



Northern Adirondack Central School District

Office of the Superintendent
James C. Knight, Jr.

Po Box 164
Ellenburg Depot, New York 12935
518-594-7060 • Fax 518-594-7255 • jknight@nacs1.org

Dear Parent/Guardian,

Your child, _____, is exhibiting symptoms that have been identified by the NYSDOH as possible symptoms of COVID-19:

Schools must follow health department guidance for allowing a student to return to school after exhibiting symptoms of COVID-19.

If your child is **not** diagnosed with COVID-19 by a healthcare provider, they can return to school when:

1. COVID-19 Testing and/or Healthcare Provider Visit
 - A healthcare provider gives alternative diagnosis (healthcare provider note diagnosing the student with a known chronic condition without new or worsening symptoms, or a laboratory confirmed acute illness, such as strep throat or the flu, **AND** COVID-19 is not suspected), **OR**
 - A note from the healthcare provider indicating that the COVID-19 PCR test was negative, **OR**
 - A copy of the negative COVID-19 PCR test or a completed NACS Home Testing Return to School Attestation Form, **AND**
 - No fever for **24** hours (100 or above) without the use of fever reducing medicines, and they have felt well for 24 hours (their symptoms have improved).

2. No COVID-19 Testing or Alternate Diagnosis Provided by Healthcare Provider:
 - Your child can return to school 5 days after symptom onset, if symptoms have improved and they are fever free for 24 hours without the use of fever reducing medication but are required to wear a well-fitting mask on days 6,7,8,9, and 10 (If your child is immunocompromised, or unable to wear a well-fitting mask while around other people, they should continue to isolate for 10 days).

NOTE: There is no Isolation exemption from these requirements for symptomatic vaccinated people.

If your child **is** diagnosed with COVID-19 because of a positive test result or by a healthcare provider based on their symptoms, they are **not** to be in school and must stay home until:

- After 5 days of isolation from the date of onset of symptoms, or the date of positive test (if asymptomatic), if symptoms have improved and they are fever free for 24 hours without the use of fever reducing medication they may return to school but are required to wear a well-fitting mask on days 6,7,8,9, and 10 (If your child is immunocompromised, or unable to wear a well-fitting mask while around other people, they should continue to isolate for 10 days).

We understand how difficult this time can be. Our top priority is to ensure the health and safety of all our students and staff. Thank you for helping us protect all members of our school community. Please contact the school nurse if you have any questions regarding these guidelines: Elementary School (518)-594-3986 ext. 2611, Middle/ High School (518)-594-3962 ext. 3611

. School Nurse: _____

Date: _____

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