Thursday, February 3, 2022







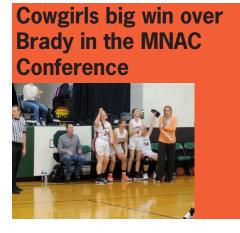
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Vol. 7 Issue 4



CK Freshman Ally Heath takes a shot during Girls Basketball action versus Kadoka at Cody-Kilgore.







Administration

Counselor's Corner: CK Scholarship situation

By Kristin Fay

CK Guidance Counselor

Cody-Kilgore seniors are busy selecting their future college and working on scholarship applications. There are several organizations in the area that offer scholarships specifically for graduating Cody-Kilgore students. We also have

our own scholarship fund that offers a yearly, competitive scholarship for graduating seniors.

Three years ago, Cody-Kilgore received a grant from the Kinman-Oldfield Family Foundation. This grant allows us to fully or partially match some of our local scholarship opportunities. The Foundation fully matches the first \$2,000 raised for scholarships. Each additional \$1,000 raised over the initial \$2,000 receives a \$250 match. Kinman-Oldfield Family Foundation will match up to \$5,000 which is equivalent to \$14,000 in fundraising.

If you would be interested in donating to the Cody-Kilgore Scholarship Fund or creating a new competitive scholarship opportunity, please contact Kristin Fay at the high school!

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Tylan Blume, Drew Farrell, Dom Fresquez, Jacob Knox, Aubree Johnson

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School District #30 Board of Education Agendas are kept continuous and are available at the office of the Superintendent. 360 West 4th Street, Cody, NE 69211

MEME me up, sCKotty





Comments, Questions?

E-Mail them to cknews@cody-kilgore.com or mail to CKHS: 360 West 4th Street, Cody, NE 69211 Please note that all contributions will be previewed by the CKUS administration. Publication for each edition of the CKBeat will be the 20th of each month.

Opinion

Point : Counterpoint *with* **Kamryn and** Max

By CKBeat Staff

CKBeat

CK Sophomores Kamryn Tucker and Maxwell Pruitt are tackling the issues that matter.

In this series, these two gentleman will debate the merits of a variety of hard-hitting controversies impacting society. Whether they argue the merits of classifying a hotdog as a sandwich, or determining the appropriate way to hang a roll of toilet paper, Kamryn and Maxwell will not hesitate to discuss, debate, and determine the the truth's truth.

This is Point : Counterpoint

Issue 3: Would you much rather have 8 legs or 8 arms?

Max: I would much rather have 8 legs because you would be like a spider. Could you imagine waking up at 5 a.m. and looking out the window and seeing a dude with 8 legs. **Kamryn**: No 8 arms would be so much better. If you had 8 arms you could build a barn amish style so fast.

Max: I could act like a statue and get so much money.



Courtesy CKBeat Staff

Kamryn and Maxwell debate the issues challenging our times to ultimately bring CK together

Kamryn: That's another good reason you would earn so much money and get so much recognition. I would have so much money. **Max:** Could you image me in a kick boxing fight, I would whip everyone. **Kamryn**: See your advantage in kick boxing goes away with regular boxing, Mike Tyson wouldn't stand a chance.

Winner: Mike Tyson.

Office Notes: Wintering Well - Skin Edition

By Carrie Ford

CK Front Office

Has the uber cold been wreaking havoc

on your skin? It has mine! Let's face it, after a certain age, AHEM, (no number needs to be mentioned) your skin doesn't bounce back from the elements quite like it used to. I love to learn about skin care. About 10 years ago I started digging into skin care and how to be a bit kinder to the shell I've been given. One thing that has changed for me is that my normally oily skin is no longer well lubricated, and I get dry itchy patches even on my face. Usually, the dry itchy patches come with winter and the extreme cold. For today's episode I want so share with you some of the tips and tricks I have learned via the good old internets.

You can save your lips with a moisture sandwich.

1. Exfoliate your lips 1-2 times a week.

2. Moisten lips with water.

3. Apply a generous layer of a gentle moisturizer like CeraVe Lotion, Eucerin, or Vanicream. Let set for a minute.

4. Finally apply a barrier layer using Vaseline, Aquaphor, or lanolin. Oatmeal can save your skin. Who knew Quaker Oats could be heart healthy and a skin savior! Colloidal oatmeal has emollient properties that can be very beneficial to your skin. It's got fats, minerals, and vitamins in it and your skin loves it. Look for skin creams or lotions containing colloidal oatmeal. A good example of this would be Aveeno Oat Repairing Cream.

Prebiotics or probiotics might be a winner for your skin. Some recent studies show that a dose of probiotics in your skin care can be very effective at tackling eczema. Basically, pre and probiotics help keep your good microbes healthy. This allows your skin to do what it's supposed to do and not be angry or irritated. I've tried Gladskin with great results.

Lipids, peptides, and ceramides care are your basics. Any products with these will be like comfort food for your skin. CeraVe products have a lot of ceramides, and your skin will thank you. Lipids are natural fats found in your skin. When your skincare contains lipids, it helps to create a barrier. This barrier can help keep out dirt and other contaminants. Peptides are a

Administration

From the desk of Superintedent Orrock



By Ryan Orrock

CK Superintendent

Cody-Kilgore Parents and Guardians,

Thank you, Cody-Kilgore families, for supporting our school. Community support is what makes our small district successful. I came across a letter that a Lacrosse coach wrote to parents before the season. It talks about what a supportive parent looks like. I think we need reminded on what it takes to make a successful season, and all the things that need to happen.

Dear Sports Parents,

It's me, your coach. I just wanted to drop you a line and let you know that I appreciate and recognize that you are among the group of "good parents" who support their child in athletics, the right way. You may have noticed that you are a rare yet respected breed in this era of athlete entitlement which coaches of the world are slowly being swallowed by. The decision you have made to be supportive rather than critical of my leadership is something that radiates through your athlete. This gives me and many coaches like me, hope for the future of sports.

