



Cougar News



IMPORTANT DATES TO REMEMBER

**Tue. 4/5 ~ 4:00 Beginning
Band Rehearsal @ RMS**

**Wed. 4/6 ~ Early
Dismissal 12:15**

**Thurs. 4/7 ~ 4:00
Advanced Band
Rehearsal @ RMS**

**Mon. 4/11 ~ Last day to
turn in Talent Show
Audition forms.
[Talent Show Audition
Info/ sign up](#)**

**Thur. 4/14 ~ Spring
Picture Day**

**April 1, 2022
School Hours: 8 am - 3 pm**



**Christine Hebert, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](#)**

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

**Table Talk: Ask your
child(ren) about the
new MTSS TIGER roll
out!**

**Lunch Menu Link
[MENU](#)**

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.



March Citizens of the Month

Ms. Patridge's Class ~ John Chase III

Ms. Wood's Class ~ Alyssa Hermonat

Mrs. Rourke's Class ~ Lillian Houde

Mrs. Veno's Class ~ Evelynn Neal

Mrs. DiBernardo's Class ~ Liam Fontaine

Ms. Landsman's Class ~ Gabe Toribio (not pictured)





March Citizens of the Month

Mrs. Olden's Class ~ Meika MacNevin

Mrs. Trepanier's Class ~ Travis LaBonte

Mrs. Lancey's Class ~ Brooklyn Henderson

Mr. Saucier's Class ~ Bella Bertrand

Mr. Cantrell's Class ~ Dallas Neuwinger

Miss Ferland's Class ~ Colby Manning

Miss Simpson's Class ~ Ian Paradis (not pictured)

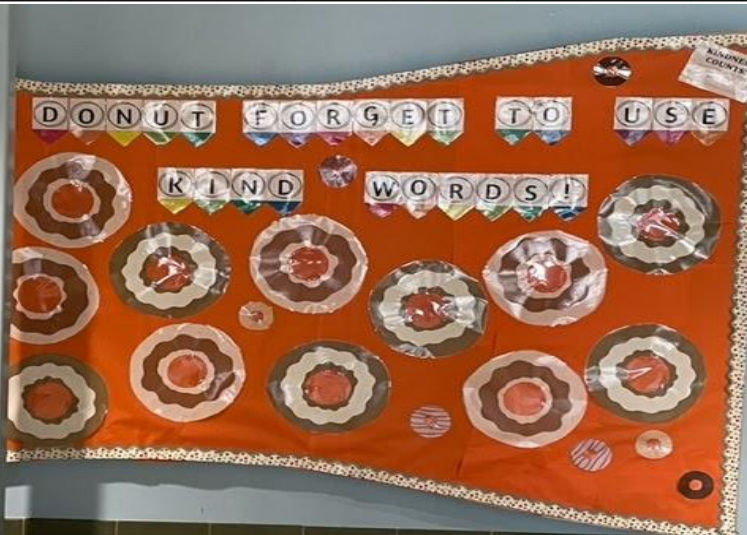


TIGER: Kindness Counts!



ERS Family Connection: Kindness Counts at Home!

<i>Can you complete the At-Home TIGER Kindness Challenge?!?</i>	Mon 4/4 T Think before you speak	Tues 4/5 I Include everyone	Wed 4/6 G Give of your heart	Thurs 4/7 E Empathy matters	Fri 4/8 R Respect yourself and others
	*Give someone a compliment *Make someone a thank you card	*Invite a sibling, cousin, or neighbor to play with you *Play a family game	*Read a book to someone *Help do chores at home	*Ask someone about their day and listen while they tell you *Give someone a hug	*Use a polite tone and polite words *Use eye contact when speaking with someone
<i>Can you complete the At-Home TIGER Kindness Challenge?!?</i>	Mon 4/11 T Think before you speak	Tues 4/12 I Include everyone	Wed 4/13 G Give of your heart	Thurs 4/14 E Empathy matters	Fri 4/15 R Respect yourself and others
	*Call someone you love on the phone *Say "please" and "thank you"	*Invite someone to take a walk with you *Invite someone to play a game with you	*Make a picture or piece of artwork for someone *Do something silly to make someone laugh	*Do something helpful or nice for a neighbor *Help someone figure out a solution to a problem	*Help clean up without being asked *Be honest and don't argue



