



Building a Solid Foundation

LAMAR HEAD START APRIL 2022

Dear Families,
Here we are in April, sunny days are welcome and kids are enjoying being able to go outdoors daily. As teachers prepare to have conferences at the beginning of May, they are working to prepare the kindergarten bound students for elementary school. Children who have an IEP and are going to kindergarten will have a transition meet-

ing at the primary school soon. We will be changing classroom themes to growing, bugs and weather. In March we started practicing tornado drills and we will continue until the end of school, along with fire drills. Just a reminder that Ms. Shellan and Ms. Chandra's classes will have their last day on May 17th and Ms. Donita's class will end on May 25th.

Next year all of the classes will end on the same day.

We are preparing for the End of Year Program on May 10th at the community building. Thank you to the families that attended our Emergency Preparedness workshop. I hope you found it informative and useful.

Cecilia Dowell,
Center Manager

Otero College
Child Development
Services

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April 2022

Registration for 2022-2023 .

On April 8th we will have **open enrollment** for eligible children. Please help to spread the good news to help us find children who would benefit from our program. A Child must be age 3 by July 1st, 2022 to be age eligible.

Parent Committee Report

On March 30th we held our Parent Committee meeting before our Emergency Preparedness Workshop. Parents were informed about upcoming events in the next two months. Picture Day is April 12th. And on May 10th we will have an End of the Year Program at the Community Building.

Parents voted to use the rest of the Parent Fund to buy a book for each child and prizes for games at the end of the year fun day for the kids. Jessie Espinoza made the motion and Connie Bax seconded the motion, all parents agreed. Parents participated in the Emergency Preparedness workshop with Jason Hibbs, there was a question/answer session.

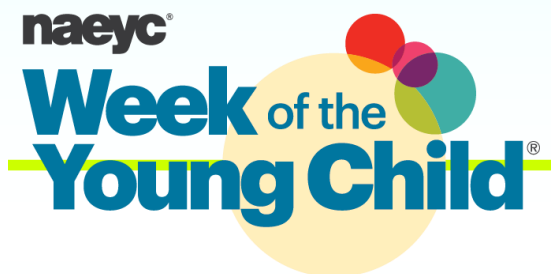
After the workshop, parents in attendance picked up their child and went to tour the emergency vehicles in the parking lot. Thank you Lamar Fire Department and Ambulance for being there!



April 2022

Open enrollment for new students is April 8th from 10:00am to 6:00pm call 719.336.1203 for more information

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Week of the Young Child is April 2nd through April 8th
3	4 Music Monday	5 Tasty Tuesday	6 Work Together Wednesday	7 Artsy Thursday	8 Family Friday—see bubble activity	9
10	11	12 Picture Day in the morning	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



Week of the Young Child
Ideas for celebrating with your child

Music Monday—take out old pots, pans and any musical instrument that you have at home. Name your band and play a bunch of songs.

Tasty Tuesday—Tasty Tuesday is also Taco Tuesday—have your child help you make the ingredients for tacos and enjoy!

Work Together Wednesday—Have your child help you with common activities around the house like sorting laundry by color and shapes., set the table, pick up toys etc.

Artsy Thursday—get some sidewalk chalk and give your child freedom to draw whatever they want on the sidewalk or driveway. Send me a picture of it!

Family Friday—Play some bubble games!

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MESSAGE IN A BACKPACK™

Bubbles

Family Play Plan

Bubble play is just plain fun. And it helps children cooperate, take turns, and solve problems.

Support your child's learning by talking about what's happening: "You blew a huge bubble," "The bubble floated away and popped," "You were very patient waiting for your turn." Ask simple questions: "Can you make it bigger?" "What is the wind doing to the bubbles?" Watch your child play to see what interests him. It'll also help you figure out what questions to ask to expand his learning.

Make your own bubble mixture or buy some. Use it with these bubble games.

Photograph: © Getty Images

Bubble Solution Recipe

INGREDIENTS	DIRECTIONS
• 6 cups of water	Pour dishwashing liquid into water and slowly stir. Try not to let foam or bubbles form while you stir.
• 1 cup dishwashing liquid (Joy and Dawn work really well)	Add each syrup or glycerin and stir gently until combined.
• 1/4 cup corn syrup or 1 tbs. glycerin (available at pharmacies)	Now it's ready for blowing bubbles!

Bubble Games

Bubble relay
Use one plastic bubble wand and the bubble mixture. Family members stand in a line. The first person blows a bubble and passes the bubble and wand to the next person. (If the bubble pops, the child blows another bubble and passes it again.) Ask your child to predict how many times your family can pass the bubble without popping it.

Bubble tag
Use one plastic bubble wand and the bubble mixture. The person who's it uses them to tag others with bubbles instead of hands. Bubbles must land on another player to count. Play in a small space so children are able to tag others.

Bubble obstacle course
Make a start and a finish line and create a course using milk jugs. Have family members line up on either side of the course. The child who is it moves from start to finish dodging bubbles, trying not to let any bubbles touch him. First, one person blows bubbles. If the child successfully reaches the finish line without a bubble touching him, then two people blow bubbles, then three, etc. The more bubbles, the harder it is to make it to the finish line.

This information has been adapted from Family Play Plans by TRUCE (Teachers Resisting Unhealthy Children's Entertainment). A variety of materials are available on the TRUCE website (www.truceteachers.org) that will help parents and teachers counteract the negative impact of media and marketing on children and promote positive play activities.