



Cougar News



IMPORTANT DATES TO REMEMBER

**Thur. 3/17-Thur. 3/31 ~
Original Works
Fundraiser**

**Tue. 3/22 ~ 4:00
Beginning Band
Rehearsal @ RMS**

**Wed. 3/23 ~ La Corona
Fundraiser 4:00-9:00**

**Thurs. 3/24 ~ 4:30-5:00
Advanced Band Concert
@ RMS**

**March 17, 2022
School Hours: 8 am - 3 pm**



**Christine Hebert, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)**

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

Table Talk: Ask your student about our One and Done Closing Olympic Ceremony!

Lunch Menu Link

[MENU](#)

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.



American Heart Association®

KIDS
HEART
CHALLENGE™

AMERICAN
HEART
CHALLENGE™

Dear Jessica Shearn - ERS:

On behalf of the American Heart Association, thank you very much for raising *\$5,569.99 with your school's recent Kids Heart Challenge (KHC) event. You have made a life-saving difference for people in your own community and across the nation.

Once all donations are processed, and if your school qualifies, a US Games certificate will be sent via email and/or your direct contribution will be mailed as a check to the school. These give-backs will arrive in 3-4 weeks and we hope they will keep more classrooms and schools healthier!

Additionally, the KHC Grant Program offers participating schools grants ranging from \$250 to \$2,500 for health and wellness initiatives including physical activity equipment.

Families and schools are critical links in providing the foundation for cardiovascular wellness in our country. Your support and participation in the Kids Heart Challenge has kept more hearts beating strong.

Warm regards,

Nancy Brown

Chief Executive Officer, American Heart Association





Please check your student's backpack for a personalized online order form!

***Join
Us!***

**Wednesday March 23rd
4 - 9 pm**

[La Corona Fundraiser](#)

The Strafford Y has PASTA rolling for grandparents who are now serving as parents for the children of their children. Tuesday evenings 6:00-7:30 at the Y's facility. No cost and includes child care and food.

[CLICK HERE](#)

Please check the Lost and Found tables for missing belongings! Friday March 25 all items will be donated. Thank you!



Please remember to send a water bottle to school everyday with your student!



IMPORTANT

Music In Our Schools

Concert is
canceled

on Saturday March 26



The MTSS Team would like to thank
everyone for participating in the
“One and Done” Olympics!

[CLICK HERE](#)



March 15, 2022

Good Afternoon,

Our primary milk vendor H.P. Hood has experienced a significant cyberattack that has shut down all operations within their company. As Hood is by far the largest producer of milk in 8 oz packaging in New England, this attack will affect the majority of school nutrition programs throughout New England.

We are currently working with all of our vendors to source other milk products and substitutes. While some milk supply will be available from other dairies, we expect the majority of meals to be offered with 100% juice and/or 8 oz waters as a substitute for the milk component. These substitutions will fall under the USDA waiver issued at the beginning of this year, allowing for meal components to be substituted due to supply shortages. Fresh Picks Café will maintain all necessary documentation to justify this substitution.

Our contacts at Hood expect significant challenges in their ordering and delivery processes throughout the next week as they work to recover from this attack.

We will provide updates as we receive more information. Thank you for your patience as we work with our vendors to mitigate the impact of this situation.

Sincerely,

William VanZandt
COO