You are the parent who without fail, chooses to be helpful and offers solutions rather than creating additional problems. You are that parent who actively displays enthusiasm for your child as a member of my team. More often than not, I am seen as the one-dimensional decision-maker who many parents seek to address personally only when expressing discontent with the inventory on their athlete's playing time. You are that parent who encourages your athlete to speak directly to the coach instead of just complaining. You do this because you realize in the world of shrinking lines of communication, your child will be a step ahead of the game if they strengthen their ability to advocate for themselves early on. You are the same parent who unprompted, brings half time snacks or team Gatorade even when you are fully aware your child may or may not see many minutes out on the field or on the court.

As your child's coach, I am not perfect but I am grateful that you see me as a person who is doing their absolute best rather than someone who is out to intentionally dilute or taint the experience of your athlete. There are countless coaches struggling to understand this generation, so please allow me to throw some praise your way from all different levels.

Office Notes CONT'D: Wintering Well - Skin

powerful product and there are many kinds of peptides. Think of peptides like baby or little amino acids. Amino acids are considered the building blocks of everything good for your skin, aka protein. Protein helps with collagen, elastin, and keratin produc-

tion. In turn those three things affect your skins elasticity, texture, and firmness. One product that has lots of support is Skinfix Barrier + Triple Lipid-Peptide Face Cream. I've tried quite a few of these products and have seen improvement in my dry old skin. Everyone has hobbies and one of mine is skincare. Hit me up with your skincare questions. Maybe I can help. If not, I'd be glad to research it for you. That's what I call fun. Have a great February and stay warm.

School Board Minutes

CKUS October School Board Minutes

By Ryan Orrock

CK Superintendent

Cody Kilgore Unified Schools Minutes of the Board of Education

Meeting January 17, 2022 Cody Secondary School

1. The regular Board of Education Meeting was called to order by President Adam Naslund at 6:34 p.m. Roll call – All members were present. Ryan Orrock & Donna Blocker were also in attendance. There were no guests. President Naslund verified the posting of the Open Meetings Act, the meeting time & place. 2. Election of Officers:

a. Shannon Ravenscroft nominated Adam Naslund for President. Kurt Busenitz seconded the

nomination. All nominations ceased. Shannonyes, Kurt-yes, Bethany-yes, Tim-yes, Landonyes. Adam-abstained. Motion carried 5-0. b. Shannon Ravenscroft nominated Tim Nollette for Vice President. Kurt Busenitz seconded the

nomination. All nominations ceased. Shannonyes, Kurt-yes, Bethany-yes, Adam-yes, Landon-yes. Tim-abstained. Motion carried 5-0.

c. Kurt Busenitz nominated Bethany Swendener for Secretary. Shannon Ravenscroft seconded

the nomination. All nominations ceased. Shannon-yes, Kurt-yes, Adam-yes, Tim-yes, Landon-

yes. Bethany-abstained. Motion carried 5-0. d. Bethany Swendener nominated Shannon Ravenscroft for Treasurer. Kurt Busenitz seconded the nomination. All nominations ceased. Adamyes, Kurt-yes, Bethany-yes, Tim-yes, Landonyes. Shannon-abstained. Motion carried 5-0.:

3. Appointment of Committees followed:

a. Americanism & Textbooks Committee: Shannon Ravenscroft, Bethany Swendener, Kurt Busenitz

b. Curriculum, Instruction and Assessment Committee:

Shannon Ravenscroft, Bethany Swendener, Kurt Busenitz

c. Personnel and Community Relations Committee:

Adam Naslund, Tim Nollette, Landon Miller d. Facilities and Finance Committee:

Adam Naslund, Landon Miller, Tim Nollette

e. Technology and Equipment Committee: Bethany Swendener, Kurt Busenitz, Shannon

Ravenscroft

f. Transportation Committee:

Adam Naslund, Landon Miller, Kurt Busenitz g. Circle C Committee:

Tim Nollette, Bethany Swendener

h. Safety Committee:

Shannon Ravenscroft, Kurt Busenitz

4. It was moved by Bethany Swendener & seconded by Tim Nollette to approve the agenda as presented with the addition of items 10, 11, 12 & 13 and to add a Legal notice to the Executive session. Roll call vote. Motion carried 6-0. 5. It was moved by Shannon Ravenscroft & seconded by Landon Miller to approve the consent agenda as presented. The Board approved the claims in the amount of \$353,043.16 and the minutes from the December 13 & 17, 2021 meetings. The appointment of Ryan Orrock as Federal Programs Officer; The appointment of Donna Blocker as Ex-Officio Secretary for the Board of Education; The designation of KSB School Law as Legal Counsel for the School District, Valentine Midland News as the official newspaper for the School District, Security 1st Bank as the official Depository of School District Funds; Recognize the Cody-Kilgore Education Association as the exclusive bargaining agent for the district's non-supervisory certificated staff for the 2022-2023 contract year. Roll call vote. Motion carried 6-0. New Business:

6. It was moved by Tim Nollette & seconded by Kurt Busenitz to approve the President, Secretary and Treasurer to sign checks. Roll Call Vote. Motion carried 6-0.
7. It was moved by Kurt Busenitz & seconded by Bethany Swendener to amend policy #6004, #6013 & #6020 as per KSB's recommendation. Roll Call Vote. Motion carried 6-0.
8. It was moved by Bethany Swendener & seconded by Kurt Busenitz to adopt the recom-

mendation of eligibility as presented. Mr. Orrock shared the teacher's feelings on this, and it was decided to move eligibility to 70%. Roll call vote. Motion carried 6-0.

9. Discussion followed on the progress of the building project. There will be a committee meeting on January 26th at 7:00 pm in Cody with Tobin Buchannan.

10. It was decided to table the discussion on filling the Art Teacher position. Mr. Orrock will continue to research some options for next year. 11. It was moved by Kurt Busenitz & seconded by Tim Nollette to accept the resignation of, with thanks and appreciation for his many years of service, Dave Hafer as Elementary Custodian as if May 17, 2022. Roll Call Vote. Motion carried 6-0.

