

ALWAYS CONFIDENTIAL.  
ALWAYS AVAILABLE.



WeCare

*Employee Support Services*

AVAILABLE FOR ALL EMPLOYEES  
AND  
DEPENDENT FAMILY MEMBERS

CALL TOLL FREE  
866-212-6130

## IMMEDIATE ACCESS TO LICENSED COUNSELORS:

CALL TOLL FREE:

866-212-6130

Website:

[bcares.helpwhereyouare.com](http://bcares.helpwhereyouare.com)

Company Code: Wecare

Private Text/Chat:

Click "LIVE CONNECT"  
after website login



### *Short Term Counseling*

Immediate connection with licensed counselors.  
SIX SESSIONS available by phone, in person or online.



### *Computerized CBT*

Alternative counseling. Ideal for accessing therapy services online. Ideal for mild to moderate levels of stress, anxiety and depression.



### *Financial Assist*

Speak with a consultant to better manage elements of your financial responsibilities. Online tools and calculators.



### *Legal Assist*

Attorneys provide 30 minute consultation and answer questions free of charge. Ongoing services available at a discount.



### *Work-Life Resources*

Assist with managing family responsibilities or daily living



### *Life & Career Coaching*

Establish your vision, set goals, create action plan and review progress.