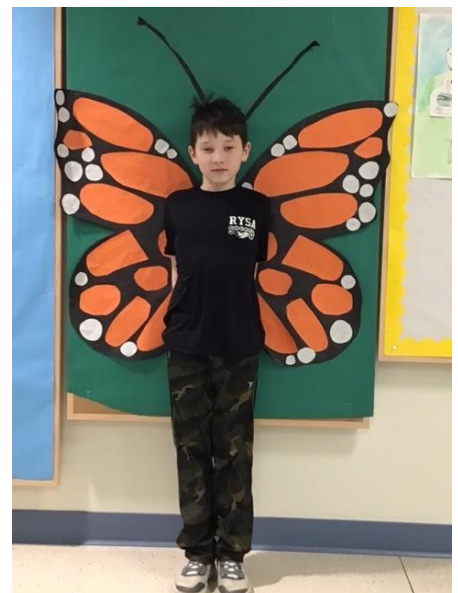
Important Band Information

The 5th Grade Step - Up Concert is on Thursday, April 14th at the RMS gym from 4:00 - 6:30 pm. This will be a fun event for the 5th grade Beginning and Advanced Band students as they will have the opportunity to perform with the 6th Grade Band, get information about participating in the 6th Grade Band and we will have sign ups for 6th Grade Band. We hope this will help the 5th grade band students make a smooth transition into the RMS band program.

The concert for parents will start at
6:00 pm



I have wings but I am not a bird
I am small and colorful
I live in gardens and fields and forests
I used to be a caterpillar
I am..





School success starts
with attendance

Attendance Reminder

It is very important to have your student(s) arrive on time and attend school everyday! Missing school interferes with key learning time and has a huge impact on academic success. We understand that there may be rare occasions when your student is unavoidably late due to unforeseen circumstances or has an occasional illness. With the end of the year approaching, attendance is crucial! Thank you!



Thank you for all of your orders! We have \$1500.00 in sales which is \$500.00 in profit for ERS PTA! Today, April 1, is the last day to place personalized art work orders from your student!

Read five books by April 15th and get two FREE tickets to a Fisher Cats baseball game!

Fisher Cats **2022 READING CHALLENGE**



When you read five books, you earn two tickets to see the Fisher Cats at Delta Dental Stadium, AND you can play catch on the field before the game! Check out the list of Reading Challenge games below!

READING CHALLENGE GAME DATES & THEMES

Saturday, April 16 at 6:35pm- Jersey Day | Sunday, April 17 at 1:35pm- Pajama Day
Saturday, April 30 at 6:35pm- School Pride | Sunday, May 1 at 1:35pm- Favorite Baseball Hat
Saturday, May 14 at 6:35pm- Tie-Dye | Sunday, May 15 at 1:35pm- Wacky Hair Day
Wednesday, June 15 at 6:35pm- Wacky Socks

OTHER POPULAR GAMES FOR KIDS!

OPENING NIGHT & FIREWORKS!

Tuesday, April 12 at 6:35pm

STEM DAY AT THE BALLPARK

Tuesday, May 10 at 11:05am

POP SQUARE GIVEAWAY

Friday, April 29 at 6:35pm

CAMP DAY

Wednesday, August 10 at 12:05pm



**SCAN HERE TO
LEARN MORE ABOUT
OUR FUNDRAISERS**

**SCAN HERE WHEN YOU
COMPLETE THE
READING CHALLENGE**



EVERSOURCE



Sign-Ups for Girls Spring Recreation Softball!

For Girls 4 to 16 Years Old

Season runs from late April to mid-June

Online Registration Is Now Open!

Visit www.rochestergirlssoftball.com for more information and to register!

(The child's age on January 1, 2022 determines age for softball and appropriate level of play)

6U/T-Ball (4/5/6 yr olds)	Cost \$75.00
8U Rookie – (6/7/8 yr olds)	Cost \$100.00
10U (9/10 yr olds)	Cost \$125.00
12U (11/12 yr olds)	Cost \$125.00
14U/16U (13/14/15/16 yr olds)	Cost \$125.00

Additionally, for all groups except 6U/T-Ball, you must purchase solid gray pants (the League will provide shirts). Pants can be ordered at the time of registration and will cost \$11 for youth sizes and \$14 for adult sizes.



