM
9/8 - JV vs New Glarus - 5:15 PM
9/8 - V vs New Glarus - 6:30 PM
9/10 - V Only Invite @ Kettle Moraine HS - 8:30 AM
9/13 - JV @ Waterloo HS - 5:15 PM
9/13 - V @ Waterloo HS - 6:30 PM
9/15 - JV vs Marshall - 5:15 PM
9/15 - V vs Marshall - 6:30 PM
9/17 - V Only Invite @ Middleton HS - 8:00 AM
9/20 - JV vs Cambridge - 5:15 PM
9/20 - V vs Cambridge - 6:30 PM
9/27 - JV @ Belleville - 5:15 PM
9/27 - V @ Belleville - 6:30 PM
9/29 - JV vs TBD - 5:15 PM
9/29 - V vs TBD - 6:30 PM

MIDDLE SCHOOL VOLLEYBALL

(Partial Schedule)

9/19 - 7/8 @ Lodi - 4:15 PM
9/22 - 7/8 vs Sauk Prairie - 4:15 PM
9/26 - 7/8 vs Mount Horeb - 4:15 PM
9/29 - 7/8 vs Badger Ridge - 4:15 PM