



Troy Newsletter

March 1, 2022

Notes from the Principal, Mrs. Roux ...

March is off to a great start. Last week was busy with Read Across America Day. It was a lot of fun. We also kicked off our Bikes For Books program so be sure to encourage your child to read as much as possible so he/she has a chance to win a new bike in a few weeks.

As you know, today we moved to optional masking both on the buses as well as in the school. We have several students who are choosing not to wear masks and several who are choosing to continue with masks for now. Please check in with your child at home to see how this is going for him/her in school and be sure to reach out to the teacher or myself if you have questions or feedback that will help us continue to keep everyone feeling safe.

Just a reminder that there is no school for students on Friday of this week, and it is also the end of the second trimester. Report cards will be going home on Friday March 18.

Reminders:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Safety protocols including frequent handwashing/hand sanitizing, and reminders to respect everyone's space and masking choices are still in effect at this time.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

On Tuesday March 15 we will host a special zoom meeting to introduce families to our amazing Troy PTO, with hopes of encouraging families to join this group. The Troy PTO is an incredible support for our school, for both students and staff. Please join us to just learn about the role the PTO plays in our school and the many ways we could utilize your support, not all of which require huge time commitments.

The meeting will begin at 6:00 pm. We hope to see you there.

<https://rsu3-org.zoom.us/j/89782565969>



Important Upcoming Dates.....

March 11 - PD Day for Teachers, No school for Students

March 14 - School Board Meeting 6:30 at Mt. View

March 25 - Early Release Day for students



Please help us recognize our Troy Staff and Students of the Week...



Thank you, Mrs. Yeaton for coming every week to help our students.



Carter earned points for the Sabertooths for being kind!



Liz earned points for the Sabertooths for "getting right to her reading and ignoring distractions."

Check out what's happening at Troy School ... **Week of 2/28**

Week of 2/28

K-3

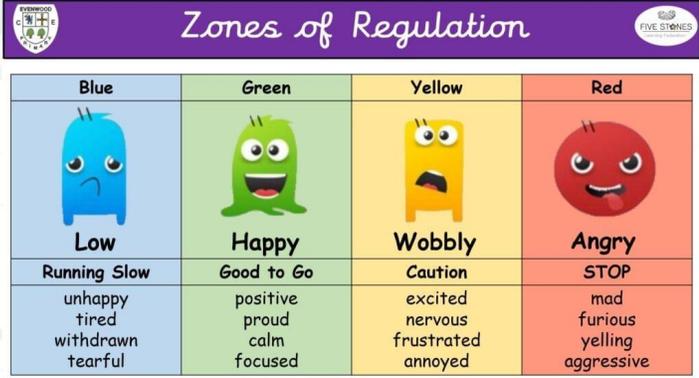
K-3 students partnered up with some reading buddies on Wednesday. It was very rewarding to observe the older students and the younger students take turns reading to each other. We were very impressed with how kind and considerate they were when reading or listening to their buddy reading. They also designed their own bookmarks to use. It was a great day!



4-5	<p>Ms. Bears' math group started working on fraction concepts while Mrs. Spinning's group started working on multiplying fractions. In reading, groups had fun reading across America on Wednesday for Dr. Suess' birthday. Partners read (for a class total of) 51 books across America for the 50 states + Washington, D.C. We learned about the states and filled in a US map. In writing, Ms. Bears' group is finishing up informational writing, while Mrs. Spinning's group got very opinionated with some persuasive writing. In social studies, groups started learning about early exploration of the Americas.</p>
<p>Art</p> 	<p>This week in art class we started to learn about the traditional art of India. We learned that the mandala is mathematically perfect and in some cultures represents the universe and that we are all connected. Mandalas are naturally found in nature in objects such as plants, shells, eyes and flowers. However we also learned that they are aesthetically pleasing and calming to color for the brain. Students colored different pieces of mandalas and next week we will put together class posters using the pieces we have created.</p>
PE	<p>PE is going great at the Troy school - the children are so excited every week - they continue to demonstrate what they're working on at home and the hard work is really starting to show/pay-off - Confidence is a powerful feeling that can/will cross over to everything that they do in life - some of the older children - William, River, Nik, Taylor and Dalyah are doing amazing and I'm so proud of the effort and attitude - keep it up everyone - you're all amazing</p>
Garden	<p>We tapped our maple trees this week in garden class! With help from our custodian, Mr. Shawn, students drilled holes for the taps, placed the spiles (taps) into the trees, hung the sap buckets, and covered them with lids. Over the next couple of weeks, students will be collecting sap each day. We'll boil it down later this month on our Maple Syrup Day, when we'll enjoy this tasty treat over ice cream!</p>



