



# DISTRICT NEWSLETTER

NOVEMBER 2016

*Every Child....Every Class....Every Day*

## MESSAGE FROM THE DISTRICT ADMINISTRATOR / RANDY FREESE

Many years ago a person suggested to me that “schools reflect society”. This concept has many implications, some challenging and some optimistic. Certainly schools are challenged by a variety of social issues, conditions and questions regarding effectiveness. On the other hand, and in a very rewarding sense, schools are very often viewed as an effective place with the means necessary for addressing, improving, and shaping a better future.

Certainly schools have been created for the purpose of student learning, for helping students acquire the skills and habits they will need to thrive in their increasingly complex world. Schools must embrace increasing academic expectations, accountability, and the need to do the hard work of enhancing learning for students. Staff must also believe that all children can learn and that our mission as educators is to create the conditions that foster learning and ignites the natural curiosity that lies inside children of all ages.

There is another side to our work that is a critical piece in preparing our students for their future, for becoming contributing members of society. As conveyed by Former Secretary of Education Margaret Spellings, “*We must not simply teach children how to count, we must teach them what counts*”.

Perhaps an underlying and contributing factor in creating a peaceful and sustainable society – a “what counts”- is *kindness*. This simple concept seems applicable in reflecting about where we have been, are now, and wish to become as a society. *Kindness* is treating others with respect, compassion, and understanding. *Kindness* is being friendly, helpful, caring, and looking out for others. It is being polite, sharing, having good manners, doing our best and helping others in doing their best. It seems too simple, but perhaps *kindness* may truly be a fundamental way of shaping a better future and society for all.

We are at the point of the school year where discussions take place about students’ progress. Parents, students, and staff discuss report cards, academic growth, the many good things that have taken place, and the things we need to focus on to improve. Amidst these conversations about academic and social development at this time, and throughout the year, is an opportunity to reinforce *kindness* as something that we should all strive for.

Wisconsin Heights is filled with wonderful children, families, schools, and communities. We care about our children, our neighbors, and the future. By caring, learning, and supporting each other we move our society ahead...let’s keep it up!



# Elementary News

DEB WINKLER, Black Earth Principal

DALE GREEN, Mazomanie Principal

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Thank you for attending Parent-Teacher Conferences on October 27<sup>th</sup>. Our first trimester report cards will be coming home in backpacks on December 1st.

Parents, please note that our teachers may not have the opportunity to read and respond to emails immediately during the school day. Our teachers have full schedules with students throughout each day and depending on their daily schedule and planned meetings after school, they do not always have an opportunity to check their email messages. Our teachers will do their best to reply to you in a timely manner; but if your email message is something that needs to be addressed prior to the end of the day, please include the office in your email.

You may also call the school office and we can get a message to the teacher.

Please allow time for teachers to gather and organize homework that will be missed due to a child's absence. Teachers can have homework ready for pick-up at the end of the school day if requested by the parent when calling in the morning of their child's absence.

Have a wonderful Thanksgiving!

## Are you ready? Winter is coming...

Coats, hats mittens, scarves...Does your child have all the things he or she needs? All students need to go outside daily at recess for fresh air and exercise. Please make sure your child is appropriately dressed.

Please label your children's coats, snow pants, sweatshirts, mittens and hats with their initials or their first name and last initial to help identify these items if they are ever lost or misplaced.

With the winter season fast approaching, here are a few reminders:

- ⇒ There may be times when school is cancelled or delayed. Please refer to the local television and radio stations for the latest updates. If we do experience a late start, the breakfast program will not be available.
- ⇒ Are your Snow Closing/Early Dismissal plans for your child still the same or do they need to be updated? (These plans were on one of the forms we asked you to fill out during our registration in August.) If they need to be updated, please send a note with the new information to your school office and to your child's teacher.

