



DISTRICT NEWSLETTER

NOVEMBER 2021

Every Child.....Every Class.....Every Day

MESSAGE FROM THE DISTRICT ADMINISTRATOR / DR. JORDAN SINZ

Appreciation

The start of November ushers in the “Holiday Season.” Thanksgiving is a few weeks away, and seeing this date on my calendar caused me to pause and reflect. It is exciting to think about our shared journey and energizing to envision the future.

The Wisconsin Heights School District Board of Education is committed to engaging in conversations around providing a top-notch education to the students of our district. The board asks questions and pushes continuous improvement efforts. A few critical elements of school district work that demonstrate this commitment include:

- The Wisconsin Department of Public Instruction (DPI) will publicly release school district report cards in November. Although the DPI report card is just one measure of school district success, it is also worthy to note Wisconsin Heights School District has been rated as “Exceeds Expectations.” This is the second highest distinction a school can receive on the state’s five-point scale. Our rating results from high marks in the areas of student achievement, closing educational gaps, and on-track/postsecondary readiness. These student outcomes are a testament to the commitment of many – most notably our students, their caregivers, and our faculty. Congratulations to all! We will continue to strive for positive growth as a school community.
- As a part of our DPI report card, our district’s academic standing is compared to the other 420 districts in Wisconsin. I am proud to report that our academic achievement placed Wisconsin Heights in the top 16% of districts statewide. Furthermore, our student growth placed us in the top 18% of districts in Wisconsin. These are numbers that our entire school community should be incredibly proud to see. We were able to maintain high levels of achievement and growth during the 20-21 school year – even in the midst of tremendous challenges.
- On October 25th, we held our annual meeting and budget hearing. Following the completion of this special meeting, our School Board approved a mill rate of \$11.50 for the 2021-22 fiscal year. This mill rate represented a 3.52% reduction from 2020-21 and mirrored the district rate from the 2017-18 fiscal year. Seeing this number is very encouraging, considering that residents supported a capital referendum in 2020. We look forward to continued progress on our new elementary school and cannot wait to see Wisconsin Heights School District students filling its halls next year!

Happy Thanksgiving, and I hope the holiday season allows you to share in some quality family time! I appreciate the opportunity to be a part of the Wisconsin Heights School District and community. We are together on the journey of providing an educational experience that is of distinct and exceptional quality. If you have any questions, feel free to contact me at 608-767-2595 (office), 608-370-3997 (cell), or jsinz@wisheights.k12.wi.us.

Black Earth Elementary News

SCOTT MOORE, Principal

As we near the end of the month it is good to look back and reflect on all of the things that have happened and to look ahead at all of the exciting things to come! Many families participated in conferences on October 20th and we all enjoyed a day off on October 22nd!

Cold Weather

The cold weather is coming! It is important that despite the cold temperatures, students go outside each day. Please make sure that your child is appropriately dressed for the weather. You can help avoid items being lost by labeling coats, snow pants, mittens, and hats for easy identification.

School Wide PBIS Rewards

We celebrated the first milestone with our school-wide PBIS system! Since the beginning of the year students have been recognized for being respectful, responsible, and safe by receiving gotcha tickets. We set a goal that for every 1,500 gotcha tickets earned we could have a day to celebrate! On Wednesday, October 19th, we had a hat day to honor their accomplishments! Keep up the great work!

Mazomanie Elementary News

DALE GREEN, Principal

What a wonderful evening on October 15th at the UW Science Night held at Mazomanie Elementary! We had a great turnout and it was exciting to watch our students be scientists for a few hours! We appreciate the efforts of the UW Biocore Ambassadors for organizing the event. Also, a special thank you to the WHPTO for hosting a dinner for all the college volunteers who came out to Mazo School for the evening. Great job to everyone involved!

Thank you for attending Parent-Teacher Conferences on October 20th. Looking ahead, our first-trimester report cards will be coming home in backpacks on December 3rd.

Cold and Snow on the way...

It is that time of year to be thinking about winter gear for your child. Are you ready? All students go outside daily for recess so please make sure your child has their winter gear ready to go. Also, a good reminder to please label your children's coats, snow pants, etc. with their first and last name to help identify these items if they are lost or misplaced.

With the winter season fast approaching, here are a few reminders:

- There may be times when school is canceled or delayed due to the weather conditions. We will post a snow day message on Schoology and our school district also utilizes the School Messenger system (Skylert), an automated message system that will be used to contact parents in the event of school closings/delays, safety issues and more. Skylert is set up through your Family Access account. If you do not have a Family Access account set up, or need assistance with Skylert, please contact Tammy Shaffer @ 767-2586 ext. 3005 or tshaffer@wisheights.k12.wi.us.
- We do have your Snow Closing/Early Dismissal forms that you completed during summer registration at school. Just a reminder to talk with your child about what they should do if we have early dismissal (ride the bus home, walk to grandmas, etc.). If you need to update the current plan, please communicate with the school office.

