












# Guidelines for Keeping Sick Children Home from School

Please keep me home if...

I have a fever	I am vomiting	I have diarrhea	I have a rash	I have head lice	I have an eye infection	I have a sore throat	I've been to the doctor's office	I have been in the hospital	Mental Health Awareness	Covid-19
										
Temperature of 100.4°F	Two or more times in 24 hours	Three or more loose stools in 24 hours	Body rash with itching or fever	Itchy scalp, scalp redness with nits or live lice	White part of eye is pink and/or pus is draining from the eye. Possibly crusted shut	Throat is sore with redness, horse voice or swollen glands	Any illness resulting in a doctors visit with a diagnosed sickness/infection	Hospital stays, emergency room visit and/or surgery	Unusually tired and/or pale, lack of appetite or overeating, confused and/or cranky. Not feeling like themselves	I have been exposed and am exhibiting symptoms

To return to school I need...

To be fever free without the use of medication for 24 hours	Stop vomiting for 24 hours	Have no diarrhea in 24 hours	Be seen by a medical provider	One lice treatment to kill live lice and nits	48 hours of medicine and eyes have stopped draining	Soreness and redness have improved. Voice no longer horse	48 hours of treatment medicine if given any. 24 hours fever-free without fever medicine	Documented modifications for school if any are needed	Feeling better and back to their "normal" self	To be fever free without the use of medication for 24 hours – other symptoms have improved
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Documentation needed to return to school/class...

A note from the parent or guardian	A note from the parent or guardian	A note from the parent or guardian	A note from a medical provider	Note from school clinic	A note from a medical provider	A note from the parent or guardian	A note from a medical provider	A note from a medical provider	A note from the parent or guardian	A note from the parent or guardian
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If a student shows any of the above signs or symptoms of illness at school, it will be necessary for an adult to pick them up. Please keep ALL contact information and emergency contacts up to date. The school needs to be able to reach you during school hours