

LET US HELP YOU LIVE YOUR BEST LIFE



Short Term Counseling

Immediate connection with licensed counselors.

Available by phone, in person or online.



Computerized CBT

Alternative counseling. Ideal for accessing therapy services online. Ideal for mild to moderate levels of stress, anxiety and depression.



Financial Assist

Speak with a consultant to better manage elements of your financial responsibilities. Online tools and calculators



Legal Assist

Attorneys provide 30 minute consultation and answer questions free of charge. Ongoing services available at a discount.



Work-Life Resources

Assist with managing family responsibilities or daily living



Life & Career Coaching

Establish your vision, set goals, create action plan and review progress.

AVAILABLE FOR ALL EMPLOYEES AND DEPENDENT FAMILY MEMBERS.



IMMEDIATE ACCESS TO LICENSED COUNSELORS:

CALL TOLL FREE:

866-212-6130

Website:

bcares.helpwhereyouare.com
Company Code: Wecare

Private Text/Chat: Click "LIVE CONNECT' after website login