Have a wonderful Thanksgiving!

Elementary Dates to Remember

Tuesday, November 2nd | 5th Grade Band Concert, 6:30 PM, Mazomanie Gym

Thursday, November 4th | PTO Meeting @ 6:30 PM - Mazomanie Elementary

Sunday, November 7th | Daylight Savings Time Ends

Thursday, November 11th | Veteran's Day Celebration Program - 9:30 AM - Mazomanie - outside

Tuesday, November 23rd | End of 1st Trimester (4K-5th grade)

Wednesday, November 24th - Friday, November 26th | No School - Happy Thanksgiving



Wow, just like that, we made it to November! After meeting last month, the PTO decided to move forward with the following fundraisers for this school year. We look forward to offering these great opportunities and offer you the chance to participate where and when you can. In November, watch for information on an **elementary apparel** opportunity. Thank you to Anne Moore for the amazing design and time she has put into this project.

Upcoming Fundraising Events

- **WI Heights Craft Fair** | We are looking for volunteers to cover a 2 hour shift on November 13th to greet crafters! The PTO will get paid for your volunteer efforts! If you are interested in signing up, please follow the link at the bottom or click [Craft Fair Sign Up](#).
- **Santa's Secret Shop** | December will be so exciting with the return of Santa's Secret Shop. Day and evening hours will be available at Black Earth Elementary School. Thank you to Nikki Hensen!
- **Little Ceasar Pizza** | In January you can look forward to our annual Little Ceasar Pizza sales with online ordering and new delivery options. Just in time for the Super Bowl!
- **Square One Art** | In the spring, we plan to once again work with the art teacher and create some wonderful gift ideas with the help of Chris Bowman.

Ongoing Fundraising

- **Amazon Smile** is a separate app or program associated with Amazon.com. When you sign up with AmazonSmile, you are able to designate a small portion of your purchases to an organization of your choice. It just so happens that Wisconsin Heights Parent Teacher Organization is one of those options. We encourage you to look into using this option as you start your holiday shopping. More details coming next month.
- **Box Tops for Education** is another great way to help our organization earn funds to share with teachers and students throughout the year. Box Tops have changed in the last couple years and are almost all digital now. It is very limited/ rare where you clip and send in box tops anymore. Instead they run through an app. We are aware that this app is not always user friendly, therefore we would like to offer you the opportunity to send in your receipts to the elementary school offices. They will scan them for possible rewards. **Note** that receipts are only valid for 14 days from time of purchase.

Next Meeting

- **November 4, 2021 at Mazomanie Elementary School in the LMC at 6:30 PM**
We encourage anyone to join us to share ideas, offer suggestions, and support.

Middle/High School News

ELIZABETH DOSTAL, MS/HS Principal

As we enter November, students and teachers are settling into our routines. At the middle school, adults have spent time re-teaching both classroom and behavioral expectations to our students; we realize that the pandemic has impacted behavioral development, and we are adjusting, providing clarity and reinforcements for positive behaviors and teaching both that negative behaviors are a choice and that choices have consequences. Our work is ongoing, and we appreciate your support at home.

Supports for academic performance have also changed for all students in grades 6-12. In August, we used Spring test scores to place students in either Targeted Support (middle school) or CARE study hall (HS) in order to provide just-in-time support for students at school and also to address gaps. Recently, we used 1st quarter mid-terms to determine if students qualified to exit their supported settings or if students needed to be added to a supported setting. Our metric for this was that we expect students to have grades of C or better in all academic core classes if they are to be in regular study hall. Students who fell below this measure (in any core class) were added to either Targeted Support or CARE; students who met this benchmark and had the recommendation of their Targeted Support/CARE teacher were transferred to regular study hall. It is likely you may have heard either joy or dissatisfaction regarding these changes. As I explained to students (mostly high school students), this is not a punishment; rather, we are setting an expectation for all students and providing a smaller location with more adult support to help all students meet these expectations. And this placement is not permanent; if, after ten days, students have consistently met the measure, we will “exit” them to regular study hall. One of the goals of this process is to teach students the skills needed to be consistent and engaged with their academic work; providing just-in-time support is one part of attaining this goal.