12. It was decided to table the decision on hiring a Concession Stand Supervisor at this time. Mr. Orrock will continue to work on coming up with a plan of action for concession stands. 13. Mr. Orrock shared his concerns with a problem of mold in the superintendent's house and plaster falling off the ceiling in the upstairs bedrooms. The board encouraged him to find someone to come in & fix the problems. Superintendent Report:

The CDC has released new guidelines for Covid. If you test positive or have symptoms you must stay home for 5 days or until your fever is gone. After that you need to wear a mask for another 5 days when you are out among others. All the HVAC units have been installed & we are waiting for the remaining details to be completed. We have implemented a new program for students to leave their classroom. E-Hall Pass gives us the opportunity to see the frequency of students leaving the classroom. The Strategic Planning Day was a success. The sewer project in Kilgore is on currently on hold. The semester testing policy seemed to have a few glitches, but we will continue to work on it for our students. Mrs. Fay did a great job of putting together the schedule. The first draft of the academic calendar for 2021-2022 was presented for the board to review and discuss. 14. It was moved by Tim Nollette & seconded by Landon Miller to move into executive session at 8:51 pm for the purpose of discussing legal matters & personnel. Roll call vote. Motion carried 6-0.

15. The Board came out of executive session at 9:40 pm.

16. Discussion followed on the contract for the Business Manager. It was decided to table the motion

until Donna can gather more information for the board.

17. It was moved by Kurt Busenitz & seconded by Bethany Swendener to adjourn the meeting at 9:42

pm. Roll call vote. Motion carried 6-0. 18. The date for the next regular Board meeting will be February 14, 2022, at 6:30 pm in Kilgore.

Claims submitted & approved: Amazon Capital Services, supplies, \$653.92 Arnold, George, HSA, \$219.81 Bomgaars, supplies & snow blower, \$1,077.37 Circle C Market, supplies, \$519.35

Cody Oil, fuel, \$4,659.45 Creativetime Solutions, time clocks, \$31.25 D/W Machine & MFG, shop supplies, \$172.00 Egan Supply Co, custodial supplies, \$1,332.72 ESU 17, service contract, \$9,128.00 Great Plains Communications, telephone, \$106.16 Harris School Solutions, tax documents, \$236.80 Innovative, custodial supplies, \$146.00 KBR, electricity, \$5,031.47 Lakeshore, supplies, \$264.90 LaQuinta, lodging - Leslie, \$112.95 Naslund. Janell, HSA, \$295.16 PowerSchool Group LLC, annual renewal, \$3,779.08 Presto-X, exterminator, \$107.00 Rasmussen, HVAC project - ESSER III, \$120,000.00 Ravenscroft, Liz, tuition reimb, \$1,105.75 RehabVisions, P/T and O/T services, \$1,548.61 Rider Classroom Spanish LLC, second semester Spanish, \$3,400.00 Roseberry, Leslie, meal reimb, \$9.79 Security 1st Bank, safe box rental, \$15.00 Valentine Medical Center, drug test - Larry & Marty, \$80.00 Valentine Midland News, advertising, \$34.03 General Fund Pavroll & Benefits, \$198.976.59

Respectfully Submitted, ____

Secretary

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Top 10 New Year's Resolutions

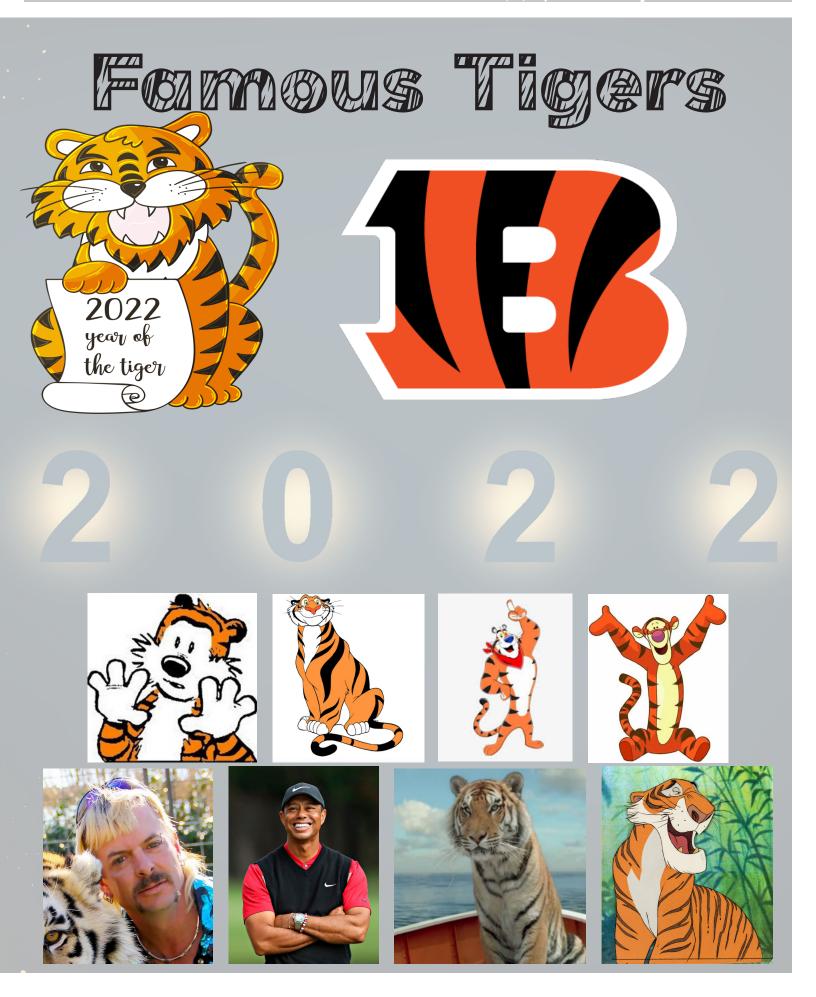
Exercise more Lose weight Get organized Learn a new skill or hobby Live life to the fullest Save more money / spend less money Quit smoking Spend more time with family and friends Travel more Read more, according to kristv.com.

Top 10

BOOGE BEATJ FOR 2022

- 1. 'New Year's Resolution' by Camera Obscura
- 2. '1999' by Prince
- 3.'New Year's Resolution' by Otis Redding and Carla Thomas
- 4. 'Let's Start the New Year Right' by Bing Crosby
- 5. 'Happy New Year' by Abba
- 6. 'Bringing In A Brand New Year' by Charles Brown
- 7. 'Funky New Year' by The Eagles (a.k.a., the worst band, ever)
- 8. 'Gonna Make it Through This Year' by Great Lake Swimmers
- 9. 'New Year's Eve' by Tom Waits
- 10 'This Will Be Our Year' by The Zombies

Happy New Year 2022!



