

# Wabaunsee High School Track & Field Results

**At: Lyndon Date: 4-1-2022**

## **Athletes of the Week:**

**Throws:** Blake Murphy

**Jumps:** Austin Spellman

**Sprints:** Connor Strait

**Distance:** Matthew Vanstory

## **Personal Record Times & Distances:**

Justin Carlson: Discus 101'6

Blake Murphy: Shot Put 32'11.5

Austin Spellman: Long Jump 12'7.25

Wyatt Wurtz: 800 Run 2:18.34

## **Medals:**

Girls 4X100 Relay: Maddie Schurle, Sienna Jones, Sophia Castillo, Lauren Schutter 1<sup>st</sup>

Lauren Schutter: Triple Jump 1<sup>st</sup>, Long Jump 1<sup>st</sup>, 200 Dash 2<sup>nd</sup>

Payton Wurtz: 1600 Run 1<sup>st</sup>, 800 Run 1<sup>st</sup>

Rebekah Stuhlsatz: 3200 Run 1<sup>st</sup>

Girls 4X800 Relay: Sophia Castillo, Rebekah Stuhlsatz, Jenna Donaldson, Isabelle Stuhlsatz 2<sup>nd</sup>

Maddie Schurle: 100 Hurdles 2<sup>nd</sup>

Girls 4X400 Relay: Sienna Jones, Payton Wurtz, Emily Meyer, Sophia Castillo 3<sup>rd</sup>

Sienna Jones: Triple Jump 3<sup>rd</sup>

Wyatt Wurtz: Triple Jump 3<sup>rd</sup>

**Team Scores: Boys: 13 pts, 12<sup>th</sup> place**

**Season Record: 3-11**

**Girls: 98 pts, 1<sup>st</sup> place**

**Season Record: 14-0**

**Comments:** We're really pleased with our start to the season. It's not easy to set a PR at the first meet, because that means you're putting up a better mark after 4 weeks of practice than you were after the entire previous season. But our boys managed 4 PR's to start the year! The last 2 seasons our girls team finished 13<sup>th</sup> at State while never placing higher than 4<sup>th</sup> at any meet, this year we started out by winning a meet for the first time winning the Riley County meet in 2016!

We've set some pretty high goals this year. So while we are pleased with these results, we know they are only a starting point. We now have marks to improve on and we know that comes from putting in the work every day in practice. If we keep that mindset, then our greatest accomplishments will be at League, Regional, and State, not just the Lyndon Meet.