Another goal we are striving towards is continued growth in achievement. For the last three years, we, as teachers and administrators, have been working diligently to increase the volume of reading in all disciplines while also teaching strategies that help students become better readers. Our approach is working as our reading achievement is beginning to rise across all grade levels. Your students may share with you this increase in the volume of reading and in thinking about what they are reading. The increase in reading and thinking go hand in hand. Additionally, we have altered our assessment system in grades 8-11 to have better benchmarks for all students and teachers while also helping students set growth goals. During the last week in October, students in these grades received their PreACT 8/9 or Practice ACT 10 results. I conducted a test interpretation of the score report and showed students how to use the test booklet to understand better the content and skills needed to be career and college ready. We are changing the conversation around assessment to focus on learning and growth.

All of these activities and goals support our Vanguard Vision of “learning that creates more personal opportunities for students.”



HEIGHTS UNLIMITED
COMMUNITY RESOURCE CENTER

Heights Unlimited offers food, personal essentials, clothing and other resources to those in need who reside in the following ZIP codes:
53503, 53515, 53517, 53528, 53560

Service Hours
Tuesday, 4-6:30 pm
Visit Facebook page for weather-related or other closings

Address and Social Media
1529 State Street, Suite B
(just west of BP Station on Hwy. 14)
Mailing Address: PO Box 194
Black Earth, Wisconsin 53515
608-767-3663
Info@HeightsUnlimited.net
Facebook.com/HeightsUnlimited
Website: HeightsUnlimited.net
("Like" our Facebook page to receive our posts)

Athletics

BEN VOSS, MS/HS Assistant Principal/Athletic Director

Please visit the athletic webpage for the most up to date schedule. <https://bit.ly/WHSDAthletics>

<u>Date</u>	<u>Time</u>	<u>Versus</u>	<u>Location</u>
Girls Varsity Swimming			
11/06/2021	TBD	Sectionals	DeForest High School
11/06/2021	1:00pm	Sectionals	DeForest High School
11/12/2021	TBD	State	TBD
11/13/2021	TBD	State	TBA
Girls JV Basketball			
11/13/2021	8:30am	Multiple Schools	Prairie du Chien High School
11/16/2021	6:00pm	Lancaster	Lancaster High School
11/23/2021	6:00pm	Dodgeville	Wisconsin Heights High School
11/30/2021	6:00pm	River Valley	Wisconsin Heights High School
Girls Varsity Basketball			
11/13/2021	8:30am	Multiple Schools	Prairie du Chien High School
11/16/2021	7:30pm	Lancaster	Lancaster High School
11/23/2021	7:30pm	Dodgeville	Wisconsin Heights High School
11/30/2021	7:30pm	River Valley	Wisconsin Heights High School
Boys JV Basketball			
11/30/2021	6:00pm	Lodi	Lodi High School
Boys Varsity Basketball			
11/30/2021	7:30pm	Lodi	Lodi High School

Notes from the Nurse

KATY HOWE, School Nurse

FLUency Program

Elementary Families - It is not too late to sign up for the FLUency program and receive a free Kinsa Smart Thermometer. The thermometer connects to an app that helps track your symptoms and gives you feedback on how to manage them and when to see a doctor. You can also connect to our school community and see updates on what is going around each school and in your child's grade. All information is anonymous. All you have to do is text JOIN to 24020 to sign up. Thermometers ship out at the end of every month, however we need a minimum of 5 per order for them to send them out. The next order will ship at the end of November.

Boosters and 5-11 year old COVID vaccine

Booster shots are now available for many people in Wisconsin. If you got a Pfizer or Moderna vaccine you need to meet [certain requirements](#) to qualify for a booster. It also has to be 6 months after your 2nd dose to be able to get a Pfizer or Moderna booster. If you got the Johnson & Johnson vaccine, a booster is recommended for everyone. It needs to be 2 months after your 1st dose to be able to get the booster.

The vaccine for 5-11 year olds is likely going to be out very soon. The FDA approved it this week and it goes to the CDC next week for approval. The CDC and WI Department of Health Services needs to approve it for it to be available to that age group. If you do get your child vaccinated, please let their school or me know. Once they are fully vaccinated, 2 weeks after the 2nd dose, they would not longer have to quarantine with an exposure to COVID. Anyone with symptoms, vaccinated or not, still needs to be tested to return. Fully vaccinated students do not need to quarantine after an exposure as long as they are asymptomatic.

COVID Update

We are starting to see a decline in Dane County and in the state of Wisconsin. Case rates are still very high but seeing a decline is reassuring. Dane County currently has the lowest case rate out of all 72 counties in Wisconsin. These lower case rates are likely due to our very high vaccination and masking rate. In the Wisconsin Heights School District area we have seen a higher case rate than Dane County, but we have not seen many of those cases in school.