## November Elementary Events:

Nov. 1st	5 <sup>th</sup> Grade Band Concert, 7:00PM, MZ Gym
Nov. 3rd	WHPTO Meeting, 6:30PM, MZ LMC
Nov. 4th	MOO Science Club, 3:00-4:30PM (3 <sup>rd</sup> & 4 <sup>th</sup> Grade) Opera for the Young, 1:30PM
Nov. 6th	Daylight Savings Time Ends...set your clocks back one hour!
Nov. 18th	MOO Science Club, 3:00-4:30PM, MZ (4 <sup>th</sup> & 5 <sup>th</sup> Grade)
Nov. 22nd	End of 1 <sup>st</sup> Trimester
Nov. 23rd	No school for students. THANKSGIVING BREAK
Nov. 24th	No school for students. THANKSGIVING BREAK
Nov. 25th	No school for students. THANKSGIVING BREAK

# Elementary News.....cont'd

DEB WINKLER, Black Earth Principal

DALE GREEN, Mazomanie Principal

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Here are some fun events that have happened at Black Earth Elementary last month:

## Fire Safety Month

Black Earth Elementary students were able to see all the working parts of a fire truck, sit inside the fire truck, and even got to see all the clothes fireman get to wear. In the classroom students participated in various activities and learned even more about fire safety.



## Favorite Hat Day

Students at Black Earth Elementary filled the apple basket for a second time this year and got to wear their favorite hat to school. Students fill the apple basket by earning Gotcha Tickets when they are safe, respectful and responsible.

## Halloween Bash

Students from Black Earth and Mazomanie Elementary Schools gathered to celebrate Halloween on Oct. 21st. Students dressed up in their favorite costumes, danced to the music, walked through the haunted house, and ate treats in the cafeteria.



(Ms. Crede's classroom.)



# Elementary Counseling Department

AUBRIE PREMO, Elementary Counselor

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During the month of November, classroom guidance lessons will be focused on Bullying Prevention and Friendship. Starting with bullying prevention, we will be using the “Weird!” book series by Erin Frankel to guide our discussion and lesson. This series gives us the opportunity to look at bullying from all three angles, Bully, Bystander, and Victim. Our fourth and fifth graders will also be learning about cyberbullying. We will have some of our local deputies come in to present on the dangers of the cyber world and how to stay safe online.

Friendship will be focused on how to make friends, how to keep friends, and the keys to being a good friend. Friendships help students stay connected to school and positive friends can create positive individuals. Take this time to talk with your student about who they are friends with and what they value in a friend!

## Acts of Kindness

“I helped donate to the Mazo Splash Pad from a lemonade stand I had with a friend.” - Mikayla T.

“At my football game, I tackled someone then I helped him up.” - Devan B.

“I saw a man reach into his pocket and drop \$20, I then gave it back to the man.” - Hunter E.

“I helped my mom cook dinner when she was sick.” - Robyn R.

“I helped my brother learn how to tie his shoes.” - Emersyn S.

“I made my cousin a poster to welcome him home from the army.” - Emma R.



**Kimberly Ruedy**

Educational Assistant, Mazomanie Elementary



Welcome Kimberly Ruedy who will be our new Educational Assistant at Mazomanie Elementary.

## Library News

SANDY CHURCHILL, Library Media Specialist

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In October, the High School LMC featured scary, spooky books and in November, the seasons will be featured.

The Middle School is gearing up for the Battle of the Books contest. Teams have been formed and they have been choosing the book they want to read. We'll keep you posted on their progress!

Black Earth and Mazomanie students have been learning / reviewing the different parts of the LMC.

# Middle/High School News

ASTA SEPETYS, Principal

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What a beautiful fall we are having! With Homecoming festivities behind us, and multiple fall sport accomplishments completed, we are in full swing at the Middle/High School, buckling down for a new wave of academic rigor and vigor. We proceeded into late October with Parent/Teacher conferences October 27th. If you were unable to attend Parent/Teacher conferences, or have any extended questions or concerns regarding your child's progress, please feel free to contact teachers directly. We want to maintain an open line of communication with parents.

