

Local Wellness Policy Progress Report

School Name: Herrin Unit No. 4

Wellness Policy Contact: Jeannine Coffey

Date Completed: June 8, 2021

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Health Education	Cassandra Burgess	X			Inventory to identify where it is being taught and how often.	
2. CATCH Resources	Cassandra Burgess	X			How important and what is needed.	
3. Encourage Physical Education.		X			Promote physical activity.	Nurse and PE teacher continue to work together.
4. Nutrition education is integrated into the standards-based lesson plans of other subjects.	Cassandra Burgess	X				Continue to include nutritional education as part of other classroom subjects.

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. The physical education program engages families in providing physical activities beyond the school day. With before and	Physical Education Staff	X			Promote physical activity clubs in school and community. Provide	Sports complex provides a 1.3-mile public access walking track. APEX fitness Fundraiser.

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after programs, activities, and community resources.					physical activity options for before and after school.	
2. Adding additional recess in the morning.	Physical Education Staff		X		Split up days to go outside.	Coordinate with class schedules.
3. Positive Behavior Intervention and Support	Physical Education Staff	X				

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.District Wellness Team/Council	Wellness Team	X			Time and parent involvement	Parent outreach
2. Promote district wellness goals/newsletter.	Wellness Team			X	Format/Time digital resources distributed to students	Schedule and identify individuals to complete. Fall/Winter/Spring
3. TON Tiger Outreach Night K-12	Administration	X			Community groups, booths, and connections	
4. FCCLA	Staff	X			Meetings/conferences and other activities	Teacher will coordinate.
5. Cafeteria try it days K-12	Jeannine Coffey		X		Introduced new items on menu for students to try.	Invite vendors for sampling/cafeteria staff provide taste tests.

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1. Monitor vending machine items.	Jeannine Coffey	X			Contacted venders for nutrition labels.	Work with venders to add compliant items.
2. Make sure all school meals comply with USDA regulations.	Jeannine Coffey		X		Menu created and approved by State monitor.	Continue to make the menu in compliance / student friendly. Provide students with proper portions.
3. Add water bottle filling stations.	Administration		X		Implemented in some schools.	Work to install in all buildings.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Educate staff on USDA regulations concerning food sold during school day.	Jeannine Coffey		X		Smart snack guidelines shared with principals. Food Service Director provided resources for alternative snack options.	During in service, share smart snack guidelines and provide alternative food options. Provide pre-made notes for teachers to send home for parties.
2. Encourage alternative options for rewards.	Jeannine Coffey		X		List of alternatives listed in wellness policy.	Compile a list for teachers to share with parents for alternative options.

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Market smart snacks in vending machines.	Jeannine Coffey	X			All items in vending machine ran through the smart snack calculator.	Continue to work with vendors to add additional compliant snacks.
2. Attractively display fruit and vegetables.	Jeannine Coffey		X		Utilizing the smart lunchroom score card. Fruit and vegetable options have been added for students to try.	Use signage to promote fresh fruit and vegetables. Taste tests. Purchase display units/baskets for marketing fresh fruit and vegetables.
3. Remove any signage promoting food that does not meet smart snack standards.	Jeannine Coffey	X			No advertisements or signs are in use.	

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