If you have questions about the booster shot, the vaccine for 5-11 year olds, or anything else, please feel free to reach out to me khowe@wisheights.k12.wi.us. I'm happy to answer your questions the best I can.

Elementary Counseling Department

JOHN ALTENHOFEN, Elementary School Counselor

I had the opportunity to present the *Zones of Regulation* to all of the elementary teachers at our October Professional Development day. *Zones of Regulation* is a social thinking curriculum that helps students identify their feelings and strategies to regulate their emotions. There are four zones: Blue, Green, Yellow, and Red. My goal is to help students develop strategies to get to and stay in the Green Zone, which is where students do their best learning. Many classrooms are already using *Zones of Regulation*, and I am looking forward to incorporating Zones in my work with students.



MS/HS Counseling Department

KURT WONG, Guidance Counselor

Seniors

Financial Aid Information

For help with filling out the FAFSA or Free Application for Federal Student Aid. Go to the Wisconsin Heights Homepage

Then go to School > High School > Academics and Career Planning > Financial Aid

Seniors should be working on their college applications.

UW Universities/colleges Application priority dates and deadlines vary from campus to campus and sometimes among different programs at one campus. It is to your advantage to apply early! If you have any questions, please contact Mr. Wong or the institution to which you are applying.

Visit <https://apply.wisconsin.edu> and use the UW System online application for admission. Features of the online eApplication include easy ability to apply to multiple campuses and optional Visa or MasterCard payment of the application fee.

MATC will start processing applications as soon as they receive them. You will need to look up the specific programs you are applying to because prerequisites vary. You will also be able to find out if there is a waiting list or not. From the Madison College homepage <http://madisoncollege.edu/> click on Apply for Admission button. Madison College's online application is secure and easy to use:

- Save your work and come back to it later.
- Receive immediate notification of receipt via e-mail.
- No delay – application processing starts right away.

Some programs may have unique admission requirements or early such as assessment test scores, course requirements, or early admission deadlines. From the Madison College homepage, click on the link to "Programs of Study" and find your program to check for any additional requirements.

Students should email Ms. Shaffer in order to have a transcript sent to any school they are applying to. Once the request is received, the Guidance Department will mail the transcript out. Get applications in as soon as possible.

Brag sheets for letters of recommendation are available in the Guidance office.

Substance Use in Adolescence

DEBBIE SCHMIDT, Mental Health/Student Support Specialist

Research shows that the risk for substance abuse and other adverse behaviors increases as the number of risk factors increases, and that protective factors may reduce the risk of youth engaging in substance use that can lead to substance abuse. Early aggressive behavior, undiagnosed mental health problems, lack of parental supervision, academic problems, peer substance use, drug availability, poverty, peer rejection, and child abuse or neglect are risk factors associated with increased likelihood of youth substance use and abuse. Risk factors that occur during early childhood or over a long period of time further increase the risk of youth substance abuse.

Not all youth will develop substance abuse problems, even if they have experienced these risk factors. Some individuals are exposed to protective factors that may keep them from using substances. The presence of multiple protective factors can lessen the impact of a few risk factors. For example, strong protection, such as parental support and involvement, could diminish the influence of strong risks, such as having peers who abuse substances. Some additional protective factors include: emotional self-regulation, high self-esteem, good coping skills and problem-solving skills, supportive relationships with family members who provide structure, limits, rules, monitoring, predictability and engagement and connections in two or more of the following contexts: at school, with peers, in athletics, employment, religion, or culture.

According to the Dane County Youth Assessment administered during February of 2021, 67% of Wisconsin Heights High School students did not drink in the past 12 months. However, 34% of students thought more than half or most people their age drink alcohol. The top reasons students chose not to drink was because it was bad for their health, didn't like the taste or didn't want to disappoint their parents. Fourteen percent of high school students reported using marijuana or cannabis in the last 12 months. While 14% of high school students thought more than half or most people their age use marijuana.

The following behaviors in a youth might indicate drug or alcohol abuse:

- Mood changes (temper flare-ups, irritability, defensiveness)
- Academic problems (poor attendance, low grades, disciplinary action)
- Changing friends and a reluctance to have parents/family get to know the new friends
- A "nothing matters" attitude (lack of involvement in former interests, general low energy)
- Finding substances (drug or alcohol) in youth's room or personal effects
- Physical or mental changes (memory lapses, poor concentration, lack of coordination, slurred speech, etc.)

Warning signs indicate that there may be a problem that should be looked into—not that there is definitely a problem. In addition, it might be helpful to learn more about [screening tools](#), [prevention efforts](#), and [treatments](#). You can contact the [Wisconsin Heights Student Services](#) to talk about your child's substance use. If you are concerned your child is struggling with substance abuse and you would like to seek treatment, the <https://danebhrc.org/> can help you locate services.