## **Upcoming Dates to remember:**

Wednesday, Nov. 2: HS Winter Sports Meeting, 5 PM

Sunday, Nov. 6: Daylight Savings Time Ends. Set your clocks back one hour!

Monday, Nov. 7: Capitol Conference HS Academic Bowl at Waterloo, 4:30 PM

Tuesday, Nov. 8: Election Day! Eligible students allowed to leave during study hall to go vote.

Thursday, Nov. 10: HS Capitol Conference Honors Band at Lake Mills

Friday, Nov. 11: Veterans Day Assembly, 9:30AM

Saturday, Nov. 12: Wisconsin Heights Craft Fair, 8:00AM - 3:00PM

Monday, Nov. 14: MS Capitol Conference Honors Choir at Waterloo

Tuesday, Nov. 22: End of 1st Trimester for MS "Specials"

Nov. 23 - 25: NO SCHOOL, THANKSGIVING BREAK

On another note, if you would like to be added to our "MS-HS Weekly Newsletter email UPDATE," please send your email address to [asepetys@wisheights.k12.wi.us](mailto:asepetys@wisheights.k12.wi.us) and we will add you to our list!

Enjoy the fall colors!

## **FFA Fruit Sales**

The Wisconsin Heights FFA chapter is having their annual fruit sale! If you are looking for top-quality fresh fruit or a great holiday gift for a friend or family, then look no further! The FFA has everything from apple, orange and grapefruit boxes to beef sticks and mixed fruit boxes.

To request an order form, please send an email to: [khouser@wisheights.k12.wi.us](mailto:khouser@wisheights.k12.wi.us), call 767-2586 ext. 3303 or you can download a form from the Wisconsin Heights School District website.

All orders must be in by Tuesday, November 22nd at 8:00 a.m



# Guidance Department

KURT WONG, MS/HS Guidance Counselor

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## Seniors

Seniors should be working on their college applications.

Admissions officials look at:

High school rank in class and GPA (grade point average) and the strength of a student's courses over all four high school years

ACT and/or SAT scores

School and community activities

Teacher recommendations, if required

Student essays, if required

Overall quality of student effort in preparing the application – following directions, proper spelling, typing or neat handwriting, etc.

**UW Universities/colleges** Application priority dates and deadlines vary from campus to campus and sometimes among different programs at one campus. It is to your advantage to apply early! UW-Madison has the earliest priority acceptance deadline which is November 2. If you have any questions, please contact Mr. Wong or the institution to which you are applying.

The UW System has an enrollment management policy that limits the number of students each campus can accommodate. Specific programs may also have enrollment limits. Even applicants who meet minimum admission requirements may not be admitted.

You may use the UW System Application for Undergraduate Admission to apply to any UW campus. Whether you apply online or use the paper application, several items must be submitted to complete your application file.

**A \$50 application fee (\$60 for UW Madison) must be paid to each campus to which you apply.** In cases of exceptional need, the application fee may be waived. Contact your counselor for details.

**An official copy of your high school transcript.** If you have completed any college course work, you must also have an official transcript sent from each college or university attended.

**ACT or SAT test scores.** Some admission offices require an official score report directly from the testing agency before evaluating an application.

Visit <https://apply.wisconsin.edu> and use the UW System online application for admission. Features of the online eApplication include easy ability to apply to multiple campuses and optional Visa or MasterCard payment of the application fee.

# Guidance Department

Continued.....

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**The Admission Decision** – High school seniors notified of admission before finishing their senior year are expected to graduate, successfully complete course work in progress at the time they applied and maintain the class rank required for admission. UW System institutions reserve the right to rescind admission if a student fails to meet conditions on which admission was based.

## **MATC Registration**

MATC will start processing applications as soon as they receive them. You will need to look up the specific programs you are applying to because prerequisites vary. You will also be able to find out if there is a waiting list or not. From the Madison College homepage <http://madisoncollege.edu/> click on the “A to Z Index” link and find the “Apply Online” link in the index.

Madison College’s online application is secure and easy to use:

Save your work and come back to it later.

Receive immediate notification of receipt via e-mail.

