

The American Academy of Orthopedic Surgeons recommends screening girls at age 11 to 13 and boys at age 13 to 14 years of age. To screen children for spinal curvature, the medical primary care provider can use the Forward Bend test as recommended by the American Academy of Pediatrics at routine well child checks. Depending on the degree of the curvature, treatments may vary from bracing to surgical interventions.

Below are types of spinal shapes seen in children who experience scoliosis

