

April

2022 Pocahontas Elementary

menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Main Dish or Hamburger plate offered daily with vegies, fruit, condiments & milk.	This institution is an equal opportunity provider.		1. Fish Sandwich Cole Slaw Carrot Sticks Pickle Spear Fruit Milk
4. <u>Internal Carrot Day</u> Chicken Caesar Sub w/fixin's Tomato Soup /goldfish Carrot/celery Stix Fruit Milk	<u>Taco Tuesday</u> 5. Walking Taco Lettuce/tomato/salsa Beans Cinnamon roll Applesauce cup Milk	6. <u>Waffleicious Wednesday</u> Chicken Waffles & Syrup Waffle French Fries Peaches Milk	7. Deli Turkey Sandwich Baked Chips Sandwich Salad cup Broccoli Fruit Milk	8. Fish Sandwich French Fries Pickle Spear Fruit Milk
11. Bacon Cheddar Burger French Fries Sand. Salad Cup Fruit Milk	12. <u>National Grilled Cheese Sandwich Day</u> Beef Vegetable Soup Cheese Toast Romaine Salad Fruit Milk	13. Oven Roasted Chicken Mashed Potatoes Carrot Coins Hot Roll Milk	14. Mini Corn Dogs California Blend Veggies Pork n Beans Fruit Milk	15. No School  Good Friday
18. Chicken Fajita Wrap Fajita Veggies Buttered Corn Roasted Beans Fruit Milk	19. <u>Breakfast Bowl</u> Ham Egg Cheese Tater Bowl Biscuit Juice Milk	20. <u>National Pineapple Upside-Down Cake Day</u> BBQ Nachos Cole Slaw Baked Beans Pineapple Upside Down Cake Milk	21. Deli Turkey Sandwich Sandwich Salad Cup Sweet Potato Puffs Fruit Milk	22. Chicken Nuggets Mashed Potatoes Gravy Mixed Greens Hot Roll Fruit Milk
25 Macaroni & cheese Steamed Broccoli Carrot Coins Fruit Hot Roll Milk	26 <u>Taco Tuesday</u> Taco Burger w/cheese Shredded lettuce/tomato Refried Beans Baked chips Fruit/Milk	27 Lasagna Romaine Salad Mixed Veggies Fruit Garlic Hot Roll Milk	28. BBQ Sandwich French Fries Cole Slaw Fruit Milk	29. Chicken Nuggets Buttered Corn Mashed Potatoes/gravy Fruit Cobbler Milk

Swim in flavor and get HOOKED on fruits and vegetables.

Monday: Managers Choice, juice, fruit, milk

Tuesday: Egg, Bacon & Cheese Croissant, juice, fruit, milk

Wednesday: Sausage Pancake on Stick, juice, fruit, milk

Thursday: Super Donut, Gogurt, juice, fruit, milk

Friday: Sausage , Biscuit , juice, fruit, milk

*******Cereal, juice, fruit, milk.... offered daily as choices******

