

What to do if a Person is Symptomatic



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

If a person has one or more of these symptoms:

- ☐ Fever ($\geq 100.4^{\circ}\text{F}$) or chills
- ☐ Shortness of breath or difficulty breathing
- ☐ Muscle or body aches
- ☐ New loss of taste or smell
- ☐ Cough (new, changed, or worsening)



They should isolate at home AND get tested for COVID-19

- ☐ Congestion or runny nose
- ☐ Nausea, vomiting, or diarrhea
- ☐ Headache
- ☐ Fatigue
- ☐ Sore throat



They should isolate at home

Was **only ONE** symptom present?

NO

YES

Did the symptom resolve within 24 hours **OR** are they consistent with a diagnosed chronic illness?

NO

YES

If they do not receive an alternative named diagnosis from a health care provider **OR** do not get tested



They test **POSITIVE** for COVID-19



They test **NEGATIVE** for COVID-19 **OR** receive an alternative named diagnosis from a health care provider plus a negative test

Isolate at home

They can return to school, child care, and activities after five days have passed since symptoms first appeared if:

1. No fever within the past 24 hours (without medication) **AND**
2. Symptoms have significantly improved **AND**
3. Wear a mask around others days 6–10 **OR** test negative with an antigen test to return without a mask

If they cannot wear a mask and do not test negative after day five, they must continue isolating through day 10.

Return to school, child care, and activities if:

1. No fever within the past 24 hours (without medication) **AND**
2. Symptoms have significantly improved

What to do if You Receive an Exposure Notification or are Identified as a Close Contact*



These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

Regardless of vaccination status, the following guidelines are recommended:

- ☐ Continue to attend school, child care, and activities.
- ☐ Monitor for symptoms for 10 days after exposure.
- ☐ Consider wearing a well-fitting mask for 10 days after exposure.
- ☐ Consider getting tested three to five days after exposure.

