**Abilene Middle School Track Meet**

**April 7, 2022 (Ken Russell Track at Abilene Cowboy Stadium)**

-From the I-70 exit, to south on Highway 15/Buckeye Avenue to 10th street. Parking will be extremely limited. Buses should go south on Highway 15/Buckeye Avenue to 10th Street. Go west on 10th Street to Mulberry  Street. Go South on Mulberry Street and park along street curb to unload your team. There will be cones set  up to block off space for busses - Please have a coach get out and move cones to grass to take a spot. The  only gate that will be available to enter and exit the facility is the Northeast Gate next to where busses will  park on east side of stadium.

**Schools Attending:** Chapman, Clay Center, Marysville, Salina South

**Starting times** for:

Pole Vault, Javelin, Long Jump: 3:00 pm

Remaining field events: 3:30 pm

3200: 4:00 pm

Remaining running events: 5:00 pm

Each school may enter **four** competitors in each event. Each competitor will be allowed to enter **four** events.

Scoring: 10-8-6-4-2-1 (relays 10-8-6-4-2). Medals will be awarded for 1st through 3rd places; ribbons given for 4th, 5th, and 6th places.

There will be **two** unmarked trials (practice) for each competitor in field events.

**NEW: All throwing events (shot put, discus, & javelin) will all be held at the AHS Practice Field located one block north of the stadium.** All throwing participants will leave the stadium using the Northeast Gate and walk down the sidewalk on Mulberry Street to the practice field.

False start = disqualification from that event

Concession stand will be provided for athletes and spectators.

**April 7, 2022 Abilene Middle School Track Meet**

**Order of Events and Time Schedule**

3:00 pm - **Pole Vault, Javelin, and Long Jump starts**.

Long Jump SE Pit (running south)    Long Jump SW Pit (running south)

7th grade girls         7th grade boys

Long Jump NE Pit (running north)    Long Jump NW (running north)

8th grade girls         8th grade boys

Pole Vault- East        Girls Javelin (East - Practice FB Field)

7th grade boys        3:00 pm: 8th grade girls

8th grade boys 3:45 pm: 7th grade girls

 Pole Vault- West        Boys Javelin (West - Practice FB Field)     7th grade girls         3:00 pm: 8th grade boys     8th grade girls 3:45 pm: 7th grade boys

3:30 pm - **Remaining Field Events Begin**

Discus- East          Discus- West

    7th grade girls         7th grade boys

    8th grade girls 8th grade boys

    Shot put- South Ring        Shot put- North Ring 8th grade girls         8th grade boys

     7th grade girls 7th grade boys

High Jump- North        High Jump- South     8th grade girls         8th grade boys

    7th grade girls 7th grade boys

3:45 pm - Approximately (Following Long Jump)

    Triple Jump SE Pit (running south)     Triple Jump SW Pit (running south)

7th grade girls         7th grade boys

    Triple Jump NE Pit (running north)     Triple Jump NW (running north)

8th grade girls         8th grade boys

4:00 pm - 3200 meter (order will be determined at coaches meeting…dependent on number of entries)

5:00 pm. - Running events begin (Order: 7th Girls, 7th Boys, 8th Girls, 8th Boys)

Order:  100m Hurdles

        100m Dash

1600m

4 x 100 Relay

400m Dash

4 x 200 Relay

800m Run

200m Dash

Sprint Medley Relay (100-100-200-400)

4 x 400 Relay