No delay – application processing starts right away.

Some programs may have unique admission requirements or early such as assessment test scores, course requirements, or early admission deadlines. From the Madison College homepage, click on the link to “Programs of Study” and find your program to check for any additional requirements.

## **Transcripts**

Students must fill out a Transcript Request Form in order to have a transcript sent to any school they are applying to. This form may be picked up outside the Guidance Office. At the present time there is no charge to have a transcript sent. Once the request is received, there will be a 2-3 day turnaround in getting the application out.

## **Juniors and Seniors**

You can apply online for the ACT [www.actstudent.org](http://www.actstudent.org) and SAT <http://www.collegeboard.com/student/index.html?student>. All juniors will be taking the ACT here at the high school on February 28, 2017. You can find out other test dates and deadlines using these sites also.

## **8<sup>th</sup> Grade Parents’ Night**

Stay tuned for more information on an informational night for parents which will help to explain many of the questions you may have about the transition to high school. It is tentatively scheduled for some time in early December. You will be able to ask any questions that you have about scheduling or the general transition to high school. Besides learning about this transition, you will become familiarized with Wisconsin Heights High School graduation requirements and the coursework that will prepare students for post-secondary options.

# Notes from the Music Department

GINA ADEMINO & MICHAEL ETZWILER

## ***Kudos...***

On Oct. 4th, eight Wisconsin Heights High School Choir members attended an all day Choral Festival at UW-Platteville. Wisconsin Heights female students joined students from other south western regional high schools to create an all female choir of more than 150 singers. Wisconsin Heights student, Brooks Lueck joined more than 80 other male students to create their combined male choir. The day consisted of rehearsing eight different choral pieces, four for the female choir and four for the male choir, and culminated in a sold out concert in the evening. Also joining the Festival Male and Female Choirs were three choirs made up of UW-Platteville students. All Choirs were led by UW-Platteville Music Faculty members Bob Demaree and Brian Burns.



front) Channing Kepler, Mardi Biser  
middle) Brooks Lueck, Isy Lamberty, Nikki Lisiecki,  
back) Leah Adler, Hannah Brekke and Destinee



## **Mark your calendar...**

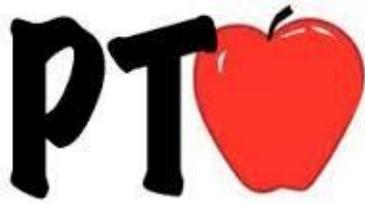
for this year's musical production of  
"Little Shop of Horrors" by our very own WHHS Drama  
Club with shows on December 9<sup>th</sup> & 10<sup>th</sup> at 7:00 p.m. and  
December 11<sup>th</sup> at 2:00 p.m.

## ***Music Department Upcoming Events in November:***

- \*November 1-5<sup>th</sup> Grade Band Concert 7:00 PM at Mazo Elem. Gym
- \*November 4 - Mazomanie Elementary School "Opera For the Young" 1:15 PM
- \*November 7- Music Boosters Meeting 6:30 PM, Band Ensemble Room
- \*November 10 - HS Conference Honors Band at Lake Mills (select students)
- \*November 11- Veterans Day Program (Gr.7-12 Band members) 9:28 AM, WHMS/HS North Gym
- \*November 12 - Wisconsin Heights Craft Fair~ support the Music Boosters Bake Sale & Food Line in the cafeteria & select musicians perform

## ***Looking to donate? (Contact Gina Ademino, 767-2586 x3402 for more information)***

- ⇒ The Music Department will take that used polo shirt, lesson book, band instrument, guitar, keyboard, or music stand, and get it into the hands of a music student.
- ⇒ We are still collecting used ink jet cartridges (nothing larger than a foot & no toner tubes). You can leave them in the drop box near the office at the elementary schools or in the MS/HS office.
- ⇒ Do you play an instrument? Consider volunteering your time tutoring a young music student, or possibly as a piano accompanist for Solo & Ensemble Festival.