Nost Romantic Cities!

By Aubree Johnson

Are you planning on taking your special someone on a dream vacation? Answers are probably, "In my dreams." or "With what money?" but I will still

Valentine's D

take you on a vivid and enticing tour of some of the most romantic cities in the world! Pack your bags because we are going around the world for free!

The first stop on our tour: Paris, France. This city is famously known as The City of Love. Make sure to add taking a walk through Parc des Buttes-Chaumont, a heavenly garden, or having a candlelight dinner at Le Jules Verne to your itinerary. Between the shimmering lights on the Eiffel Tower and the heavenly pastries, you and your bae with surely share some lovey-dovey feelings.

Now arriving in Rome, Italy, our second stop. This city is full of sensational architecture and rich historical landmarks. The cobblestone streets are sure to provide a truly romantic

evening stroll. If you ever find your way to Rome alone, make sure you visit the popular Trevi Fountain! There is a running myth that if you toss two coins in, you will fall in love with an attractive Italian. If I were you, I would start packing my bags and buying my plane ticket.

Next stop, Mykonos Greece, my personal favorite! The alluring beaches and breathtaking sunsets make this destination absolutely perfect for an idyllic getaway with your other half. Between the summer party atmosphere, and the various bars blasting music, you will for sure find yourself letting your hair down and getting in the party mood!

Fourth stop, The Bahamas. When you hear about The Bahamas, you automatically think of a dream vacation, right? Well, you are absolutely right. The crystal clear waters and palm-fringed beaches are sure to give you a tranquil vacation. If you ever decided to flee the stress of your job, make sure to take your boo island hopping.

Fifth and final stop, Venice, Italy. Venice is the perfect stop for a calm and serene vacation. It's nickname is La Serenissima, which translates to the Most Serene. That's just perfect! Just imagine taking a sunset gondola ride for two and floating past the beautiful Renaissance architecture and seeing the gorgeous sunset painted onto the water. What could be more romantic than that?

Valentine's Day

CKBeat



Do you ever find yourself having troubles making your girlfriend or boyfriend absolutely swoon over you? Have no fear. I'll rescue your relationships with these Valentine's Day puns. -Words can't espresso how much I love you! -Don't go bacon my heart! -Will you be mine? -You guac my world! -I'll owl-ways love you! -Aloe you vera much! -I'm ready to take it from "cacti" to "cactus" -Orange you glad I'm yours? -I lava you! -I love you berry much! -If you were a triangle, you'd be a cute one! -I love you very moss!

Valentine's Day Desserts

Thinking of staying in for Valentine's Day? Instead of doing nothing fancy for your boo, make them some of these delicious treats. If you are trying to attempt to make some of

these pastries at home, don't get your s.o. sick. I would not want to spend my Valentine's Day dealing with that, so do this at your own risk. The recipies will not be in this because this isn't Food Network, and I'm not a sous chef.

Let's start with the easiest on my list! Chocolate covered strawberries! Super simple, but you can still jazz them up with a white chocolate drizzle or Valentine's Day-themed sprinkles!

Next up, Raspberry Cheesecake. Who doesn't love cheescake? Now add raspberries, even better! I can just imagine the heavenly filling mixed with the crumbly crust. Chef's kiss.

Now just think, Jam-Filled Thumbprint Cookies. When I saw the picture of these cookies, I knew I had them to put them on my list! I can just see my perfect, cartoon mom making these cookies for me after I got home from school!

Sugar Cookie Candy Hearts, just perfect! They are so easy to make and are so festive! Pink frosting with cute heart sprinkles would be the perfect touch to these cookies!

Last, but not least, Red Velvet Lava Cake. Oh my gosh, my mouth is watering. I can just imagine cutting into the cake, and having yummy chocolate filling just oozing out. I don't know if oozing would be the best word to describe it, but still... yum!

Six-man player of the year, Peyton Sterkel

By Drew Farrell CKBeat

It is with no doubt that the Cody-Kilgore cowboys had an outstanding year in football. Peyton Sterkel, in particular, had a stand-

out performance throughout the year. Sterkel racked up 1,377 rushing yards and averaged 114.8 yards per game. Sterkel also had 27 rushing touchdowns on the season. Sterkel had the most all purpose yards on the team with 1,741. Sterkel also was named defensive player of the year with a total of 76 tackles; 41 of those tackles were solo and 35 of them were assists. Sterkel had an amazing 14 tackle for losses! Peyton finished second on the team for interceptions (5), right behind Parker Andrews (6). Sterkel was an important piece of this historical team. The team could always count on him to make the right decision. Peyton made a ridiculous amount of awesome plays. An example was in the state game when the Cowboys were on a kickoff. The Coyotes returned the kickoff and met Sterkel. All of the sudden the crowd saw #2 running to the end zone with the ball. Sterkel was a nightmare for opposing quarterbacks in every single game. For example, in the quarterfinals of the playoffs this year against Arthur County, Sterkel had five sacks and six hurries. Their quarterback ended up with -18 rush yards. I think we can all agree that Sterkel had an outstanding senior year and the football team will miss him. We can't



Sports

forget about the other three seniors who also had a fabulous season. They will all be missed and the Cowboys will be looking to rebuild in the next years.

Sign o' the times, CK shines

By Krista Ostransky

CKBeat

The sign says it all!!!! The new and improved State Championship billboards were recently hung along the highway entrances at both Cody and

Kilgore. These signs were made and hung by Bob Dean of Bob's Signs of Valentine, Nebraska. They commemorate the 2002 boys basketball team and the 2021 boys football team who both won State Championship titles. How proud everyone is of all their hard work and accomplishments. We have had some outstanding donations towards the cost of these signs and will continue to accept donations until February 12, 2022. On Friday, February 11, 2022, small fry, Cody-Kilgore Junior High and Cody-Kilgore High School will play Sandhills-Thedford. That evening we will be honoring all parents and guardians of our fantastic basketball players. A special silent auction will be held throughout that evening. Going home with the top two



bidders will be the past 2002 State Basketball Championship billboards. If you would like to own a piece of Cody-Kilgore history to hang up in your garage or shop, we would like to encourage you to come to the game and place your bid. If you are unable to attend, you may call Krista Ostransky at 402-389-0899 to place a phone bid. Go Cowboys and Cowgirls!!!!