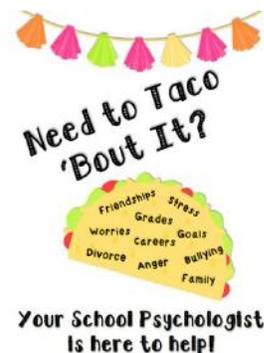
Resources: [Warning Signs of Use/Misuse](#); [Preventing Drug Abuse Among Children and Adolescents](#); [Risk and Protective Factors](#)

Update/Tips for Helping

DR. JULIE HORNER, School Psychologist

Happy November Families, Staff, and Students!

This year, there are quite a few initiatives we are working on from student services! We are working on our rollout of Social Emotional Learning (SEL) and Mental Health Screening at the 6-12 building. We are also focused on improving our professional practices with our students! Feel free to reach out to students services, if you have any questions or concerns about your child or adolescent.



Are you worried about your teen's behavior? I am sure you've seen those stereotypical adolescent movies from the 1980s-90s, right? *The Breakfast Club*, *Sixteen Candles*, *Ferris Bueller's Day Off*...What do most of them have in common? The answer is not surprising, teen angst, teen rebellion, and risk-taking. That's right... if you go by pop culture portrayals, the tween-teen years are *filled* with angst and risk-taking. Whether it be **fast driving, drinking, or skipping school**, it's all there to see.

But is risk-taking an inevitable part of the tween/teen years? Are our teens destined to become the "typical" adolescent of the big screen? If we look away from the movies for a minute and turn our attention toward the research journals instead, **we find a little different picture**. Yes, risk-taking during adolescence is more common. In fact, there is actually a part of the brain (a reward-related part) that is more active during adolescence that explains this. A closer look at the research also points us to an interesting finding.....tweens and teens who have **more positive relationships with their parents** show *declines* in risk-taking compared to those who do not have such positive relationships. Wow, you might be saying! Think about that for a moment. All those things you do to build your relationship with your adolescent actually influence how this tendency toward risk-taking shows up in real life.

So what does **"a positive parent-child relationship"** really look like? It's all those things you're probably already doing—finding time to have conversations with your teen, actively listening, holding your criticism, avoiding power struggles...All these everyday strides we make towards fostering a positive relationship with our teens **really matter!** It certainly takes time to teach teens to look inward for validation and satisfaction. So for now, be the source of that validation for your tween/teen. Look for ways to praise your teen's inner qualities (aside from achievements)—kindness, thoughtfulness, being a good friend, being a good helper, etc. This will show them that you care about the person they are becoming and not only the things they accomplish. While there isn't a magic wand to remove all the stress from parenting there is a small thing you can do to help you become more confident about approaching your tween/teen – use parenting affirmations (see: <https://biglifejournal.com/blogs/blog/positive-parenting-affirmations> for more information).

Note: information gathered from Big Life Journal.

Media Center News

MARY JANE EDERER



Book Fair

Thank you to everyone who visited the book fair in person or online in October! We earned approximately \$1800 that will be used to buy books and other educational materials for our school libraries!

What's Happening in the IMCs

Miss Elliott joined classes at Mazomanie Elementary this month to discuss how to protect personal information and gain a deeper understanding of data privacy rights so students can advocate for themselves and others.

To celebrate the spirit of the season, students at Black Earth enjoyed Aaron Reynold's book *Creepy Pair of Underwear*. My apologies to those of you who now have creepy underwear on your refrigerators!

Notes from the Music Department

EMALIE STERNBERG, GINA ADEMINO, & NICK LANE



Hello Wisconsin Heights Families! We have had another wonderful month of making, playing, and exploring music at Black Earth and Mazomanie Elementary Schools! October was Hispanic Heritage Month, and in celebration we learned about some incredible musicians, including Celia Cruz, Tito Puente, Lin-Manuel Miranda, and Gustavo Dudamel. Please make sure to read your student's music newsletter to listen to some of the music we have explored in class! Each newsletter contains a QR Code which can be scanned using a smart device so that you and your family can listen at home!

Third Grade Veteran's Day Program This year our Veteran's Day Program will take place on November 11, 2021. We will be performing outdoors, so please dress warm! The location of the program will be behind the Mazomanie Elementary library. Families are encouraged to attend with masks, however due to a limited amount of space, we ask that only two guests attend. Bring a folding chair with you for seating. The event will be livestreamed/recorded on Facebook for those unable to attend the actual event. The program will start at 9:30 AM, and will run approximately 30 minutes. Please do not hesitate to contact me with any questions or concerns that you might have! Thank you, Mrs. Sternberg!