WHPTO NEWS... a huge thank you to everyone who attended the Black Earth Halloween Bash! It's always so much fun to see the students dressed up and having a great time dancing the night away in the gym. Thank you to Kris Muschitz and her family for donating their time, energy and supplies to make this event so successful, and to all of our volunteers! WHPTO is full of wonderful people who step in and take over to create fun events for our children. Thank you also to Nicole Kartman and her crew of workers for organizing the kitchen sales and servers. Our next opportunity for volunteers will be at the Craft Fair on November 12th. This is a great event that is certain to get you in the holiday mood! If you are interested in greeting shoppers at the door, setting up or tearing down, let us know! We will get you all of the details. Also, Santa Shop is right around the corner, December 6th-8th. Keep an eye out for more details coming home in your child's folder. Enjoy the colors of the season and the crispness in the air! We hope to see you at our WHPTO meeting on November 3rd at 6:30pm at the Mazomanie Elementary LMC.



Did you know that the Wisconsin Heights PTO is listed as an AmazonSmile charity?

We're listed as Wisconsin Heights Parent-Teacher Organization. Just clicking on your AmazonSmile bookmark to get to your regular amazon.com shopping donates 0.05% of your purchase to us. It adds up...especially with us amazon prime shoppers.

To sign-up for AmazonSmile go here <https://smile.amazon.com> Thanks for helping us give to our schools!



Like Message Share



Wisconsin Heights School District  
Official Page

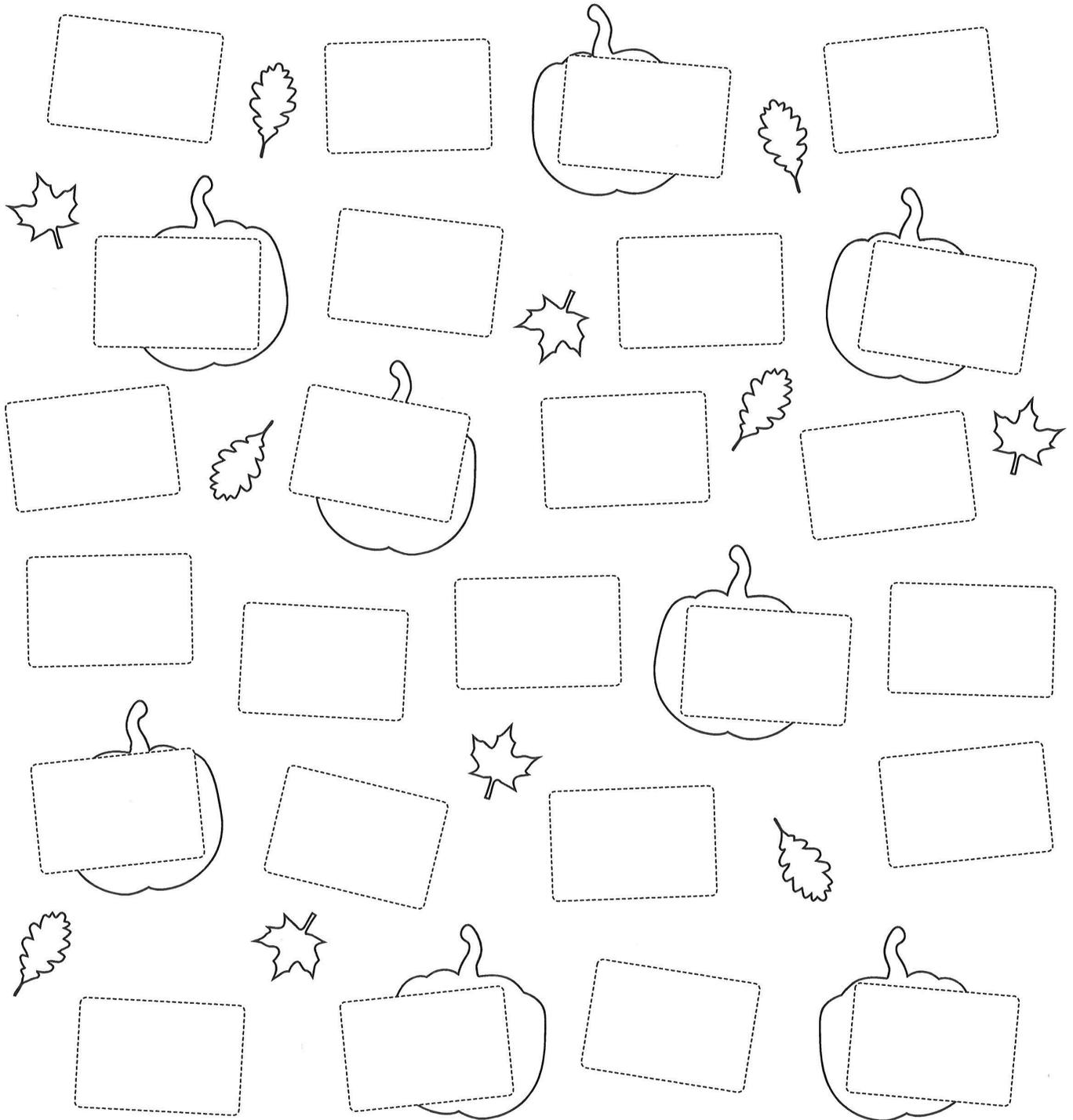
We now have a NEW official Facebook page for Wisconsin Heights School District. Find us on Facebook and "LIKE" us to see any important news and updates.

