# **Diabetes Info**

### **EXPECTATIONS**

## Student

- Bring emergency bag to school and carry on person all day (to all classes/gym/recess)
- Report to the health office before and after physical activity and meals
- Cell phone charged each day (if using as a monitoring device)
- Ideas to assist: Tile for diabetic bag, find my iPhone

## Parent

- Stock health office with the following:
  - o Extra supplies: lancets, needles (if no pump), test strips, alcohol wipes, glucometer
  - 5-15g prepackaged snacks, 15g juice boxes
  - Emergency med: glucagon kit, baqsimi (nasal powder) or evoke (pen)
  - o Paperwork: Diabetes Plan updated with each new school year
  - Remind student to bring emergency bag and supplies to school each day
- Remind student to bring charged phone each day
- Communicate to health office when buying in cafeteria
- Assure student gets breakfast dose of insulin at home
- Share Dexcom monitoring with health staff: send invite to (school nurse email)

## School/Health Office

- BG checks throughout day
- Monitor via Dexcom/monitoring device
- Administer insulin prn
- Administer snacks/sugar prn
- Manage highs/lows
- Report #s to parents
- Keep updated DMMP on file
- Train school staff that interact with diabetics