

Dear Richland County School District Parents and Guardians,

The Lawrence County Health Department (LCHD) Behavior Health will continue providing outpatient services through the Illinois State Board of Education Grant within the Richland County Schools during the summer and again for 2023/24 school year. We are here to help your child and family achieve social and emotional wellness and provide supports and resources to maximize positive experiences for your child at school, in the community and at home. We would like to extend some information to you and make you aware of what all we have to offer to your child and family. Please take a few moments to review the following information.

The LCHD counselors are located in the Richland County Schools. During your child or family time, your child can be seen for outpatient mental health services at school. This is to help reduce their time out of school and for ease to the family. LCHD counselors will also be available during summer to provide services at the school. Your child can be seen during RCCU summer school hours. Your child's counselor will be in contact, to ensure you are aware of progress made and plans in place. Your child's success is important and our counselors are happy to meet with you should any concerns or questions arise.

Psychiatric Services are also available to your child, if needed. Amelia Pauley, PMHNP is the Psychiatric Nurse Practitioner that is working with the children identified within the schools. LCHD also has a Family Nurse Practitioner, Allyson Fiscus, APN located in the schools to assist with any physical health needs that arise. These services, in addition to all of the services offered to your child within the school from LCHD, are at no cost to you.

In therapy, children communicate emotions and learn how to work through problems, build coping skills, and develop healthy behavior habits. The questions below help identify circumstances in which your child might benefit from counseling.

- 1. Does your child show signs of depression, anxiety or other mental health concerns?**
- 2. Does your child have difficulties with behaviors/conduct at school, home, or community?**
- 3. Does your child struggle with hyperactivity or inattention? Does it affect your child's learning?**
- 4. Does your child have difficulties socially? (Interactions with peers, siblings, parents, or teachers)**

If you would like your child to receive services at school from the Lawrence County Behavioral Health Specialists, please click on the link below. This link is confidential and you will be contacted by the LCHD provider for additional information. Please type: RCCU Counselor in the "Subject" box and the best day and time to contact you in the "Message" box. You may also call: (618) 943-3302.

<https://lchealth.com/contact/>
LCHD WELLNESS TEAM