Dear students, staff and families,   3/11/2022

I wanted to share some of the new guidelines regarding the end of mandatory masking. Starting on Monday we will follow the updated protocols set forth from ODE/OHA.

Primary COVID-19 symptoms:
- Cough
- Temperature 100.4 or greater or chills
- Shortness of breath or difficulty breathing
- New loss of taste or smell

Non-Primary COVID-19 symptoms
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- Nasal congestion or runny nose
- Nausea or vomiting
- Diarrhea

Covid testing is recommended for anyone with primary symptoms or non-primary symptoms that last more than one day. Testing for symptomatic students and staff is still available at school.

If ill person has one primary symptom stay home from school until 24 hours after fever is resolved (without medication) and other symptoms are improving.

If ill person has two or more primary symptoms stay home for 5 days and until fever is resolved (without medication) and other symptoms are improving if not COVID tested.

If COVID positive isolate at home for 5 days. Masks are recommended days 6-10 after infection.

Exposure testing is available at school for students and staff preferably at day 5 after any exposure (home, activities, ect.). Quarantine is not required unless symptoms develop.

Class level notifications will be sent out for any cases with school exposure. Monitor closely for symptoms and contact me if symptoms develop.

We have received additional iHealth tests kits for students for home use. Please pick them up at the front office or contact me to make arrangments. We also have extra home test kits available for familes.

More information can be found at https://www.oregon.gov/ode/students-and-family/healthsafety/Pages/Planning-for-the-2020-21-School-Year.aspx

Please contact me with any questions.

In health,

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