



## Health Services

**Dear 5<sup>th</sup> Grade Parent,**

Your child's Growth and Development class has been scheduled. This class is part of a continuum of Growth and Development classes presented at Enid Public Schools in which parents have the option to allow their child to participate.

The 5<sup>th</sup> grade information regarding puberty is presented to the boys and girls separately. The one hour class consists of a short video and a discussion afterwards. Link for the videos:

Girls - <https://youtu.be/OR1XJZ0xRSo>

Boys - <https://youtu.be/G57Sug7JpQE>

If you do not wish for your child to participate in the 5<sup>th</sup> grade Puberty class, please notify the school in writing. If you have any questions please do not hesitate to contact your school nurse.

School Nurse