



Building a Solid Foundation



LAMAR HEAD START MARCH 2022

**Otero College
Child Development
Services**

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March 2022

Dear Families,
It is finally time to spring forward, on Sunday, March 13th we move the clocks forward and lose an hour of sleep. This can be difficult for preschoolers and their parents. For some helpful tips check out <https://www.parents.com/kids/sleep/tips/daylight-saving-time/>
Our February Family

Night was a great success with 17 families attending. The children listened to a book read by the Librarian for the Public Library, we had a delicious dinner with a Taco Bar and best of all we saw parents spending valuable time with their child reading the free book they got that night, eating dinner and dancing a few songs together.
Read the back of this

newsletter for some emergency preparedness tips and helpful hints. We will schedule a parent workshop at the school after spring break. Remember that Spring Break is scheduled for the week of March 14th.

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Registration for 2022-2023 will begin this month of March for preschoolers that are returning to Head Start for a second year. We plan on going back up to 4 classrooms so we will have plenty of spots open.

On April 8th we will have **open enrollment** for eligible children. Please help to spread the good news by helping us find children who would benefit from our program. A Child must be age 3 by July 1st, 2022

Parent Committee and Classroom Committee

On February 17 we held our Parent Committee meeting before our Family Night Celebration. Parents were informed about Spring Break dates, classroom celebration policies and about our attendance policy.

For Classroom Committee, parents were encouraged to view our many resources that our teaching staff uses to prepare lesson plans including TS Gold, Creative Curriculum and PATHS. Teachers displayed lesson plans, daily schedules, menus and activity calendars for parent input.


Faces hidden for privacy purposes



March 2022



SUN MON TUE WED THU FRI SAT

		1	2 Dr. Seuss Day Read Across America Day	3	4	5
6	7 Hat Day	8 Superhero Day—SH shirt	9 Crazy Hair Day	10 Pajama or Sweats Day	11	12
13 Daylight Savings Time Starts	14	15	16	17 St. Patrick's Day	18	19
SPRING BREAK—NO SCHOOL—SPRING BREAK—NO SCHOOL						
20 First Day of Spring 	21	22	23	24	25	26
27	28	29	30	31		

Open enrollment for new students will be held on April 8th from 10:00am to 6:00pm



What Do You Need In A Survival Kit?

At a minimum, you should have the basic supplies listed below:

- Water: one gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Flashlight and Extra batteries
- Deluxe family first aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone with chargers

Additional supplies to keep at home or in your survival kit based on the types of disasters common to your area:

- Whistle
- N95 or surgical masks
- Matches
- Rain gear
- Towels
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Household liquid bleach
- Entertainment items
- Blankets or sleeping bags

