### Oakridge Elementary

# Principal Newsletter

March 2022



Students worked hard this month to earn 600 Lion Bucks to earn a crazy socks and lollipops day on February 25<sup>th</sup>. Below are some of the crazy socks seen throughout OES.









Dear OES Parents and Guardians,

Please join me in giving a big "Thank You" to Oakridge Elementary School classified staff during the week of March 7-11<sup>th</sup>. This includes cooks, classroom EA's, office staff and custodians. We appreciate all of the tasks they do in and around our school each day for our students and teachers.

Please mark your calendars as spring break will be upon us in just a few weeks. The dates for spring break are March 18-March 27. We look forward to seeing kids back at school on March 28<sup>th</sup>.

The next two monthly site council meetings are scheduled: Tuesday, March 1 at 4:00pm and Tuesday, April 5 at 4:00pm. We are always looking for parents to join us. Here is the link to both meetings:

meet.google.com/gye-jqzk-hop

On March 10th, OES is excited to have the Oregon Lions Sight & Hearing Foundation back to do a vision screening on our students. Look for your child's vision report coming home later in the month.

Oakridge School District is planning on having our Summer Adventure program again this summer for students. Be on the lookout for registration forms next month.

If you have any questions or concerns please call Oakridge Elementary School at 541-782-3226.

Mrs. Maher

February Theme: Integrity

March is National Nutrition Month. According to eatright.org, National Nutrition Month is an annual nutrition education and information campaign created by the Academy of Nutrition and Dietetics. The campaign, celebrated each year during the month of **March**, focuses on the importance of making informed food choices and developing sound eating and physical activity habits. The USDA recommends:

- Making 1/2 of your plate fruits & vegetables.
- Make half of your grains whole grains.
- Choose foods and beverages with less added sugars, saturated fat, & sodium.
- To stay active to help prevent disease and manage weight.





March 20th is the first day of SPRING, which is called the SPRING EQUINOX . On the day of the equinox, the sun crosses the equator line heading north. This starts the spring season in the northern hemisphere. After this date, the northern hemisphere begins to tilt more towards the sun. This gives us longer daylight hours and warmer temperatures.

The opposite happens in the southern hemisphere. The March equinox marks the start of fall in the Southern Hemisphere, because the earth's tilt moves them further away from the sun.

## Did you know...

March 22nd is National Agriculture Day. It is a day to recognize and celebrate the crops provided by farmers, agriculture producers, government agencies, and others across America and their contributions towards agriculture.

- There are about 2 million farms across America
- Beef, corn and soybeans are the top 3 products farmed in the US
- According to the Oregon Department of Agriculture, the Willamette Valley produces more than 170 different crops. These include grain, hay, grass seeds, and flowering bulbs. Oregon also produces vegetables, fruits & berries, hazelnuts, Christmas trees, cattle, poultry, seafood and fish.





#### March 7-11th is Classified Appreciation Week.

Do you know who the classified staff are and what they do in our building?

- Our Cooks
- Our Custodians
- Our Educational Assistants
- Our Office Manager and Office Assistant

Please take a moment to thank them for all they do daily to help our students and staff.

#### IMPORTANT DATES TO REMEMBER

March 1st

OES Site Council Meeting

March 2nd

Read Across America at Home

March 4th

School in Session

March 10th

Student Vision Screening at OES

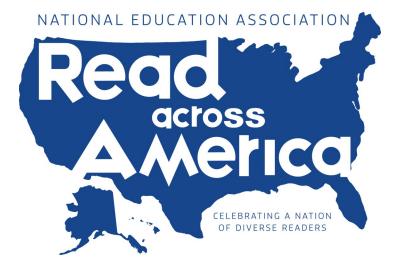
March 14th

OSD Board Meeting

March 21st-March 25th

Spring Break - NO school





National Read Across America Day is held annually on the school day closest to March 2nd. Established in 1998 by the National Education Association (NEA), Read Across America Day helps get kids excited about reading.

Unfortunately, due to current restrictions, we are unable to participate in the family night events at OES. Instead, please celebrate the joy of reading by reading your favorite children's books at home with your family.

#### FUN or INTERESTING BOOKS TO READ ...

Kindergarten—"Hi! Fly Guy"

1st Grade— "Pete the Cat"

2nd Grade— "My Weird School" Series

3rd Grade— "I Survived" Series

4th Grade— "Tales of a Fourth Grade Nothing"

5th Grade— "Percy Jackson & The Lightening Thief"

6th Grade— "The Maze Runner"

