



MCPASD School Nutrition
Grades K through 4
School Year 2023-2024

MCPASD promotes a quality student nutrition program to enhance readiness to learn in the classroom and to provide a balanced meal model for lifelong health and wellness. The mission of the School Nutrition Department is a healthy meal for each student each day served hot and fresh in a welcoming and safe environment.

- **Breakfast** is served daily at each of the elementary sites. All are welcome to join us. Eating a good breakfast is the perfect way to begin a great day of learning!
- **Lunch** time during the school day presents an opportunity to relax with good food and visit with friends. Each student has a choice of the foods listed on the menu. This enables all students to create a meal that they will enjoy. You are always welcome to visit with us and have lunch with your student.
- **Menus** are published monthly on the MCPASD website. These interactive web based menus contain nutritional and allergy information on all products served. You may wish to review the menu a few days in advance with your student to determine their choices. USDA school lunches have will reflect encouragement for eating whole grains, fruits, and vegetables which will control calorie limits.
- **Allergies and health concerns** in your child's classroom are something to be aware of. Your child's teacher will distribute information regarding student needs should there be any.
- **Morning snack/milk break** is determined by your student's teacher. Nutrition Services offers case snacks which can be purchased through your student's lunch account. This will ensure that all students receive a healthy and safe snack each and every day. The form needed to purchase case snacks is available online. Your student will also have the option to purchase a carton of milk to go with their snack at 45 cents each.

Nutrition Services welcomes you and your student to a new school year. We look forward to meeting each of you in our breakfast and/or lunch program!

Amy Jungbluth, CDM, CFPP
Supervisor of Nutrition Services