Sports

Hawks Soar over Cowboys

By Jacob Knox CKBeat

In a rematch of the opening game of the season the

Cody Kilgore Cowboys (1-7) hosted the Hay Springs Hawks (4-7). In the first game of the season Cody lost a nail biter to the Hawks losing 55-57, looking to get revenge. The game was looking like it was going to go down like the last game with the first quarter being tough to get any buckets and good solid defense with the final score in the first being Cody 9, Hay Springs 8. Going into the second Hay Springs really started to heat up. Cody couldn't seem to get a hand up and even when they did miss Hay Springs would find their way into a easy shot with a offense rebound. Cody could not hit a shot and the

score at the end of the second quarter was Cody-Kilgore 12, Hay Springs 30. Coming out of the first half people were hoping the Cowboys could turn it around and find something good to build off of. There were some good things in the 3rd quarter doubling the points scored in the first half with 12 but they still let Hay Springs score 19 in the 3rd quarter which is abmissmal defense. Coming into the 4th quarter the score was Cody-Kilgore 24, Hay Springs 49. In the 4th quarter it was incredibly hard for either team to score and it was a closer quarter with a tied score of 6 to 6, this was what everyone was looking for when they had seen that Cody had only lost to this team by 2 earlier in the year. The final score was Cody 30, Hay springs 55



Dylan Naslund looks for an open teammate the CK v. Hay Springs game.



Cowgirls drop Brady Eagles, notch first win in 2022

Sports





Trophy Case update: New additions and engraved trophies Football team picture and signed NSAA football added







Mrs. Arnold's Musical Musings: Sing Around Nebraska

By Mrs. Arnold

CKBeat

The spring semester has begun and music students are busy preparing for a variety of upcoming activi-

ties. Participants in Sing Around Nebraska have been staying after school once a week to prepare for their event on February 26, Junior High and High School students are choosing and rehearsing music for contests in March and April and spring music concert preparations have begun.

In the midst of everything, Rylie Sexson, Kayleigh Ravenscroft, Naomi Busenitz, Emiliano Garza and Madysen Leithead prepared for and attended the Singing Youth of Nebraska Honor Choir. It was held this past Saturday, January 29, 2022, in North Platte. Students were selected for this honor via audition in the fall. Seventh-Ninth Grade vocal music students across the state competed for the 115 spots by recording a scale, My Country 'Tis of Thee and a solo selection of their choice. Those selected were sent music to learn ahead of time with their local director and then gathered at North Platte High School on Saturday to rehearse and refine the music with Guest Conductor, Lyn Bouma, before performing a concert that afternoon.

As their local director, I am incredibly proud of all students who auditioned, whether they were selected or not. It takes a lot of bravery to sing by yourself for an audition. Additionally, Cody-Kilgore's students were competing for spots against much bigger schools from places like Omaha, Kearney, Fremont, Columbus and North Platte. CK had 10 students audition and 5 were selected (with several

that I believe were probably right on the cusp), which is an incredible percentage considering the tough competition. Congratula-



tions to Rylie, Kayleigh, Naomi, Emiliano and Madysen on a job well done!





Anything, Anything, Anything, Anything,

Preface: I, Mr. Arnold, asked Drew Ferrell to write an article for this issue of the newsletter. When he asked what to write, I said anything. This is what he submitted for his final draft:

By Drew Ferrell

Anything Anything Anything Anything Anything Anything Anything Anything Anything

Anything A



Anything Any

O-fer, lingering lessons on life's losses

By Mr. Arnold

CKBeat

Oh, how the mighty have fallen.

From the files of the "Back in My Day" Archives comes a lesson in humility. One day after sayoring the bitter taste of defeat after a crushing youth soccer loss, I remember my dad telling me, "Son, sometimes you're the fly, and sometimes you're the windshield." This short quip has served me well lo these 41 years. That's not to say it's been 41 years of losing. In that case, it really depends on one's definition of loser. How about a little context. My high school is a basketball school. From the dawn of prep sports in Nebraska to last season, the Beatrice Orangemen basketball program has proven time and again that it is elite. Sounds great, right? Well, unfortunately as good as the basketball program is, historically, the football team has been the definition of subpar. In fact, during a stretch in the 1980s, the Orangemen football team set a national record for consecutive losses and losing seasons. Now to be clear, BHS, a solid Class B school regularly

played an all Class A schedule. I'm not sure why the Athletic Director chose to doom the football program to obscurity, but I'd venture to guess it had something to do with the "to be the best, beat the best," mantra. That philosophy, though ambitious, proved disaster.

It wasn't until a new coach arrived, from Iowa of all places, that the Orangemen began to turn things around. They made the playoffs, losing in the first round in 1992. In 1993, BHS made the Class B quarterfinals, only to lose a heartbreaker to Columbus Scotus. It felt as though the program finally had momentum. That was, unfortunately, not the case. Fast-forward to the 1997 season, the Orangemen stumbled and bumbled to a 0-9 finish. It was miserable. I remember quite clearly because I was the starting left guard. That year we celebrated homecoming nine times. Yes, we held our school's homecoming, and we happened to have the distinction of being the sacrificial pawns for eight other schools. Admittedly, it wasn't the best experience, but there wasn't a time during that o-fer season that I felt like giving up.

It seemed like success was always just around the corner. The culmination of the season's humiliation came at the hands of BHS's fiercest rival, the Lincoln Pious X Thunderbolts. That night after a 61-0 shellacking, my classmates and I vowed to do anything to avoid a similar embarrassment during our senior year.

The point of all of this boomer rambling is to remember that winning is great, but losing is also good. Losing humbles a person. It can also be the best motivator. In my case, we were able to win a few games my senior year. My team didn't finish with a winning record, but we won more games than the previous three years. So, sure, it's fun to win, but I can't help but feel like losing so much helped me deal with loss and failure in ways that younger generations can't appreciate until their older, too. Perspective has a way of explaining why things didn't always go the way they were supposed to go. Sometimes the good guy gets knocked down, but he always gets back up to take one more crack at greatness. Never give up, because all of that failure just makes the next win that much sweeter

Tylan Talks

Season 4 of Cobra Kai packs a punch

By Tylan Blume

CKBeat

Warning this article contains spoilers so those of you who have not watched

Cobra Kai season 4 or Cobra Kai at all should not read this article. Those of you who don't mind and just want to continue to read this newspaper just remember you were warned.

