

Mental Health

AFTER HOURS RESOURCES

After school hours administration and counselors are not always checking email - in an emergency or if you are concerned about yourself or someone else, please get help immediately



Stop the Silence. Help End the Violence.

**100% Confidential
Reporting**

**Text: 652729 (OK2SAY)
Email: OK2SAY@mi.gov**



Community
MENTAL HEALTH
CLINTON • EATON • INGHAM

Mobile Crisis Unit
Call: 517-346-8460



Call: 1-800-273-TALK

Live Online Chat:

<https://suicidepreventionlifeline.org/>

CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential

Keep in an accessible location for all family members - you never know when someone will need you.