<https://www.facebook.com/Wisconsin-Heights-School-District-1653793251604274/>





# HARVEST ALL YOUR BOX TOPS AND SEND THEM TO SCHOOL!



Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school.  
Bonus certificates should not be attached to this sheet - please submit them separately.  
To see more ways to earn cash for your child's school, go to [BTFE.com](http://BTFE.com).

WISCONSIN HEIGHTS  
2016 HOLIDAY

# CRAFT FAIR



SATURDAY,  
NOVEMBER 12

8 A.M. TO 3 P.M.

WISCONSIN HEIGHTS  
HIGH SCHOOL

10173 HWY. 14, MAZOMANIE

*(20 miles west of Madison, between Black Earth & Mazomanie)*

ADMITTANCE:

**FOOD PANTRY DONATIONS** are appreciated!

**ASSORTED CRAFTS • DOOR PRIZES  
BAKED GOODS • GIFTS • FOOD**

**RYAN'S CASE FOR SMILES  
PILLOWCASE DRIVE (FORMERLY CONKERR CANCER)**

Email: [whholidayfair@tds.net](mailto:whholidayfair@tds.net)  
Call: 608-669-4423

More info see webpage:  
[www.wisheights.k12.wi.us](http://www.wisheights.k12.wi.us)



# NEWS

Fall  
2016

For Parents and Students at  
Wisconsin Heights Schools

## Food Service Update!

### HARVEST OF THE MONTH ~ "HEALTHY TO A T" NEWSLETTER

As part of Taher's educational initiative, we promote our Harvest of the Month Program to expose our students to fresh, healthy foods and get them to try something they may not normally try at home. For the month of November we will feature Cranberries, Spaghetti Squash, and Lemon Grass as our "Harvest of the Month".

All parents/Grandparents are welcome to join your child for lunch any day of the week. Please pay \$4.00 cash or check in the office the day you will be attending. Please call by 8:00 a.m. to be included in the daily lunch count.

For November some dates to remember are: 11/2/16-"Cookie Monster's Birthday", 11/9/16 "Eating Healthy Day", 11/14/16 "Vote for what you want to eat in December", 11/17/16 "Thanksgiving Dinner", 11/22/16 National French Toast Day"

### DISTRICT POLICIES

An automated electronic communication system will notify families daily with account balances at or below \$20/family. Families whose accounts reach a negative balance will be personally notified by an automated call and/or email/mail that all students in the family will be denied access to food service programs until the account balance is paid in full. Payment will be expected in order to continue to receive access to the food service program.