Congratulations to Sophie R., WHHS Senior oboist, who performed at the Overture Center on October 28th, as part of the WSMA High School State Honors Orchestra. Full recordings of each concert will be available on [pbswisconsin.org](https://www.pbswisconsin.org) starting November 1st, and Wisconsin Public Radio will broadcast highlights from the shows on November 25th and December 26th.

Upcoming Events:

- Nov. 1st - Music Boosters Meeting, 6:30 PM via Zoom
- Nov. 2nd - 5th Grade Band's First Performance, 6:30 PM at Mazomanie Elementary School Gym
- Nov. 4th - High School Conference Honors Band at New Glarus (select students)
- Nov. 13th - Craft Fair: Music Boosters Food Line & Bake Sale
- Nov. 15th - High School Conference Honors Choir at Marshall (select students)

Looking to donate? We are looking for area businesses to sponsor ads in our concert programs this school year. Please contact Gina Ademino, for more information: gademino@wisheights.k12.wi.us

Alumni Spotlight: Brennan Zander graduated from WHHS in 2020. He is a sophomore at UW-Platteville, majoring in Physics, with a minor in Music. Brennan states "Currently I'm involved in the Marching Pioneers, Symphony Band, and Saxophone Ensemble. I enjoy marching band because I get to meet a bunch of new people with similar interests. I am working on improvising and have a solo in one of our songs in Symphony Band. I enjoy this group because we get to play with community members and tend to get some relatively difficult music to work on. If anyone wants to come see us in action, Symphony Band performs at 7:30 PM at the Center for the Arts in Platteville next on December 1st!"

Food Service

REBEKKAH PLANO, Food Service Director

Supply Chain Impacts on School Menus

At Wisconsin Heights School District, we know the importance of school meals in fueling both healthy minds and bodies. Even though school meals may look a little different during School Year 2021-2022, please know that your school nutrition team is working hard to ensure students have safe, nutritious, and appealing meals. I am writing to share how our district is working to overcome food supply and labor challenges related to the Coronavirus (COVID-19) public health emergency so that students continue to receive school meals.

At times, our school district may not receive expected food orders due to labor shortages (such as delivery drivers) and limited product availability (for example, discontinued products or not enough of a specific type of product). As a result, your school may need to make last-minute changes to the menu or substitute a different brand of a food product. We know that students have favorite menu items and are working hard to provide them whenever possible. We are also thinking ahead to identify alternative food items that are nutritious and appealing for the students.

We appreciate your patience, flexibility, and understanding as we work to provide school meals in a challenging and changing environment. Please contact Rebekkah Plano with any questions, feedback, or suggestions at 608-767-2595 extension 1008 or via email at rplano@wisheights.k12.wi.us.

School Breakfast Program

Now that the school year is well underway, we are as committed as ever to the academic success of all of our students. The first and best tool that we can use to make sure all of our students are successful in school is to guarantee that each child begins the day with a healthy and nutritious breakfast – at home or at school. We want to remind you that the School Breakfast Program is available to all students every school day. No advanced registration is necessary. These supervised meals are nutritionally balanced, and vary daily.

Black Earth Elementary
Location: Cafeteria
Time: 7:15 to 7:45 AM
Price: FREE

Mazomanie Elementary
Location: Cafeteria
Time: 7:20 to 7:45 AM
Price: FREE

MS/HS
Location: Cafeteria
Time: 7:35 to 8:05 AM
Price: FREE

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have early work schedules. Oftentimes, kids are not hungry when they first wake up but are ready to eat when school begins. Whatever the reason, if breakfast at home is not convenient, please take advantage of breakfast here at school. Studies have shown that children who eat a nutritious breakfast have better behavior, better attendance, and improved test scores.

Thank you for helping us to make sure that all of our students start the school day alert, well fed and ready to learn.

REMINDER

As part of a complete breakfast or lunch, milk is free. Milk only is charged a la carte, as USDA reimburses complete meals, not a la carte purchases. The milk break (the Wisconsin School Day Milk Program) is charged according to students' meal eligibility as free or paid. This is a state funded rather than a federally funded program.

Please note, you may apply for free or reduced price school meals at any time during the school year. [Food Service Application Forms](#) and [FAQs](#) are posted to the [Annual Student Registration](#) website.