Let's TACO About Elementary Guidance w/ Mrs. Moring

 <p>Winter Edition</p>	<p>What have we been up to in Guidance classes?</p> <p>I meet with each classroom every week for 45-50 minutes. At the beginning of every class we do a "Feelings Check." Students rate how they are feeling on a scale of 1-10. Then we cover our topic for the week.</p> <p>Our most recent topic is learning about the Zones of Regulation.</p>
<p>Welcome to the second half of the 2021-2022 school year! My name is Carrie Moring and I am the Elementary School Counselor for Troy, Walker, Morse and Monroe schools. My job is to help your child feel safe, happy, and successful in school. I meet weekly with each grade. I am also available for short term individual and group support for students. If your child is in need of more long term emotional support, I can help families access outside agencies. If you would like to talk to me directly, you can call your child's school and leave a message for me if I am not available. You can also email me at cmoring@rsu3.org. If your child is referred for individual or group support, I will be reaching out to you directly to discuss next steps. I am here to support students and families in any way I can. Please let me know if there is anything happening with your child that might impact them in school.</p>	 <p>Students have been learning how to identify what Zone they are in and how to use strategies to help regulate their emotions.</p> <p>Our next unit will cover Making Healthy Choices. We will discuss perseverance, healthy sleep habits, healthy foods, personal hygiene, unhealthy substances (drugs and alcohol), and self esteem. I will also be doing a co-presentation with Mr. Bennett on making safe choices when using technology.</p> <p>I have a Facebook page where I share resources for parents and updates on some of our fun projects. Check out: Mrs. Moring is Here to Help and join the fun.</p>



ADULT & COMMUNITY EDUCATION UPDATE

January 2022

Dear RSU #3 Parents and Community Members,

Happy January of 2022. It took me years (actually I was an adult) before I figured out that I wouldn't dislike the cold so much if I dressed for the weather...and come on, you've got to admit, the air smells so fresh when it's cold.

The Community updates are as follows:

- Substitute Teacher Training once a month is going well. If you have ever considered subbing this class will either make you jump on board or run!
- Tonight our own Bob Nichols is running the first night of needle felting. I'd never heard of it before I met Bob but boy do I want this bunny! The class is full but he said he would love to run another. Learn the basics, make a small animal and create a felt painting. This session is getting a real deal because we only charged for the materials - that was a mistake but no turning back! **How cute are these guys!!!**



- It was sad to see the Community Market burn to the ground. I bought lots of GREAT stocking stuffers there and I look forward to them rebuilding soon. One of our new offerings was a visit with Caleb Stoll at, "Who Are the Amish." We hope to see him back in the Fall.

You should have received a brochure in the mail, if not, or to find out what is new, just go to our website at www.rsu3.maineadulted.org. We are about ready to launch Community Crafting one afternoon a week. Stay tuned for that!

On the College front, we are facilitating a free college course at any Maine Community College for new students and working with the University system. Just call or email and ask for me.

For high school diploma, we are ready to help anyone that was caught in the Covid Trap and unable to earn their diploma.

In closing, if you have a class that you would like to see offered or one you would be interested in finding out how to teach, we pay our Community Class instructors \$20 an hour - how can you beat that???



Guess
what
is
happening
in
March?

Sincerely,

Sue



DO YOU HAVE TIME TO HELP OUT
OUR SCHOOLS AND EARN
\$105 PER DAY?

SUBSTITUTE TEACHER TRAINING

\$5 for RSU #3 residents and \$30 for non-residents

UPCOMING CLASSES:	February 9th & 16th	5:30-8pm
	March 9th & 16th	5:30-8pm
	April 13th & 27th	5:30-8pm
	May 11th & 18th	5:30-8pm

Learn the ins and outs of subbing in just two short sessions!
Taught by trained educators and experienced substitute teachers.
Supported by the RSU #3 staff and community and provided by :

RSU #3

Adult & Community Education

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MONROE MONTVILLE THORNDIKE TROY
UNITY WALDO

NEVER STOP LEARNING!

College Career Community Diploma

register online at rsu3.maineadulted.org or call us today 568-3426