### USDA-DIRECTED GUIDELINES

Per the menu requirements for school meals, students who choose a complete meal will enjoy fruits and vegetables from our Fruit & Vegetable Bar. With Offer versus Serve, students must select at least 3 of the 5 components to make a full meal with 1 of those components being a full serving of fruit or vegetable. Anything less than a full meal will be charged using A la Carte prices.

The school nutrition program needs the support of parents to succeed! Parents can support our healthy eating initiative by encouraging your child to give healthier meals a try or by joining your child for lunch and talking about the healthy options on the menu.

### FREE AND REDUCED APPLICATIONS

Reminder: A New Free/Reduced application needs to be filled out every school year. After the first 30 days of the school year your free/reduced status will return to normal paid status until a new application is received in which you qualify for free/reduced meals. It is available at any school office or on the Wisconsin Heights website. You can return the completed form to any school office or mail to: Wisconsin Heights School District, 10173 US Hwy 14 Mazomanie, WI 53560

Families who qualify to receive free or reduced lunch also receive free or reduced breakfast.



### 2016-17 MEAL PRICES

BREAKFAST	
K-5.....	\$1.60
6-12.....	\$1.75
Extra Milk.....	\$0.45
Adult .....	\$2.10
LUNCH	
Elementary .....	\$2.90
MS/HS.....	\$3.15
Extra Milk.....	\$0.45
Adult .....	\$4.00

If you have any questions or concerns, please feel free to contact us. We are here to help!  
Amanda Griep, Food Service Director • (608) 767-2595 ext. 1008 • Taher@wisheights.k12.wi.us



Get moving!  
Be active  
each and  
every day!

# WI Heights Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit  
Offered Daily on the Fruit & Vegetable Bar

# NOVEMBER 2016

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1  
Chicken and Gravy  
Soft Pan Roll, Butter  
OR  
Turkey BLT Salad  
Soft Pan Roll, Butter  
  
Mashed Potatoes  
Fruit & Vegetable Bar

2  
Cookie Monster's B-Day  
Macaroni & Cheese  
OR  
Chicken Caesar Salad  
Soft Pan Roll, Butter  
  
Fresh Baked Cookie  
Fruit & Vegetable Bar

3  
Walking Taco  
Lettuce, Cheese, Salsa  
OR  
Honey Mustard Ham Wrap  
  
Fruit & Vegetable Bar

4  
Crispy Chicken Nuggets &  
Soft Pan Roll  
OR  
Chef Salad  
Soft Pan Roll  
  
Golden French Fries  
Fruit & Vegetable Bar

7  
Pancakes with Syrup  
Scrambled Eggs  
OR  
Ham & Cheese Sub  
Baked Chips  
  
Tri Tator  
Fruit & Vegetable Bar

8  
Popcorn Chicken Bites  
Soft Pan Roll, Butter  
OR  
Turkey BLT Wrap  
  
Mashed Potatoes & Gravy  
Fruit & Vegetable Bar

9  
Spaghetti with Meat Sauce  
Garlic Toast  
OR  
Garden Vegetable Salad  
Garlic Toast  
  
Fruit & Vegetable Bar

10  
HOM - Lemongrass  
Homemade Chili in Bread  
Bowl  
OR  
Yogurt Pak  
  
Seasoned Corn  
Fruit & Vegetable Bar

11  
Pepperoni Pizza Slice  
OR  
Buffalo Chicken Wrap  
  
Roasted Cauliflower  
Fruit & Vegetable Bar

14  
BBQ Chicken on a Bun  
OR  
Pretzel Bites with Cheese  
Cubes & Apple Slices  
Savory Baked Beans  
Fruit & Vegetable Bar  
\*Vote For Your Favorite  
Lunch Day\*

