## Gender Identity and Expression



Grades 5-12

10:15 - 11:00

RSU 10
Student Diversity, Equity and Inclusion Summit March 30, 2022

## **Our Agenda Today**

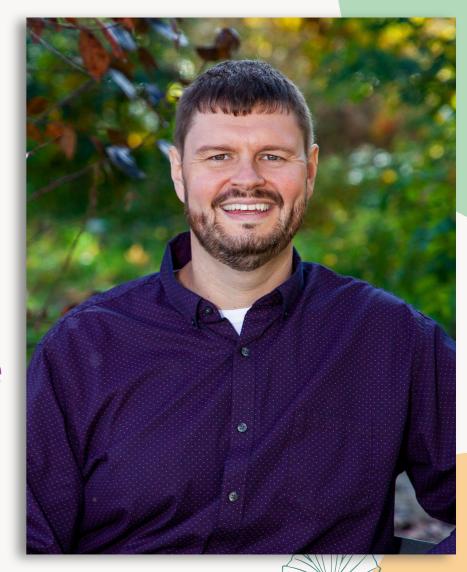


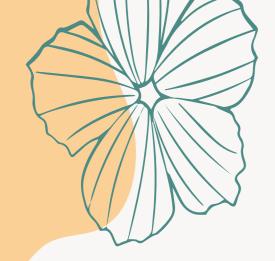
- Introduction
- Our Outcomes
- Group Brainstorm
- Exploring Gender Vocabulary
- Concepts of Masculine/Feminine
- How to be inclusive
- Closing Q & A
- Resources for more learning

## Presenter

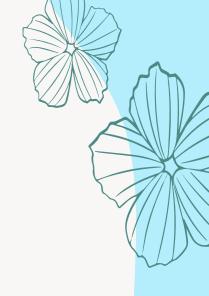
Jeff Bailey Mountain Valley High

Technology Teacher and Co-Advisor of the High School Civil Rights Team





## Today's Outcomes



Ol Identify and discuss how our society thinks and talks about gender.

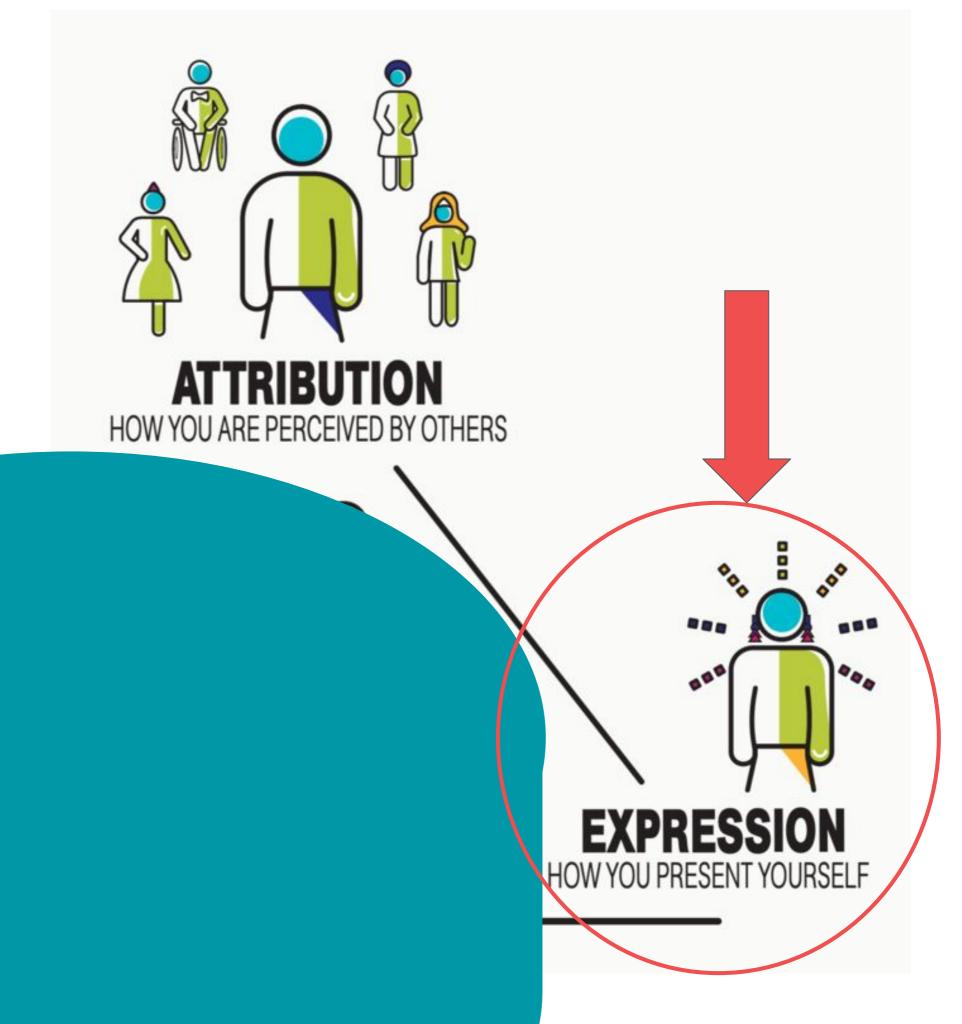
02 Understand basic gender vocabulary

## **Community Agreements**

- Create a brave space
- Communicate empathy
- Speak from your own perspective
- Respect confidentiality
- Seek to understand
- Accept non-closure









