

Feeling Stressed, Overwhelmed, Anxious ?

As life happens, we often times don't take the time to take care of ourselves. This can be detrimental to YOU.

As a USD240 employee you can access Counseling Services at no COST (initial 3 sessions are covered, thereafter insurance and co-pays will be required) and your information will NEVER be shared. This can provide an opportunity for additional support, space to vent, process and/or brainstorm solutions to things you have been dealing with.

*Contact LIVE WELL THERAPY @
(785) 404-3292*

Simply call the number, tell them that you are an employee of USD240 Schools to access your complimentary counseling sessions. LIVE WELL is offering flexible scheduling to include evening appointments as need be. Don't wait, call to schedule today!