15  
Country Chicken in a  
Bread Bowl  
OR  
Turkey BLT Salad  
Soft Pan Roll, Butter  
  
Fruit & Vegetable Bar

16  
Beef Nachos with  
Cheese Sauce  
OR  
Taco Salad with Tortilla &  
Tortilla Chips  
  
Refried Beans  
Fruit & Vegetable Bar

17  
Thanksgiving Meal  
Turkey & Gravy, Stuffing  
Mashed Potatoes  
Soft Pan Roll  
  
Green Beans  
\*Cranberry Sauce\*  
Fruit & Vegetable Bar

18  
Pizza Parlor Pizza  
OR  
Chef Salad  
Soft Pan Roll, Butter  
  
Roasted Broccoli  
Fruit & Vegetable Bar

21  
HOM-Spaghetti Squash  
Hot Turkey Sandwich  
OR  
Ham & Cheese Sub  
Baked Chips  
  
Mashed Potatoes & Gravy  
Fruit & Vegetable Bar

22  
French Toast Day  
Cinnamon French Toast  
Sticks with Syrup  
Sausage Patty  
OR  
Yogurt Pak  
  
Tri Tator  
Fruit & Vegetable Bar

23  
No School

24  
Happy Thanksgiving  
No School

25  
No School

28  
King Ranch Cheesy  
Chicken over Noodles  
French Bread, Butter  
OR  
Pretzel Bites with Cheese  
Cubes & Apple Slices  
Fruit & Vegetable Bar

29  
Tasty Chicken Tenders  
OR  
Turkey BLT Salad  
Soft Pan Roll, Butter  
  
Mashed Potatoes & Gravy  
Fruit & Vegetable Bar

30  
Soft Chicken Tacos with  
Lettuce, Cheese & Salsa  
OR  
Garden Vegetable Salad  
Soft Pan Roll, Butter  
  
\*Birthday Cake\*

**FOOD  
4  
Thought**  
Cranberries are one of  
the few fruits native to  
North America.

Free & Reduced Price  
Meal Benefit  
information &  
application can be  
obtained by  
contacting the  
Food Service Office.

### PRICES

Regular	\$2.90
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.45
Extra Entrée	\$1.50

### HARVEST OF THE MONTH



### EXTRA INFO

Milk choice of 1% White or Chocolate Skim is included with lunch. Entree Salads are served with Dinner Roll. For questions or comments, contact Amanda Griep, Food Service Director at [Taher@wisheights.k12.wi.us](mailto:Taher@wisheights.k12.wi.us)



## WISCONSIN HEIGHTS SCHOOL DISTRICT

10173 US Highway 14  
Mazomanie, WI 53560

Phone: (608) 767-2595  
Fax: (608) 767-3579  
Email: rfreese@wisheights.k12.wi.us

*"Every Child... Every Class... Every Day"*

### November Athletic Events

RICH MOYER, ASSISTANT PRINCIPAL & ATHLETIC DIRECTOR

The following must be turned in to the office before a student is allowed to participate in extra-curricular activities:

- Current physical or 2nd year card
- Concussion Form
- Emergency Contact Form
- Fees Paid

#### Important Dates:

HS Girls Basketball practice begins Monday, November 7th.  
HS Boys Basketball practice begins Monday, November 14th.

#### Middle School Boys Basketball:

11/03 -- 7/8 vs. Sauk Prairie Middle - 4:15  
11/07 -- 7/8 vs. Lodi Middle - 4:15  
11/10 -- 7/8 @ Portage - 4:15  
11/15 -- 7/8 vs. Baraboo - 4:15  
11/21 -- 7/8 @ Reedsburg Middle - 4:15  
11/29 -- 7/8 @ Sauk Prairie Middle - 4:15

#### High School Girls Basketball:

11/12 -- JV/V Scrimmage @ Prairie du Chien - 10:30  
11/18 -- JV/V @ Lodi - 6:00/7:30  
11/22 -- **JV/V vs. Columbus - 6:00/7:30**

#### High School Boys Basketball:

11/29 -- 9/JV/V vs. Luther Prep 6:00/6:00/7:30



V = Varsity    JV = Junior Varsity

7/8 = Indicates Grade    MS = Middle School    HS = High School

**BOLD** indicates a game played at home