Hawk (Eli Moskowitz) has what you would call an identity crisis in this crazy season of Cobra Kia. But I am going to start this article from before his arc was complete. In season 1 Hawk is introduced on the show as a boy named Eli who is said by Demetri to be a man of few words. All his life Eli was bullied for having a cleft lip that left a scar.

Later in the season Eli and Demetri join Cobra Kia with Miguel. Demetri quits Cobra Kia after being tormented by Johnny on his first day. When Johnny makes fun of Eli's lip, Eli temporarily quits Cobra Kai.

Then Eli finds out that he had just got the biggest reality check of his life. If he didn't want to be looked at weird then dont look and act weird. The next day Eli shows up to the cobra kai dojo out of the blue literally. Dawning a blue spiky mohawk with a tattoo of a hawk with a blue mohawk on his back as well.

Not only did the mohawk and back tattoo give Eli confidence but it also made him more aggressive and courageous. Also Hawk as he insisted people were to call him, took the no mercy rule quite literally in the all valley tournament.

Especially against Robby Keene, Hawk warned Robby that the point he had just scored would be his last in return Robby mocks Hawk's mohawk and in result Hawk attacks his opponent from behind and injures him. Johnny gets after Hawk and Hawk showing no remorse exclaims what was I supposed to do, be a pussy. Meanwhile after the tournament Miguel see's a picture of Robby on Johnny's fridge and informs Hawk about this, later Hawk and Miguel confront Johnny and tell him that the reason why they are being punished is because Robby Keene is his son. Johnny retaliates by saying no you should not be fighting that way it shows weakness. Johnny concludes by saying that Robby is his son and that it is none of their business.

Midway through season 2 when Johnny allows Kreese to be co-sensei of Cobra Kia Hawk begins to get influenced by him and not in a positive way.



Right when Hawk changed his hair color from blue to red he started to differ from badass to just flat out bully. He betrays his best friend Demetri by beating him up in a mall, luckily Demetri was saved in that bout by his fellow Miyagi Do protectors Sam Larusso and Robby Keene. This wasn't the worst act he had done, he just got worse and worse from trashing the Miyagi dojo to stealing Mr. Miyagi's signature medal.

Johnny punished the Cobra Kai dojo for this and claimed that if the person who trashed the Miyagi dojo would fess up they wouldn't be getting punished. Hawk was about to fess up, but Kreese ordered him not to.

During the practice bout and games with the bandana stealing competition. Hawk and Miguel sparred, midway through their sparring session Miguel finds out Hawk stole Mr. Miyagi's medal of honor, and defeats him and takes it back.

Miguel returned the medal of honor to the Larusso household. The next day at the dojo Miguel felt bad for kicking Hawk in the head after finishing him so he proceeded to apologize. Hawk was quick to forgive him and said We were enemies for a day and friends for life.

During the school fight that was started by Tory Nichols, Hawk found Demetri snitching on Cobra Kia to the teachers. Demetri noticed this and started to run down the halls as fast he could until he found a hiding spot in the computer lab. Hawk trying to intimidate Demetri, he began shouting Demetri's name and said I Know you're in here you think you can hide in the computer lab you damn nerd!

Eventually Hawk found Demetri and they began to fight in front of the trophy case. Hawk striking first as always was not able to counter Demetri's defense, later getting kicked into the trophy case and badly injured.

In season 3 Hawk's bullying begins to become out of control after Johnny Lawrences departure from Cobra kai. Hawk was now under complete influence and guidance of Kreese. Hawk tormented many Miyagi-do students including his former best friend Demetri after breaking his arm. He also stole Miguel's charity money. After Miguel came back to school after recovering from his injury he too was not impressed with Hawk's actions and later condemns him for it.

Johnny makes an appearance at the West Valley school to get his students back and in the process he ends up having to scold Hawk for his betrayal by saying when you first came into my dojo you were softer than a baby's butt I made you what you are not Kreese. Later Hawk starts to take his advice very slowly after cobra kai attack the Larusso household Hawk stops to observe the disaster he had created and starts to realize what he had done.

Hawk redeems himself, saves his best friend from being harmed and apologizes for everything he had done. Afterwards Demetri forgives Hawk and the duo team up and defeat Cobra Kai.

Season 4 of Cobra Kai packs a punch

Despite Hawk's redemption in season 3 he would have to gain trust back from not only Johnny Lawrence, but also Daniel and the rest of Daniel's students.

After a kid named Kenny Payne joins Cobra Kia he shows up to West Valley wearing his Cobra Kia merch this small detail ended up being a mistake as he walked into the bathroom a few of Miyagi Fang students begin to torment him, Hawk trying to resolve the tormenting interveins and after seeing Kenny's shirt he warns kenny that he should leave Cobra Kai before it's too late because they are gonna go down and it's not gonna be pretty. Kenny snitched on Hawk to Robby Keene for this and Robby said that traitor used to be a part of Cobra Kia himself. It's ok we will give him what he deserves sooner than later.

The next day Hawk shows up to school dawning a purple Mohawk instead of red. To me this was one of his first signs of redemption. Moon complements his new hue and informs him that purple is a sign of enlightenment. Which means that he was not only finding his balance physically but also mentally.

Cobra Kai while planning what they're going to do to punish Hawk. Kyler informs his fellow Cobra kia mates about bullying Hawk for his lip in the past his mohawk is what distracts him from his lip and his mohawk is what gives him confidence in conclusion to this sentence his mohawk is what makes him Hawk. Meanwhile when Hawk goes to get his tattoo done Cobra Kia intrudes the tattoo place, ambushes Hawk's tattoo session, attack him and take a straight razor to his signature mohawk post it on social media and humiliate him.

