

Monday

01/02/2023

Tuesday

01/03/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
MEAT BALL SUB
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

Wednesday

01/04/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
HAM & CHEESE HARD HAT
SALAD BAR
CORN CHOWDER
CRACKERS
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

Thursday

01/05/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
AMERICAN CHOP SUEY
OATMEAL/BROWN ROLLS
SALAD BAR
COLE SLAW
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

Friday

01/06/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
HAMBURG/WW BUN
SALAD BAR
COLE SLAW
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

01/09/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
SHEPHERD'S PIE
ROLLS,WHEAT: scratch(Yeast)
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
RANCH DRESSING-FAT FREE

01/10/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
TACO/SOFT SHELL
SALAD BAR
PASTA SALAD
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
RANCH DRESSING-FAT FREE

01/11/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
GRILLED CHEESE
CHICKEN NOODLE SOUP
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE
KETCHUP: individual
CRACKERS

01/12/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
MACARONI AND CHEESE(NEW)
ROLLS,WHEAT: scratch(Yeast)
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

01/13/2023

NO SCHOOL TODAY

01/16/2023

HOLIDAY

01/17/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
PIG N BLANKET
POTATO SALAD
Baked Beans, NE Style
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
MUSTARD: individual PC
RANCH DRESSING-FAT FREE

01/18/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
SANDWICH BAR NEW
SALAD BAR
CREAM OF BROCCOLI SOUP
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
CRACKERS

01/19/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
Chickenburger/WW Bun
HAMBURG/CHEESE PIZZA
LASAGNA WITH GROUND BEEF
ROLLS,WHEAT: scratch(Yeast)
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual

01/20/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
Sloppy Joe/WW Bun
SALAD BAR
Taco salad (Shire)
CHILLED FRUIT
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
RANCH DRESSING-FAT FREE

01/23/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
Chickenburger/WW Bun
HAMBURG/CHEESE PIZZA
Hot Turkey Sandwich/OPEN FACED
SALAD BAR
CRANBERRY SAUCE: canned,swtnd
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
RANCH DRESSING-FAT FREE

01/24/2023

Wowbutter/jelly/ww bread/chees
Chickenburger/WW Bun
CHICKEN POT PIE/BISCUIT
SALAD BAR
BROCCOLI & CHEESE
CHILLED FRUIT
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

01/25/2023

early release
Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat

01/26/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
SPAGHETTI MEAT SAUCE
ROLLS,WHEAT: scratch(Yeast)
SALAD BAR
CHILLED FRUIT
milk, chocolate, skim
MILK,1% Lowfat
KETCHUP: individual
RANCH DRESSING-FAT FREE

01/27/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
FISH STICK
ROLLS,WHEAT: scratch(Yeast)
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,Skim
RANCH DRESSING-FAT FREE

01/30/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
BBQ CHICKEN SUB
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE

01/31/2023

Wowbutter/jelly/ww bread/chees
cheese pizza WW
HAMBURG/CHEESE PIZZA
Chickenburger/WW Bun
HAMBURG/WW BUN
SALAD BAR
FRUIT,FRESH ASSORTED
milk, chocolate, skim
MILK,1% Lowfat
RANCH DRESSING-FAT FREE
KETCHUP: individual

Menu subject to change