LUNCH

NOVEMBER 2021

Elementary Schools

Breakfast FREE
Lunch FREE
Milk \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Choice 1 (C1): Mini Corn Dogs Choice 2 (C2): Muffin and Hard-Boiled Egg</p>	<p>2</p> <p>C1: Grilled Cheese C2: Muffin and Hard-Boiled Egg</p>	<p>3</p> <p>C1: Nachos C2: Muffin and Hard-Boiled Egg</p>	<p>4</p> <p>C1: Max Sticks with Marinara C2: Muffin and Hard-Boiled Egg</p>	<p>5</p> <p>C1: Cheeseburger on a Bun C2: Muffin and Hard-Boiled Egg</p>
<p>8</p> <p>C1: Chef's Choice Pasta C2: Fruit and Yogurt Parfait</p>	<p>9</p> <p>C1: Soft Shell Tacos C2: Fruit and Yogurt Parfait</p>	<p>10</p> <p>C1: Crispy Chicken Sandwich C2: Fruit and Yogurt Parfait</p>	<p>11</p> <p>C1: Pancakes and Eggs C2: Fruit and Yogurt Parfait</p>	<p>12</p> <p>C1: Hot Dog on a Bun C2: Fruit and Yogurt Parfait</p>
<p>15</p> <p>C1: BBQ Pork Sandwich C2: Soft Pretzel with Cheese and Yogurt</p>	<p>16</p> <p>C1: Chicken Alfredo C2: Soft Pretzel with Cheese and Yogurt</p>	<p>17</p> <p>C1: Cheese Calzone with Marinara C2: Soft Pretzel with Cheese and Yogurt</p>	<p>18</p> <p>C1: Sloppy Joe on a Bun C2: Soft Pretzel with Cheese and Yogurt</p>	<p>19</p> <p>C1: Chicken Nuggets with Dinner Roll C2: Soft Pretzel with Cheese and Yogurt</p>
<p>22</p> <p>C1: Cheeseburger on a Bun C2: Pizza Munchable</p>	<p>23</p> <p>C1: Popcorn Chicken with Dinner Roll C2: Pizza Munchable</p>	<p>24</p> <p>No School</p>	<p>25</p> <p>No School</p>	<p>26</p> <p>No School</p>
<p>29</p> <p>C1: Cheese Quesadilla C2: Banana Bread, String Cheese, and Yogurt</p>	<p>30</p> <p>C1: Mandarin Orange Chicken with Brown Rice C2: Banana Bread, String Cheese, and Yogurt</p>			



All meals include a variety of fruits, vegetables, and a choice of fat free (skim) chocolate or low fat (1%) white milk. Menu subject to change without notice. This institution is an equal opportunity provider.



NOVEMBER 2021

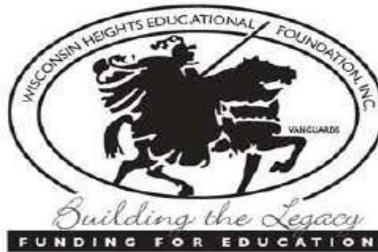
Middle and High Schools

Breakfast FREE
Lunch FREE
Milk \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
1 Grilled Cheese Mini Corn Dogs	2 Vanguard Bowl Assorted Pizzas	3 Cheeseburger on a Bun Max Sticks with Marinara	4 Sub Bar Assorted Pizzas	5 Walking Taco Crispy Fish Sandwich
8 Chef's Choice Pasta BBQ Pork Sandwich	9 Soft Shell Tacos Assorted Pizzas	10 Crispy Chicken Sandwiches Pancakes, Eggs, and Sausage	11 Sub Bar Assorted Pizzas	12 Hot Dog on a Bun Teriyaki Chicken with Brown Rice
15 Tater Tot Nachos French Bread Pizza	16 Pasta Bar Assorted Pizzas	17 Sloppy Joe on a Bun Chicken Nuggets with Dinner Roll	18 Sub Bar Assorted Pizzas	19 Chicken Pot Pie Pepperoni Calzone
22 Cheeseburger on a Bun Corn Dog	23 Popcorn Chicken with Dinner Roll Assorted Pizzas	24 No School	25 No School	26 No School
29 Grilled Chicken Deluxe Sandwich Shepherd's Pie	30 Pasta Bar Assorted Pizzas			



All meals include a variety of fruits, vegetables, and a choice of fat free (skim) chocolate or low fat (1%) white milk. Menu subject to change without notice. This institution is an equal opportunity provider.



WISCONSIN HEIGHTS SUPPORTER,

Every year the Wisconsin Heights Educational Foundation reaches out to the community to aide this year's seniors at Heights. WHEF is a part of annual distribution of scholarships averaging over \$20,000 every year. You can help keep this effort going by making a tax-deductible contribution in any amount. Please fill out form and return with your check by March for this year's seniors.