GENDER TRIANGLE



### **ATTRIBUTION**

HOW YOU ARE PERCEIVED BY OTHERS



BODY

HOW YOUR BODY EXISTS & CHANGES



EXPRESSION

HOW YOU PRESENT YOURSELF





GENDER TRIANGLE



### **ATTRIBUTION**

HOW YOU ARE PERCEIVED BY OTHERS

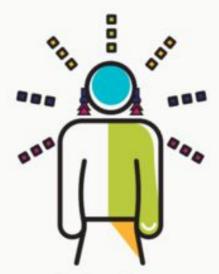


## **GENDER IDENTITY**

HOW YOU SEE YOURSELF ON THE INSIDE



HOW YOUR BODY EXISTS & CHANGES



**EXPRESSION** 

HOW YOU PRESENT YOURSELF



When people incorrectly attribute someone's gender, it is called **misgendering**.

Misgendering refers to the experience of being labeled by others as a gender other than one that a person identifies with.

Let's hear from you about this...

# How can we avoid misgendering people?

#### **PRONOUNS**

Share pronouns as a regular activity for introductions

#### AVOID STEREOTYPES

Be aware of what stereotypes you see and hear

## SUPPORT EACH OTHER

Support people who feel misgendered



#### NEUTRAL LANGUAGE

Avoid words with gender built in "Mail Man", "Lunch Lady"

## **CHALLENGE STEREOTYPES**

Provide examples that challenge negative stereotypes



# Even if we try hard, we might still misgender people...

Acknowledge when you have made a mistake, but don't dwell on it.

If you use the wrong pronouns, just correct yourself and move on.

It will take practice, but being willing to work on it is the best way you can grow.

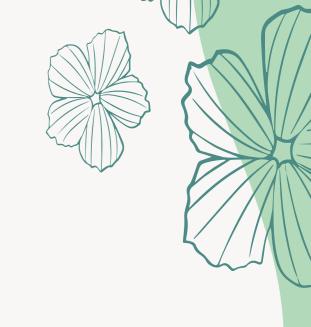


### **Key Takeaways**

- Remember gender is not just one thing, it is many
- A person can be "misgendered" by others
- There are ways we can help everyone feel more

comfortable.

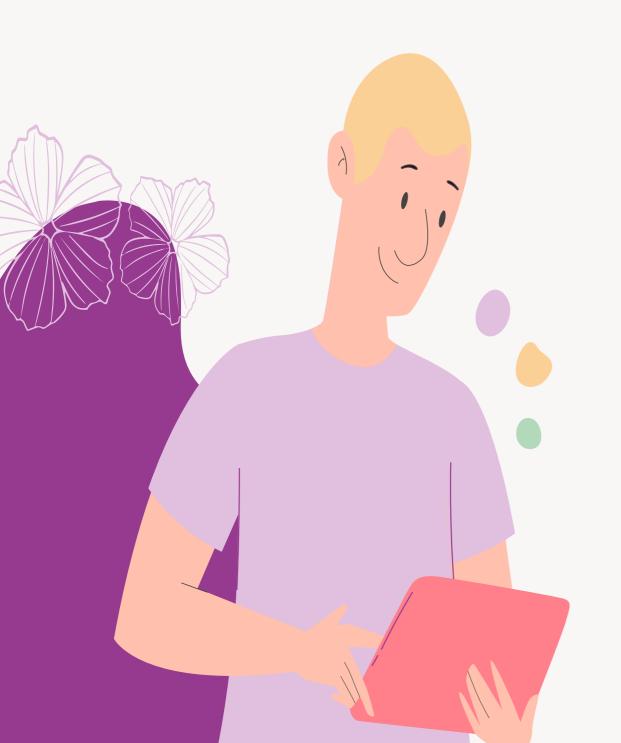




# Question and Answer



## Resources for More Learning



- GLSEN Student Resources
   https://www.glsen.org/resources/student-and-gsa-resources
   urces
- GLSEN Gender Terminology
   https://www.glsen.org/reso
   urces/student-and-gsa-reso
   urces
- The Language of Gender
   https://genderspectrum.org
   /articles/language-of-gender
   er