

APRIL 2022

PARK CITY SCHOOLS

BREAKFAST



FREE BREAKFAST 0-18
EXTRA MILK \$0.50



Nutrition Tip: Make fruit more appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



MENU SUBJECT TO CHANGE

Cook's Choice, Yogurt, Fruit, and Milk **1**

Muffins, Cheese, Applesauce and Milk **4**

Waffles, Go-Gurt, Fruit Juice and Milk **5**

Cereal, Yogurt, Fruit and Milk **6**

Benefit Bars, Go-Gurt, Fruit Juice and Milk **7**

Stuffed Bagel Stick, Cheese, Fruit and Milk **8**

Cereal Bars, Cheese, Applesauce and Milk **11**

Danish Roll, Go-Gurt, Fruit Juice and Milk **12**

Cereal, Yogurt, Fruit and Milk **13**

NO SCHOOL **14**

NO SCHOOL **15**

NO SCHOOL **18**

Pop-Tarts, Go-Gurt, Fruit Juice and Milk **19**

Cereal, Yogurt, Fruit and Milk **20**

Maple Bars, Go-Gurt, Fruit Juice and Milk **21**

EZ Jammers, Yogurt, Fruit and Milk **22**

Bagels & Cream, Cheese, Cheese Sticks, Applesauce and Milk **25**

Breakfast Sandwich, Go-Gurt, Fruit Juice and Milk **26**

Cereal, Yogurt, Fruit and Milk **27**

Nutri-Grain Bars, Go-Gurt, Fruit Juice and Milk **28**

Cinnamon Roll, Cheese, Fruit and Milk **29**