NAME: _____

ADDRESS: _____

EMAIL ADDRESS: _____

GENERAL DONATION (will be combined with other donations to make scholarship \$500)

AMOUNT: _____

FULL SCHOLARSHIP (must be \$500 or more for stand alone)

AMOUNT: _____

BRICK FOR LEGACY WALK AT HIGH SCHOOL

_____ @ \$75

PLEASE RETURN COMPLETED FORM AND A CHECK MADE PAYABLE TO WHEF.

SEND TO:

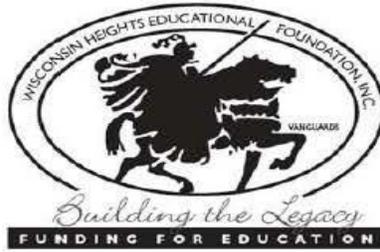
Stacy Dyreson

WHEF Treasurer

PO Box 176

Mazomanie, WI 53560

Wisconsin Heights Educational Foundation



Legacy Walk Brick Order Form

Purchaser's Information

Name & Date: _____
Street Address: _____
City, State, Zip: _____
Phone Number: _____
Email Address: _____

Engraving for 4"x8" brick

Punctuation marks and spaces are considered characters.
Up to three lines of text allowed, 14 characters maximum per line.
Please print legibly.

Mail form with \$75.00 payment to:

Stacy Dyreson
PO Box 176
Mazomanie, WI 53560

For Further Questions

Please contact Jim Craney at (608) 795- 4484

Wisconsin Heights 2021-2022 School Calendar

Board Approved 3/22/2021

Inservice- No School		First Day of School		Early Release	
No School		Parent / Teacher Conferences - No School		Last Day of School	
PLC- No School		New Teacher - No School		Teacher Workday - No School	

JULY 2021						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST 2021						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SEPTEMBER 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

OCTOBER 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

NOVEMBER 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

DECEMBER 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JANUARY 2022						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEBRUARY 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

MARCH 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE 2022						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Summer School July 5 - 29
Online Registration Opens Aug 4
 If unable to register online, contact District Registrar
Inservice - New Teachers only Aug 18-19
Inservice - All Teachers & EAs Aug 23-24
PLC - All Teachers & EAs Aug 25*
Inservice - All Teachers Aug 26-27
Open House and School Picture Day Aug 26
First Day of School (PK-12) Sept 1
NO SCHOOL Sept 6
Early Release Sept 22
PT Conferences; NO SCHOOL Oct 20
NO SCHOOL (Teacher PD Day) Oct 21
NO SCHOOL Oct 22
End of 1st Quarter (6-12) Nov 4
End of 1st Trimester (PK-5) Nov 23
NO SCHOOL Nov 24-26
WINTER BREAK Dec 24 - Jan 2
First Day Back from Break Jan 3
End of 2nd Quarter (6-12) Jan 14
NO SCHOOL (Teacher Work Day) Jan 17
NO SCHOOL (Teacher PD Day) Feb 14
School Day; Conferences 4:00-8:00 PM Feb 24
End of 2nd Trimester (PK-5) Feb 24
PT Conferences; NO SCHOOL Feb 25
End of 3rd Quarter (6-12) Mar 18
Early Release Mar 18
SPRING BREAK Mar 21 - 25
NO SCHOOL April 15
Early Release May 27
Graduation May 29
NO SCHOOL May 30
Last Day of School - Full Day June 3
End of 4th Quarter and 3rd Trimester June 3
Inservice; Snow make-up day, if need June 6
Curriculum Week June 6 - 10

NOTES:

1. **Early Release Times**
 K-5 - 11:20 AM MS/HS - 11:50 AM
2. **Staff Development on**
 Early Release Days 12:30 PM - 3:30 PM
3. **Parent-Teacher Conferences**
 October 20 12:00 PM - 8:00 PM
 February 24 4:00 PM - 8:00 PM
 February 25 8:00 AM - 12:00 PM**
 **Teachers are off in the afternoon

STAFF NOTES:

175 Instruction Days
 2 PT Conference Days
 7 Inservice Days
 1 Teacher Workday
 3 Paid Holidays-Labor Day, Thanksgiving, Memorial Day
 188 Contract Days

Teachers choose which workday they work between January 17 and June 7

*August 25th- Professional Learning Time (8 hours)

WISCONSIN HEIGHTS SCHOOL DISTRICT

10173 US Highway 14
Mazomanie, WI 53560

Phone: (608) 767-2595
Fax: (608) 767-3579
Email: jsinz@wisheights.k12.wi.us

"Every Child... Every Class... Every Day"



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Wisconsin Heights School District

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@VanguardPride

Follow us on Instagram
vanguardpride