



## COOPERSTOWN CENTRAL SCHOOL DISTRICT

39 Linden Avenue  
Cooperstown, New York 13326-1496  
(607) 547-8181

March 8, 2022

Dear Parents and Guardians,

On Tuesday, March 22nd, all students in grades 7-12 will be participating in our annual Health Fair. Students will be broken up into smaller groups per grade level grouping (7/8, 9/10, 11/12). Students in grades 7 and 8 will rotate through three, 40-minute presentations, while students in grades 9-12 will receive four, 40-minute presentations. This is because Jr. High School students have lunch during 4th period. The following is the list of presenters and topics for each group.

### **Grades 7 and 8 topics/speakers are:**

- 1- Healthy Snacking/Dawn Chase, Registered Dietitian
- 2- Addictions & Positive Choices/Kailey Kucinsky, LEAF
- 3- Buckle Up for Safety/SADD

### **Grades 9 and 10 topics/speakers are:**

- 1- Personal Preparedness & Emergency Planning/Bob Satriano, Otsego County Dept. of Health
- 2- Yoga/Wendy Urtz-Chapman, Clark Sports Center
- 3- Disease Prevention/Dr. Anush Patel, Bassett Medical Center
- 4- Managing Emotions/Ann Marie Mills, Bassett School Based Health Center

### **Grades 11 and 12 topics/speakers are:**

- 1- Legal Consequences/Hon. John F. Lambert, Otsego County Court
- 2- Self Defense/Diana Nicols, Self Defense Instructor
- 3- Sexual Harassment & Dating Violence/Sarah Purdy, Otsego County Child Advocacy Center, and Chris Didonna, Otsego County District Attorney's Office
- 4- Mental & Emotional Health/Tessa Davidson, LEAF

The Health Fair is designed to address the whole student and cover topics related to many aspects of health. It both supports and supplements the existing health curriculum at CCS.

If you have any questions regarding any of the above scheduled presentations, please contact Mrs. Roberts or Mrs. Wolfe by calling 547-8181 or e-mailing [mroberts@cooperstowncs.org](mailto:mroberts@cooperstowncs.org) or [mwolfe@cooperstowncs.org](mailto:mwolfe@cooperstowncs.org), respectively. Thank you for your support of the health education of our students.

Sincerely,

Mary Clare Roberts, School Social Worker

Monica Wolfe, PE Teacher