Hawk shows up to Daniel and Johnny's sparring session shortly after the incident. When he showed up everyone could tell there was something wrong due to him having his hood up Hawk removed the hood and showed the dojo his buzzed hair. The whole dojo didn't know what to think of this. Johnny asked Hawk who had done this and he said Cobra Kia. Johnny, infuriated by this began giving Daniel a lecture about how if they would have stood their ground when they had a chance this would never occur Johnny and Daniel's dojo's divide Hawk goes with Eagle fang.

But due to having his head shaved and being humiliated Hawk leaves Eagle Fang and quits Karate all together. After this Demetri searches for his

binary brother and struggles, then he finds out that he has a key to Hawk's house so he goes into the Moskowitz household and asks Hawk where he had been. Afterwards Demetri tries to get Hawk to join Miyagi Do Hawk exclaims by saying i'm done with Karate im not coming back. Demetri goes on to say well you're the Hawk remember Hawk exclaims not anymore and shows Demetri his buzzed head. Demetri goes on to give Hawk a pep talk saying I know you think that Mohawk you had defined who you are but it didn't and I don't care if you have a Mohawk or a mullet all that matters to me is that you are Eli my binary brother. Prior to the lecture he gives Eli, he goes on to show Eli the video they made in computer camp Eli exclaims by saying why are you showing me this? Demetri answers by saying because this is who you are, this is the real you my binary brother.

It turns out that this pep talk really did help Eli as he got inspired to join Miyagi Do with his binary brother and learn a new style of Karate and come to terms with who he really is. After this Eli shows up to a Miyagi Do practice out of the blue this time not too literally. Daniel was happy to see him saying it's good to see you Eli or is it Hawk. Eli exclaims it doesn't matter, I'm just here to help out the team. By the way losing the hawk was not only a tragedy for Eli but also for the actor as well. Jacob Bertrand had also lost confidence while playing the character and struggled during the takes on Eli's tournament scenes which I will proceed to talk about later.

Not only did Eli lose confidence in himself but also in his fighting as he took some falls early in the All Valley tournament Demetri on the other hand had extravagant luck by beating a Cobra Kia student early in the tournament.

Later in the tournament Eli has a bullying conversation with Kyler. Kyler goes on to say to his binary brother Demetri he's lucky he doesn't have to face Cobra Kai. I guess I could say the same for you though and goes on to mock Eli's lip. After this exchange Moon walks up to Eli and tells him that Kyler has always been a bully but that's not who you are. Eli exclaims by saying he doesn't even know who he is these days. Moon glances at his hair and says it wasn't your haircut that defined you, it was your energy and your confidence that was what made me like you. Eli exclaims that he had lost his confidence.

Moon looks at him briefly and then kisses him

this gave Eli confidence not only did it give him confidence but also taught him to be true to himself and metaphorically speaking it helped him find his inner Hawk. He eventually takes on Kyler in the quarter finals and defeats him with his newfound confidence.

Tylan Talk

Eli competes against Miguel in the semifinals Miguel was the fighter who was expected to win but Eli claimed he wasn't going to hold back. Miguel attempts to beat Eli with the front kick but injures his back in the process. Eli feels bad about this and remembers Robby was the one who had injured Miguel's back in the first place so that means this was not only Eli's chance to get back at Robby for shaving his head, but also his chance to get revenge for putting Miguel in a wheelchair.

Robby and Eli/Hawk go at it in the finals and make it to a sudden death overtime round. Robby fought with honor which was surprising and Hawk was able to figure out that Robby had been in Miyagi Do for a long time and had intel on the moves that Hawk was using, But little did Robby know that Hawk was once Cobra Kia's best student and was smart enough to put Robby on defense and break the 1-1 tie in the sudden death round and defeat Robby and become the all valley champion in the boys division.

I truly wonder what's yet to come for Eli/Hawk in season 5, especially the fact that he was able to find confidence after his signature do was shaven. Do you think he will grow it back or do you think he will stay the way he is now? Those of you who watch Cobra Kai can comment your opinions and ideas. In conclusion, after thinking about it I think he won't need the Mohawk to be badass but in order to match his tattoos he may have to get a mohawk again. The actor Jacob Bertrand said in an interview that he is not allowed to spoil it which we don't want him to but he believes that Hawk doesn't need a mohawk anymore and I quote the actors exact words from scratch he claimed that he is not like Samson were needs his hair to have the power. Jacob Bertrand also claimed that maybe Hawk could do some new haircut like a fade or a faux hawk or something like that. Who knows I guess we will have to wait till Christmas of 2022. Article concluded, Cobra Kia watchers don't forget to share your opinions, and as always this is Tylan talking here and I am now signing off for the day.

High School tries new hall pass system

By Dom Fresquez

CKBeat

Cody-Kilgore Junior High and High School is trying out a new pass program called E-Hall Pass to keep students from roaming the halls. In order to use the pass you have to go to the website because there is no app for it yet. On the website you have a drop down box which you click on and select the

teacher your a departing from and the destination you are going to. The teacher then gets a notification on his / her computer and approves the pass so you can go to where you are going. You could bookmark the website on your phone though instead of having to use your Chromebook every time. It works the same way for approving the pass on you phone except you can also show the teacher you have the pass created on your phone and they can take your phone and enter their teacher code and it approves it that way. The other reason for this pass being created is because someone was vandalizing the walls in the bathroom by peeling the paint off. Students would also go to the bathroom and hangout in there during class time. So far there hasn't been a very big change that I have noticed, but there might be that teachers have noticed.





What is your New Year's Resolution for 2022?

Live another year and annoy more people

- Ms. Richie, Staff

"Make it to state speech"

Annalise Busenitz, Senior

"Go hunting more."

- Dalton Keating, Junior "To memorize my speech."

-Sadee Adamson, Sophomore

"To stop hurting people in practice."

- Jasper Roseberry, Freshman

"To not be dumb."

- Jackson Fleagle, 8th Grade

- Dawson Fleagle, 7th Grade

"To lift 500 pounds in the weight room over time."

