

IMPACT Meeting

April 6, 2022

PUZZLE OF THE DAY

What has 88 keys but can't open a single lock?

I come down, but I never go up.
What am I?

The more of this there is, the less you see. What is it?

When does today come before yesterday?

THINK ABOUT IT

Video

Watch the video on Atomic Habits
https://www.youtube.com/watch?v=U_nzqnXWvSo

SHARE OUT



What can you take away from this video and apply to your own life?

Is there a habit you want to change? How can you use this process to get started.