- Isaac Pitkin, 6th Grade

Jonesing for a purpose: Goodbye

By Riley Jones

CKBeat

Aloha! Welcome back to my freewriting segment! It sure has been a while since you all have been blessed with my lovely thoughts... thoughts uncensored that is. A true scope into my mind. I haven't forgotten you, I just haven't had anything important to write about. My mind has been pretty blank lately. Or maybe it's the opposite? I've been caught in a rhythm of waking up, coming to school, annoying my teachers, applying for scholarships and colleges, going home, eating and going

to bed- only to wake up a solid 7 hours later to repeat it all over again. It's been a lovely few months, really. And by lovely, I actually mean painfully boring. What else has been happening? What else? What else? Oh! America lost their grandma and their dad all in the same month with the passing of Betty White and Bob Saget. That was such a fabulous way to start the year. If I have any true followers of my freewriting segments, they will know that I brought up Betty White in my very first writing... Coincidence? I think not. I've been told I'm quite the fortune teller. Well, I guess that's all for now. To everyone reading (hopefully in a FULL HOUSE).... Thank you for being a friend :)... stay GOLDEN, GIRLS!

FFA Update and Upcoming Events

By Sadee Adamson

In with the New

CKBeatFor the first month of the year, of-
ficers Gage and Tucker traveled toNorth Platte, Nebraska for their State degrees and Inter-
views. They each had to take an assessment that covers
the three circle model. The three circle model is about
their Supervised Agricultural Experience , what they do
in the agricultural classroom, and what they do in con-
tests. Both boys had to keep records of their SAE's and
how they have done in the contests they have participated
in. In the interview, Gage and Tucker explained how they
applied what they learned in the classroom to their SAE
and in contests.

To prepare for spring, the horticulture class is preparing their greenhouse and tower gardens for the growing season. This class is starting to plant flowers and vegetables. In the process, they are experimenting with growing plants and how to measure water pH.

Upcoming Events February 9- FFA District CDE @ Valentine February 21-24 - National FFA Week February 23- FFA District CDE @ Curtis



CK Junior High's Christmas Ditty

These are the pictures I took when I picked up the 15 ditty bags that the kids put together for our older veterans in our community. I took 4 to Cherry Hills the rest went to vets in Cody, Kilgore, Nenzel and Merriman. Our post has as its priority those members that are in nursing homes or little or no family to spend the holidays with. After that it's ones fighting health problems. Our post in Cody would like to thank the voungsters involved in this endeavor also the teachers and staff that helped. Mrs Tolliver, Mrs. Naslund and Mrs. Jones



Millar's Per Hour: The RPM ACT

By Cactus Millar

CKBeat

Imagine this, you're sitting on your couch watch-

ing a movie with the whole family, and you hear this noise. This noise sounds like a weed-eater, but this happens to be the man down the street with a 1998 Honda Civic with a turbo straight pipe exhaust racing around town. A few moments later, you hear another vehicle that sounds like a jet and train mixed, dumping enough smoke to put a natural gas plant to shame. This right here is a twin-turbo 12-valve Cummins putting down enough power to drag a space shuttle to Mars. Continuing on the noise, you then hear a raspy low deep rumble coming next. This is just your good old-fashioned American muscle car, a 1969 Camaro, with a

400 big-block running a full race exhaust. When a person hears this, it is just a way for fellow Americans to express their freedoms. Now think about if none of this is around. It is entirely dead silent anymore, and when you do hear something, all you hear is the buzz of electric cars driving around town with little to no sound. You might be wondering what changed? The Environmental Pollution Agency just cracked down on modified vehicles with no backlash. No one knew what the Recognizing the Protection of Motorsports Act was and could help this not happen. The RPM act is a petition that received enough notice for Congress to take it on. If the RPM act is not passed, this could be a genuine possibility that a person will not hear those loud vehicles running

around anymore. This also means that there are no more sports cars, track cars, NASCAR, anything with a modified engine will not exist. The EPA wouldn't just be going after the modifications of street vehicles; they are also going after other forms of racing. The EPA is going after racing sports, such as Nascar, Truck Pulling, Demolition Derby, Circle Track, and any other type of vehicle racing. There are too many down-to-earth American sports that so many people enjoy for the EPA just to cut off all these famous motorsports. Let alone all the money that could and would be lost if followed through with all of these restrictions. For example, according to thedrive.com, Nascar makes about \$660 million per year.



Who's your Valentine for 2022?

"My husband, Scott Kadlecek."

- Mrs. Kadlecek, Staff

"My mother"

- Peyton Sterkel, Senior

"My dog, Cash."

- Byron Skinner, Junior "My accounting book."

- Abigail Busenitz, Sophomore

"My apple."

- Ayden Naslund, Freshman

"Rachel Farley."

- Kaden McNare, 8th Grade "My horse."

- Maddison Leithhead, 7th Grade

"My horse Harvey."

Mikena Sterkel,
 6th Grade



Cody to cabo, Aloha, Mr. Hand!

By Trey Hand

CKBeat

Why? How?

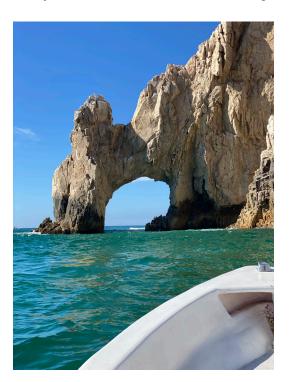
My mom and I went on vacation to Cabo San Lucas, Mexico. It was a random trip where the timing was just right. My mom had already taken the weekend off for my grandpa's 70th birthday, and I had already planned to go with her. Then she texts me and says "Hey want to go to Mexico?"

The resort we stayed at was Villa del Palmar in Cabo. It was a very huge resort. Our room was bigger than most people's houses. It had a master bed-room with a bathroom connected to it. There was also another bathroom and a kitchen. There was a living room too there was a huge TV and a pullout couch.

We flew out of Grand Island, NE at 7:00 a.m. on January 28th, 2022. From there we flew an hour and a half to Dallas, TX. We had an hour layover but it was my mom and I's first time in Dallas, so it took us almost the entire hour to find our gate. After that we flew to Cabo and I thought it was really cool because we got off the plane on to the airstairs instead of into the airport. After we got off the plane they took us to the airport in a bus and we walked for what seemed like forever before we could get our bags.



Cabo San Lucas is in Baja California Sur. It is a beautiful place. Half of it is at the edge of the Pacific Ocean and the other half is at the edge of the Sea of Cortez. I was scared to fly to another country for the first time just because I've never flown before, especially not over the ocean.



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